



HILLCREST DAY AT THE COUNTRY CLUB SATURDAY, APRIL 23 FROM 1:30- 4:30 PM FUN FOR ALL AGES!

As we all know, the Hillcrest Golf and Country Club will be offering limited services after April 30th and the golf course will be closing June 30th, 2016. We are having a Bye-Bye Bash for all residents, friends and neighbors. There will be entertainment and light refreshments offered. Sponsored by Inside Hillcrest and our advertisers, there will also be vendor display tables with giveaways, raffle prizes and a lot of good info including a BOGO for a kid's summer program offered by Jeon's Korean Martial Arts. Come and meet your neighbor as well as trusted business people who have served us well over the years.

Special thanks to Lewis Rissman and Concord Wilshire for providing the entertainment and refreshments.

April Inside Hillcrest

The big news this month is the HILLCREST LEADERSHIP COUNCIL getting back together. During the redevelopment flap, we had some "leaders" who behaved so badly with those who disagreed with their opinion on the subject, we



had to stop the meetings for a while. Now an agreement has been reached and those board members who like an open exchange of ideas; realize that we once again need to get together. The sharing of information is in all of our best interests. Brilliant people want to learn what other brilliant people are doing in their buildings. This meeting is not restricted to building presidents. Let's face it; we have a few out there who already know everything and therefore cannot

learn anything new. If you are on your board or even a unit owner who cares about making your building better, you are more than welcome to attend the HLC meeting to learn and share how other buildings are solving problems and making things better for their residents.

SAVE THE DATE – HLC MEETING, Saturday, April 23rd from noon to 1 PM followed by **HILLCREST DAY** at the Hillcrest Country Club from 1 – 4PM. Light refreshments will be served compliments of the Club and several of our IH advertisers will be on hand so you can meet the people who take good care of our residents throughout the year. Details on the left side of this page.

I attended the City Commission meeting on March 16 because the Hillcrest Redevelopment was on the agenda. It was thought because

See **INSIDE HILLCREST** on page 2

Does Hollywood, Florida Need a City Auditor?

By Cindy Abraham

At the Hollywood City Commission meeting on March 16th, the agenda item that preceded the Hillcrest Redevelopment and took up so much time, was a discussion on the possibility of hiring an internal City Auditor. It was a very interesting couple of hours. As we all know, Hollywood has had some financial problems in the past where the City Commission was kept in the dark by the City Manager about budgetary issues until too late. Although Mayor Bober is not seeking reelection, he wanted to present the idea as a preventive measure going forward by adding this extra layer of checks and balances to the current system. As it is now, we have a City Manager and City Attorney that are hired by and report to the Mayor and City Commission.

In the past, we have had two City Managers who did not advise the Commission about serious budgetary problems until it was too late. Just recently we

found out that 973K was spent on temporary City workers that was never approved by the City Commission. The City Manager has since resigned and taken a position elsewhere. After a tumultuous few years, we are now on our

"Hopefully, ALL the Commissioners do their homework before the next meeting and vote to allow the people of this city to decide for ourselves in November whether or not we want a City Auditor to watch over our budget."

fourth City Manager. However, although it may seem we are "closing the stable door after the horse has bolted," in my mind, it is best to implement a new idea when all is going well and not when we are under duress. Currently we have one of the best City Attorneys

around, Jeff Sheffel, who I have known and admired for years. Anyone who has met and spoken with our new City Manager, Dr. Wazir Ishmael may very well agree that he is going to be the guy we wished we had 10 years ago. Dr. Ismael is intelligent, proactive, ethical and professional.

And there's the rub. I am told that City Attorneys and City Managers rarely take kindly to the idea of a City Auditor because it takes away some of their power and responsibilities. I cannot speak for Mr. Sheffel or Dr. Ishmael but I cannot see either one of these gentlemen thinking that way. If they are against the idea, I am sure their reasons are more practical and not self-serving. But I really do not know what they think because I did not ask them.

What I actually heard was the Mayor and City Auditor from Fort Lauderdale, who were invited by Mayor Bober, taking questions and answering why

See **AUDITOR** on page 10

INSIDE HILLCREST*continued from page 1*

the previous agenda item was scheduled at 4 PM that the redevelopment issue would come up about 5 PM; but we had to wait until almost 6:30PM because the 4PM agenda item ran over. It proved to be very interesting. For details, see page 3.

As far as the Redevelopment issue went, several building presidents showed up and got up to speak in favor of the project. The attorney for the "opposition" attended and in about three sentences announced that the lawsuit had been settled. The attorney for the developer showed us a few more improvements that we had asked for – including a nice pond on the side of Building 27 and the addition of a small putting green behind Building 25. There will now be four entrances and 5 exits in and out of Hillcrest to help the traffic flow. The City Commission voted unanimously to move forward to the next reading.

At the March Hollywood Chamber of Commerce breakfast, our new Hollywood Police Chief Tomas Sanchez presented the 2015 Hollywood Police Department Annual Report; outlining the manpower, strategies and technologies that are being used to keep us all safe. The more I meet and see how our City Officials conduct themselves, the more I think how lucky we are to live in Hollywood. Our city is probably in the best place we have been in a long time. If we can continue beautifying the areas we develop and keep the view blocking buildings to a minimum, continue to make our streets and neighborhoods safer and manage our money wisely, we can truly call Hollywood the Crown Jewel in the Gold Coast.

We have a great Mayor, City Attorney, City Manager and a wonderful new Police Chief who came up through the ranks. Chief Fernandez' presentation was impressive. See page 9 for a recap or go to <http://www.hollywoodfl.org/DocumentCenter/View/5787> for the full report.

The HPD has assigned a Neighborhood Team Leader to every area of Hollywood. Hillcrest's NTL is Tomas Hernandez. Special thanks to the HPD's Emergency Management Coordinator, Officer Jaime Hernandez for his help in editing and providing pictures for the article. Basically, if you are prone to committing crimes, you'd best do so outside of Hollywood. And, if you are a wanted criminal, you do not even want to drive through Hollywood. We have license plate scanners in place that can process 1000 license plates per minute. And of course, there isn't a lot anyone can do anywhere without being caught on camera. Criminals are having a tough time of it. As always, our own Keller Williams A Team Florida supports the effort. If you are a criminal or know one, check out our offer on page 11.

Meredith Shuster is back with some more eye-opening observations about our neighborhood. Our seniors who can't drive need to check out the Seniors and Uber article. Corrine Markey has some wise words for all of us on page 13.

Once again I have to comment on the essential oils that are featured in this issue. I gave bottles of lavender and peppermint to three people who get migraines. One, my daughter, has not yet used it as directed – she said she "forgets" and wondered aloud where she gets that from... ha ha.... Father Alfredo said they helped him sleep better. My friend Robin said they not only helped her migraines but eased her hot flashes. The best thing to do is get the sampler box of the basic oils and see which ones' work for you. We are all different. The Frankincense does soften my skin but does nothing for the fine lines like it does for others but the Copaiba with its' astringent properties does help. Thieves is still my all-time favorite; I love how it smells and the chemical-free Thieves cleaner works great. Panaway still can't be beat for easing muscle aches and joint pains. My sister likes Purification to put on her dog's paws to keep away fleas. We love it in our diffuser. Be sure to call Cheryl Dructor if you want to try the oils at her get-together Saturday, April 30th at 3 PM. Details on page 12.

Decorating doesn't have to
cost an arm and a leg,
we adapt what you already own.



Call today for **50% Off Regular Consultation**
(\$250 Value)



Staging Professional, Sarah Wake Davies


ADAPTIVE STAGING & REDESIGN
STAGING PLACES. RENOVATING SPACES.
954.326.6795

www.adaptivestagingredesign.com

Can't Get Documents From Your Condo Board?

By *Cindy Abraham*

I have had no fewer than FIVE phone calls from residents in five different buildings call Inside Hillcrest because they thought the article about condo misbehavior was about their building! That is very sad to me. Their biggest complaint was frustration at trying to get documents from the board that they, as owners, have a right to review. But upon further conversation, I figured out that the way they are requesting them is the reason they are not getting what they want.

First of all, do not request piles of documents that you do not really need simply because you want to aggravate them as much as they aggravate you. If it is a money issue, you know that asking for ALL the checks for the past seven years, is going to include legitimate expenses which will probably not going

See **CONDO BOARD** on next page

Hillcrest Redevelopment Update with Concord Wilshire

Reported by Jeffrey Ladner, Building 11 President, Chair of Hillcrest Presidents Council, Current member of Hillcrest Legal Committee, and Candidate for City Commissioner – District 6

On Wednesday evening, April 13, 2016, Concord Wilshire and their team presented a redevelopment update to the Hillcrest presidents. This development consists of developing townhomes and single-family homes on the old Executive Golf Course and the current 18-hole Golf Course along with the Hillcrest Country Club.

Presidents or representatives from Hillcrest Buildings 1, 3, 5, 6, 8, 9, 11, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26 and 27 as well as a representative from Washington Palms were present and informed of where the project currently stands and were allowed to have questions answered by the partners of Concord Wilshire.

Steve Sirang of Concord Wilshire, announced the legal lawsuit filed by some Hillcrest residents has been settled and dismissed.

The final Hollywood City Commission meeting for approval will be on May 18, 2016. Should the City Commission vote to approve the project, the final step in the process will be to obtain State of Florida approval in Tallahassee. Should the City of Hollywood approve the project on May 18, then allowing for any appeals period, the remaining disbursement of the \$3-million dollars will be available to Hillcrest buildings before the end of June 2016.

The 18-hole golf course is projected to be shut down on June 30, 2016. The Hillcrest Country Club facility will continue operations until the end of April. After that, a light menu will be served Tuesdays through Sundays until the golf course closes.

The site-plan presented on Wednesday to the Hillcrest presidents, is very similar to the project as presented almost a year ago to the Hillcrest community. The current changes to the site plan, which were required by the City of Hollywood include:

- Entrance/Exit onto 52nd Avenue from new HOA
- Exit only onto Pembroke Road from new HOA
- Exit only on service road leading to Washington Street near Hillcrest Nursing and Rehabilitation center from new HOA.
- Improved intersection on Hillcrest Drive leading to South Park Road.
- Round-about at the current 4-way stop intersection located at 52nd Avenue and Washington.
- A small golfing area incorporated into the park area will be available to all residents. To incorporate this golfing area, and to allow for more green space, some planned single-family home sites have been converted to townhomes. But still only 645 units will be built.
- The charter school playground will be relocated behind the current school (agreement between Concord Wilshire and Tobin)

Concord Wilshire responded to many questions and concerns of the gathered presidents and representatives. Hillcrest residents can be assured that Concord Wilshire will continue to work with the community to ensure this project is completed timely and effectively with minimum disturbance to existing Hillcrest residents.

Some noted areas of concern were the nesting owls. The developer will follow state rules and regulations to ensure nesting owls are protected and not disturbed. Dust will be mitigated by spraying of water on surfaces to avoid airborne dust from construction. The project will commence on the old Executive Golf course, including home construction, park and other amenities. Construction will commence on the 18-hole golf course presumably starting from the west side moving east with soil mediation, park and home construction being done concurrently as work progresses east. However, the park will be completed before any home on the 18-hole golf course receives a certificate of occupancy. The developer also listened to ideas and suggestions on unifying the Hillcrest community with the new development with signage, lighting and landscaping.

There will be a meeting of the presidents only on Tuesday, April 19th at 6:30 p.m. at the Hillcrest Presidents Council Clubhouse Two for discussion and selection of a new legal committee to oversee the process going forward.

CONDO BOARD

continued from previous page

to tell you anything you don't know. The March IH article suggested that the owners ask for copies of all checks made out to attorneys and their property manager, since they knew that is where the money went. From that point they could then request an accounting of what the corresponding legal issues were to prove their charge of malicious and/or frivolous spending. Also, because they were told that a former board member was the association's "legal adviser", they should also ask for copies of any checks issued to that owner as well as his license to practice law in Florida. If he took any money while he was on the Board, this would also be a violation according to their by-laws. (Of course, if the attorney paid him directly, it will be hard to prove.)

Unfortunately, unethical boards use the owner's money to pay unethical attorneys so they can stall or stonewall the owners when their actions are questioned. The Ombudsman office is overwhelmed with complaints and owners resent having to pay for an attorney to challenge board violations of by-laws and often, basic human decency. Especially in

our over-55 buildings, the number of owners who are brave enough to buck the system is low; boards can use their power to make people's life miserable; from harassment to taking away their rights to the common areas. "They can't do that!!!" you may say. Oh yes they can if no one stops them. Apathetic unit owners are as dangerous as a bad board.

If you want to prove money missing, you need to know where it went and then find the evidence. Any owner can request to see copies of the checks in question and either take pictures of them or be prepared to pay for copies. The request must be made in writing with some type of delivery confirmation so to prove when it was received. Owners are entitled to inspect the records within 10 business days of the request receipt. If the association does not allow inspection within the 10 working days, the owner is entitled to \$50 per day up to a total of \$500 for the association's failure to give access to the requested documents.

Try this: if you can get 10 or more owners to request the documents in writing, losing \$500 times that number of unit owners can get expensive; hopefully it will wake up the neighbors.

Experience Matters

Submitted from Commissioner Linda Sherwood

Hello everyone. Remember Me? I'm the person who has represented you in City Hall for the last 9 years. By all accounts from residents in Hillcrest and around the city I've done a pretty great job. I think everyone knows my past history but just so there will be no confusion here it is again.

I've lived in Hollywood for 54 years and in District 6 for 16 years. I know every nook and cranny of Hollywood and Hillcrest and have worked tirelessly for all. I began gaining experience in all different areas making me a well rounded leader many years ago. I began as Mother of The Year on the board of directors of the Driftwood PTA. From there I helped write the Driftwood Master Plan and in so doing was the spark that turned the Recreation Center and ball field into one of the best Community Centers and ball fields in Hollywood. As the secretary for



**Commissioner
Linda Sherwood**

the Driftwood Civic Association I initiated Driftwood's newsletter which became so popular it was mailed to more than 5,000 households. Sales and Marketing became my specialty until 1983 when I felt called into nursing. I considered this a ministry to which I was being called and consequently won a full scholarship that allowed me to become a Magna Cum Laude Registered

Nurse certified in Oncology. With this call to service of others I became highly enhanced in listening and complex problem solving.

In 1996 I was asked to help in a city commissioner's campaign in Hollywood. At that time there were no districts. Candidates ran citywide so it was here where I learned about every nook and cranny in Hollywood. One of the nooks I encountered was Hillcrest where I met and became great friends with dozens of Hillcrest residents. So much so that I performed in the old Hillcrest

Follies for several years in a row with so many wonderful people some of whom have sadly already passed away.

Now the city candidate that I have just mentioned went on to become a State Representative who hired both myself and my husband. There we worked for 8 years and it was through this position I gained expertise in government. During this time while working for the state rep. I was appointed as Chairperson for the City of Hollywood's Master Plan on Economic Development and Redevelopment. On this committee I learned the potential for Hollywood then and in the future.

In 2000 my family moved from Driftwood to Washington St.

and it was that same year that districts were put into place. So here I was now an official resident of District 6. While still working for the state rep. I was appointed to the Board of Directors of the Master Association of the condos in which I lived. Here at Beverly Hills we have 24 buildings and over a \$1.5 budget. I became very acute in budgeting. In 2008 after being encouraged to run for commissioner, I did so and won this office. I have diligently worked for and protected Dist. 6 while knowing that all of Hollywood was now under my purview. The lists of issues for which I have intervened on behalf of Dist. 6 residents including Hillcrest is endless. I return calls and emails and obtain results within 24 hours. My days and evenings are filled with meetings, phone calls, emails, workshops, executive sessions, the formal commission meetings, emergency meetings, CRA meetings and a multitude of events which a commissioner attends in order to listen to people's needs and show support. The most valuable meetings any commissioner attends are Civic Association meetings and I attend each of the 6 community meetings in Dist. 6 each month. When The Hillcrest Leadership Council was regularly meeting I never missed even one meeting.

When the Charter School for Hillcrest came into play I intervened on parking, site plan, timing of drop off and pick up hours reviewed the traffic plan, had multiple meetings with the developers and residents. When the old 9 hole golf course project tried to come on line I stopped the tennis courts below Bldg. 26. As we know the downed economy stopped that one. But with the new Concord Wilshire project the same effort has gone into the multiple meetings with their team. My first question to them was in making sure the \$3,000,000 from the old project would make it into your hands. I have made sure of multiple ingress and egress sites were included. Made sure the charter school playground would be moved so Bldg. 16 would not be so heavily impacted with noise. I have reviewed all traffic patterns, where new red lights will be installed, how the entrance from Park Road will be widened. A few years past when outside mail boxes were being pilfered I made sure extra police rounds were being done to deter these thieves. There is so much more I could list but this letter to you is long enough. Hillcrest, I have been there for you all along. Working hard to protect your best interests and I will continue to do so until 2020 if I can again ask for and count on your vote on Nov. 8 2016 for me Linda Sherwood, your commissioner and friend.

If you'd like to contact me, you can email me directly at: linda4hollywood@aol.com

Acupuncture – Home Visits Available

muscle pain • joint pain • poor digestion • low energy
difficulty breathing • emotional imbalances • more

Abe Ruttenberg, A.P., D.O.M., Ph.D

754-260-7900

Home visits: \$55 aberuttenberg@hotmail.com

Office visits: \$40 5970 SW 40th Ave Dania Beach

LegalShield™
Worry Less. Live More.

Nationwide/Hollywood, FL
nancyfowler2002@gmail.com
www.nancyfowler.biz

Nancy Fowler
Independent Associate
c: 954-534-4694

Time for Change

From Candidate Ladner for Hollywood City Commission- District 6

Greetings to my fellow Hillcrest and Hollywood neighbors, Obviously, the national presidential election process with both political parties seeking to select the candidate to represent their party for President of the United States is occupying most of the news and also on the thoughts of many Americans, including those of us who reside in Hollywood.

However, during 2016 the residents of District 6 in Hollywood will also have an opportunity to select who represents them in the City of Hollywood.

The current theme resonating with the national presidential electoral process is change. However, CHANGE is also something that should apply to our local elections. I believe now is the time for CHANGE in our representation in our great City of Hollywood. It's time to move

away from politics as usual, and open the proverbial window and allow fresh air to enter into how your representative represents you and your neighborhoods.

I am running for City Commissioner of Hollywood, for District 6 which encompasses the neighborhoods, of Hillcrest, Orangebrook, Hollywood Hills south of Hollywood Boulevard, Washington Park, Beverly Park, Lawn Acres, Park East and Hollywood Gardens West, including along the 441 corridor.

I have lived in the Hillcrest neighborhood of Hollywood for the past 14 years and have served on both my condominium association as well as the Hillcrest Presidents Council as chairman for the past several years. I love the neighborhood of Hillcrest and the City of Hollywood and now I would love the opportunity to serve you, our residents of District 6 as a member of the City Commission.

Why change? The past several years, the beautiful city of Hollywood, and our residents, saw our city face many challenges, including the city having to declare financial insolvency. These past several years, our city has been in the news, but not for the reasons we call Hollywood home.

With your support, I want to inject a sense of responsibility of

city leadership to our residents, our budget and our neighborhoods.

How would I accomplish this if you elect me to City Commission-District 6:

- Support the hiring of a City Auditor who will monitor and advise city leadership and staff regarding expenditures, to ensure those expenditures meet statutory requirements, are justified and properly approved. This is YOUR tax dollars, and YOUR city leadership should be fiscally responsible and accountable for YOUR tax dollars.
- Work with the city fire and police unions to ensure the City of Hollywood has the resources needed to effectively patrol our city and to keep our citizens safe.
- Work with code enforcement to ensure city ordinances and codes are enforced judiciously and appropriately.
- Work closely with neighborhood associations to make improvements for beautification and revitalization of our neighborhoods. Revitalized neighborhoods benefit from increased property values and lower crime statistics.
- But most importantly, to work with city leadership, businesses and corporations to attract and maintain job opportunities and services for our residents.

If you are tired with the status quo, and business as usual, then I ask for your support and your vote to elect me as City Commissioner District 6 this November.

My pledge to you, is I will continue to attend community association meetings, neighborhood events and hear from YOU, of what is important to you and what you want me to work on to make our neighborhoods, our city, the Diamond of the Gold Coast that it can be.

You can contact me directly by sending an email to: jeff@hollywood4you.com or call 954-489-8833. For more information, see my website: www.ladner4hollywood.com

Thank you for your support and your vote for District 6 City Commissioner.

E. Jeffrey Ladner,

Candidate for City Commissioner, District 6

A Message From Commissioner Beam Furr

Uber Launches UberPOOL in Broward County

On Tuesday March 29th, Uber South Florida launched UberPOOL. UberPOOL takes the idea of carpooling and merges it with Uber's ridesharing technology. I had the honor of taking the first UberPOOL in this market, and I think that this has tremendous potential to connect the residents of Broward County to the many fixed route options for mass transit.

The reason is that UberPOOL helps to find more riders along your route that can join you, which both brings down the overall price of the ride, and helps to ease the congestion on our roadways. If fewer cars can help more

people, everybody wins.

What's more, I know many people throughout South Florida are desperate to leave their cars at home. Yet, when we ask them why they don't take advantage of services like Tri-Rail or BCT fixed bus routes, they bring up the complicated logistics of driving to the station, or the stop, then finding a place to park, then having to navigate from their last stop to their destination.

UberPOOL can be one of the ways that our residents can make it easy and affordable to leave their door and go straight to mass transit, with the knowledge that they can also make it the last mile to whatever their destination may be.

Beach Management Update

The big takeaways from this meeting were that Broward County is ready to begin the process for a full renourishment project to bring the shoreline back to where it was in 2007, after the completion of the last beach renourishment project. Plus, the Sand Bypass Project, which will collect sand at the north side of the Port Everglades entrance, in order to replenish the sand that erodes more quickly at John U. Lloyd State Park, is in its final phase of permitting.

Contact Us

2600 Hollywood Blvd., feel free to call me at 954-357-7006/7790 or send email at bfurr@broward.org.



Jeff Ladner

In Our Backyard

By Meredith Shuster

Ahhh, love is in the air as Spring approaches "Our Backyard". The pond in the old nine-hole golf course behind Buildings 26 and 27 is teeming with romance. Affectionately (as long as he is on the opposite side of the pond from me) known as "King Iguana", this six foot magnificent creature in all his glorious shades of greens and yellows sits on a long branch inflating the bright orange balloon-like bladder under his chin. As he basks in the sun, he lets all the females know that "he is ready". I don't know about you gals, but it sort of gets me hot. Putting me aside, last week there were three females around 3-4 feet long vying for his attention.

Those of us in Buildings 26 and 27 have had several mornings where one might think a "goose war" was in progress. Actually, it was. When I last wrote, there weren't any Egyptian Geese at our pond. I saw two several weeks ago and then there were six. These are the rather large geese all in shades of brown with the black rings around the eyes. All the squawking and chasing was for "control of the turf". I noticed fewer Canadian Geese. They may have moved

The more often we see the things around us - even the beautiful and wonderful things - the more they become invisible to us. That is why we often take for granted the beauty of this world: the flowers, the trees, the birds, the clouds - even those we love. Because we see things so often, we see them less and less.

- Joseph B. Wirthlin



on or simply thought the Egyptian Geese were too noisy for neighbors. (sound familiar?)

Swimming two by two were American Coots. These comical looking mid-size water birds have round black/gray bodies, small black heads and white bills. My favorite water fowl are the Blue-winged Teals. The female duck is brown with just a bit of teal blue showing when her wings are folded. The male is the same brown with a beautiful teal blue head that has a white patch circling a black beak. When they fly, the wings display a beautiful blue area between the body and the tips. Not to be outdone are the Purple Gallinules with their candy corn

beaks, our pair of Pied billed Grebes all in tans and beiges and the little Green Heron that walks on top of the water. Other visitors to the pond have been a Great Blue Heron, a Great Egret, a Little Blue Heron, an American White Pelican, a Least Bittern and a few Anhingas. Seeing the Anhinga is a real treat. While fishing all one might see is the long neck poking up (hence its nickname, Snake Bird). The Anhinga is often seen sitting on a log or branch with its wings outstretched in the sun. I had a "surprise" encounter with the Least Bittern. It may not be a newcomer since it hides itself so well in the rushes. I was watching

See **IN OUR BACKYARD** on page 14

MIKE'S GREAT BEAR AUTO CENTERS

ALIGNMENTS
BATTERIES
SHOCKS
TIRES
BRAKES
FRONT ENDS
TUNE UPS
AIR CONDITION

WE BUY & SELL USED CARS



THE LEADER IN AUTO SERVICE SINCE 1933

**2804 Hollywood Blvd • Hollywood
1 Block East of I-95**

954-922-4105

Courtesy Shuttle
COMPLETE DIAGNOSTICS

LIC #AR1367 • REG # MV35398



Discounts for:

- Military Personnel
- Senior Citizens
- Students • Fleets

FREE ESTIMATES

EUROPEAN CAR SPECIALISTS

FRONT OR REAR BRAKES DISC/DRUM COMBO
Starting at

\$79⁹⁵*

*Most American Cars
Must present this Sharp Saver coupon at time of write up. SS

IS YOUR CHECK ENGINE OR SERVICE LIGHT ON?
Stop in for a

FREE COMPUTER CHECK

For Autos Newer Than 1996
Must present this Sharp Saver coupon at time of write up. SS

PREMIUM OIL CHANGE & LUBE

\$15⁹⁵

• Up to 4 Qts of 10W30 Oil • Premium Oil Filter
• Synthetic Oil Extra • 2009 Vehicles & Older
Most American Cars.
Foreign Cars & Trucks Slightly Higher
Must present this Sharp Saver coupon at time of write up. SS

FULL SYNTHETIC OIL CHANGE

\$49⁹⁵

• Up to 4 Qts • Premium Oil Filter
Most American Cars.
Foreign Cars & Trucks Slightly Higher
Must present this Sharp Saver coupon at time of write up. SS

A Cautionary Tale for Florida Homeowners

By Charles (Chuck) Rubin

An out of state homestead exemption can void a Florida exemption. Florida exempts a portion of a Florida homestead from ad valorem tax. This could save a taxpayer a few hundred dollars a year. The real economic value to such an exemption is that under Florida's Save our Homes provision, ad valorem tax value increases are limited to 3% per year even though the value of the residence increases more.

A husband owned a residence in Indiana. He received a residency-based property tax exemption from Indiana on that property. His wife owned a Florida residence and received a Florida homestead ad valorem tax exemption. In August 2006, the Broward County Property Appraiser caught wind of the dual exemption filings. It trotted out Article VII, Section 6(b) of the Florida Constitution, which reads "not more than one exemption shall be allowed any individual or family unit or with respect to any residential unit." Based on that provision, the appraiser sought to remove the homestead exemption from the wife's property for 1996 through 2006 - this uncapped the value for ad valorem tax purposes by removing the 3% Save our Homes protection.

Does the Constitution provision apply if the second exemption property is in another state? Yes, says the appeals court.

Is it unconstitutional to deny the wife her exemption because her husband sought exemption in another state? No, says the appeals court.

LETTER TO THE EDITOR

Dear Hillcrest residents,
My husband and I see a lot of trash on the Hillcrest grounds during our walks. We have taken the initiative of picking up trash during our walks to help keep our grounds clean and free of debris.

We would like your help in organizing a Hillcrest grounds clean-up day! We are looking for volunteers to join us on a Saturday morning to come together as a community and clean up our grounds. This could be a fun way to meet each other

and get some exercise while beautifying our neighborhood.

We can all start promoting our "**Let's Keep Hillcrest Beautiful**" effort immediately by putting trash and even cigarette butts in the waste basket instead of on our grounds. For those of us who walk our dogs, let's be sure to pick up after them. With a little more common courtesy as well as common sense, we can keep Hillcrest the Hidden Jewel in Hollywood!

Rosa Cetlin
305-440-9789

WE WANT TO HEAR FROM YOU!

Please email to: Inside.Hillcrest@comcast.net or you can snail mail to: Inside Hillcrest at 3850 Washington Avenue, Suite 1016, Hollywood, FL 33021.

The letter MUST BE SIGNED and a phone number included so we may verify that you actually sent the letter. In the published edition, only your first initial will be used UNLESS you specifically request that your name be included.

We reserve the right to condense, but we will not edit the piece in order to distort your intent. Anytime we condense, it will be indicated by

You can email us at: inside.hillcrest@comcast.net or call (954) 964-2559.



ARE YOU A VETERAN?

We would like to meet other residents who served our country to share recollections and experiences.

Please meet us for lunch at

Hillcrest Country Club • 4600 Hillcrest Drive

(Just South of Washington St. & N. 46 Ave. in Hollywood)

Wednesday, April 27th at 12 Noon

Last Wednesday of Every Month

\$10.00

Covers the cost of the Buffet, a Non-Alcoholic Beverage, Tax & Tip. Includes Prime Rib or Filet Mignon, Pastrami or Corned Beef, Pork Roast, Soup, Salad and Dessert.

PLEASE RSVP:

Joel Weissman at 954-612-5126 or Narvell Greer 305-798-8544

A Message from Chief Tomas Sanchez, Hollywood Police Department

Editor's Note: I had the pleasure of hearing Chief Tomas Sanchez at the March Chamber of Commerce breakfast. Chief Sanchez' presentation was an eye-opener for most of us. He outlined the department's mission, accomplishments and efforts moving forward. Where in 2013 the HPD averaged 48 sworn vacancies, thanks to strategic hiring and training, Hollywood is now within three sworn positions of filling its budgeted sworn staffing level. My favorite takeaway from this meeting was learning that Hollywood, Florida is probably one of the worst places a criminal can choose when planning any type of crime!

Year	Budgeted	Average Vacancy	Hired
2010	325	5	9
2011	314	18	7
2012	314	31	16
2013	314	48	43
2014	322	22	43

It is with great pride that I share the Hollywood Police Department Annual Report for 2015. This report provides a snapshot of the department's accomplishments. This year marks the 90th anniversary of the Hollywood Police Department. The long, rich history, combined with tremendous strides achieved by its members, has



Tomas Sanchez
Chief of Police

shaped the department into a leading example of quality policing.

I am pleased to report the City of Hollywood had an overall 18% reduction in Part I Crime for 2015 compared to 2014. Every Part I Crime had a decrease except

motor vehicle theft. To combat motor vehicle thefts, we are conducting operations utilizing mobile license plate readers, which have produced an increase in arrests for auto theft of 48%. The members of the Hollywood Police Department have worked hard this year, as indicated by the crime report and an increase of 38% in self-initiated activity by officers.

As we stand on the shoulders of those who have come before us, we will face challenges which our predecessors never faced. There has never been a time in our history where collaboration is so necessary in order for us to resolve community issues and problems. But, resiliency has always been a hallmark of the Hollywood Police Department and we will continue to persevere. I look forward to our continued progress.

Tomas Sanchez
Chief of Police

Below are some of the highlights from Chief Sanchez' 2015 report – To see the complete report, go to: <http://www.hollywoodfl.org/DocumentCenter/View/5787>

The City of Hollywood just celebrated her 90th birthday. Our new Chief has been in office less than a year and several new programs have been established that stress a proactive methodology through intervention techniques. Offender Intervention, Crime and Disorder Intervention, and Preventative Measures are the focus for the future.

Street Crimes and Vice, Intelligence and Narcotics

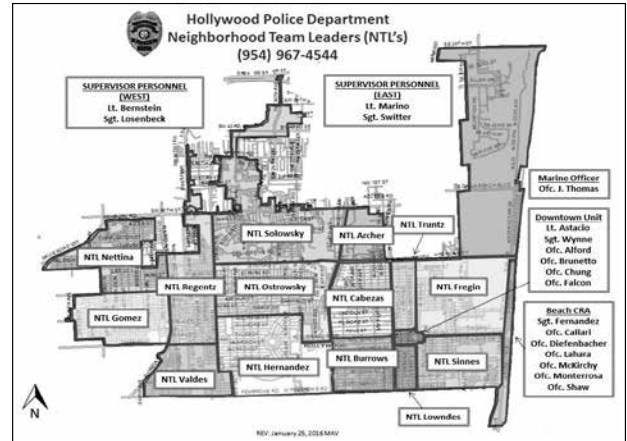
The Street Crimes Unit and the Vice, Intelligence and Narcotics (VIN) Unit collectively address street-level crimes such as prostitution, narcotics, robberies, burglaries, and violations which reduce the quality of life in a neighborhood. These units may engage in sophisticated undercover operations to reduce organized narcotics trafficking, vice crimes, racketeering, money laundering and street level drug sales.

	2011	2012	2013	2014	2015
Total Arrests	2,028	2,432	789	872	1,010
Prostitution Arrests	222	349	171	250	148
Drug Arrests	502	337	301	269	296
Cocaine Seized (grams)	3,130.7	13,521.4	282.9	718.1	19,719.8
Heroin Seized (grams)	12.3	46.8	8,337.0	3,334.8	1,096.8
Methamphetamine Seized (grams)	141.0	0.0	7.3	426.7	13.7
PVP/Flakka (grams)	0.0	0.0	0.0	0.0	120.9
Pills (count)	374	871	1,177	687	587
Prostitution Sweeps/Stings	4	44	14	36	15

Uniformed Patrol

Uniformed Patrol is the backbone of the Police Department and follows the Department's Community Oriented Policing and Problem Oriented Policing philosophies. Patrol includes three districts – East, West and Beach. Patrol Officers responded to 129,864 calls for service in 2015. They self-initiated 60,012 police actions, including 3,278 arrests and 11,518 traffic citations. Neighborhood Problem Solving Teams, including permanent zone assignments were also implemented.

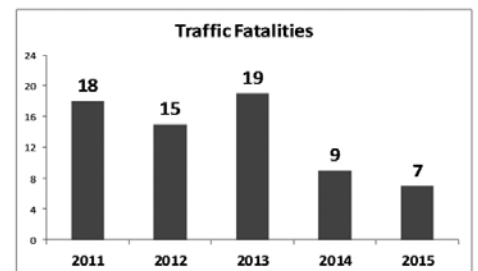
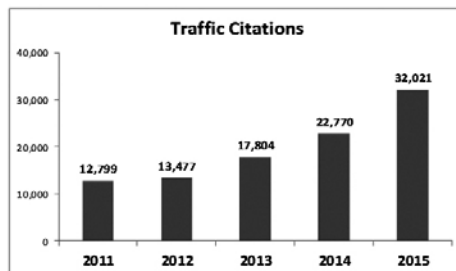
Crime reduction and quality of life strategies with Special Operations included: 415 fewer residential and business burglaries in 2015 from 2014, which represented a 29% reduction; 21 fewer robberies in 2015 from 2014, which represented a 12% reduction; and 346 fewer motor vehicle burglaries in 2015 from 2014, which represented a 21% reduction. Uniform Patrol also includes a canine unit.



Traffic Unit

The Traffic Unit investigates motor vehicle crashes and conducts traffic enforcement in crash-prone areas and areas where complaints are Special Operations received. The Traffic Unit is also responsible for the orderly flow of traffic in the City. The Traffic Unit includes Motors, Hit and Run Investigations, and Traffic Homicide. Several traffic initiatives and operations were conducted in 2015 included partnering with the National Insurance Crime Bureau to combat auto insurance fraud. We established citywide multi-agency DUI saturation patrols. Operation Speed Bump began in November 2015 and is ongoing. It is proving to be effective against DUI, narcotics trafficking and aggressive driving.

See **POLICE** on next page



POLICE

continued from previous page

Investigative Services

The Investigative Services section is responsible for the investigation of homicides, robberies, sexual assaults, child abuse, domestic violence, animal neglect and abuse cases, as well as property crimes such as burglary, arson, theft, and fraud. Detectives assigned to this section are highly skilled investigators who have earned their positions by demonstrating the knowledge, skills and abilities crucial to being a successful investigator.

In addition to their regular case load, the Special Victims Unit monitors sexual offenders and predators. They also work with multiple agencies by participating in the Internet Crimes Against Children Task Force.

Property Crimes Unit

The Property Crimes Unit handles a vast array of crimes throughout the City to include: Burglaries, Grand Thefts, Felony Vandalisms, Auto Thefts, and Economic Crimes. We welcomed the Economic Crimes Unit back to the PD in 2015.

Crime Scene Investigation

CSI is responsible for the collection, documentation and processing of all physical evidence needed to successfully investigate crimes through photography, physical crime scene searches and the recovery of DNA and latent fingerprint evidence. Crimes Scenes attended: 3,679. Scenes processed: 1,507. Scenes with latent recovery: 874. DNA Hits: 64.

The complete 2015 report also includes detailed descriptions and statistics for:

- Neighborhood Team Leaders
- Special Operations
- Beach Unit, Downtown Unit, Marine Unit

UCR CLASSIFICATION	January 1 - December 31, 2014	January 1 - December 31, 2015	% Change
Homicide	12	8	-33%
Rape/Fondling Sex Offense	86	60	-30%
Robbery	257	226	-12%
Aggravated Assault	376	354	-6%
Total Violent Crimes	731	648	-11%
Burglary	1424	1009	-29%
Larceny	2836	2380	-16%
Motor Vehicle Burglary	1636	1290	-21%
Motor Vehicle Theft	474	530	12%
Total Non-Violent Crimes	6370	5209	-18%
Total Part-1 Crimes	7101	5857	-18%

- Dive Team, Crisis Negotiation Team, SWAT, Field Force
- Professional Standards
- Records Unit and Training Unit
- Technology and Personnel Unit
- Support Services
- Youth Services and Police Explorers
- Cops Mentoring Kids Program
- Homeless Outreach
- Volunteers in Policing

	Year	
SWAT	2014	2015
Search Warrants	22	29
Hostage Rescues	0	1
Barricaded Subjects	4	3
High Risk Operations	16	21
Demonstrations	7	5
Total Missions:	49	59

Again, to see the complete report, go to: <http://www.hollywoodfl.org/DocumentCenter/View/5787>

Special thanks to the following individuals for developing this 2015 Annual Report:

- Thomas Demmery, Assistant Chief of Police
- Jaime Hernandez, Emergency Management Coordinator
- Meredith K. Elrich, Public Information
- Officer Anthony Gomez, Neighborhood Team Leader

Our Hollywood Police Department under the leadership of Chief Tomas Sanchez, is making it almost impossible for lawbreakers to enjoy living in Hollywood, Florida. If you are a future offender, A TEAM FLORIDA's tagline is #LOVE WHERE YOU LIVE and we want to help YOU do just that! ***Some restrictions apply.

ARE YOU A CRIMINAL WHO LIVES IN THE CITY OF HOLLYWOOD?

- If you are renting, A Team Florida will find you a new place outside of Hollywood and **PAY HALF OF YOUR FIRST MONTH RENT.**
- If you are qualified to buy a home or condo outside of Hollywood, we will work with you to find your perfect place and **PAY FOR YOUR MOVE.**
- If you own a home or condo in Hollywood, we will find you a qualified buyer and **PAY FOR YOUR CLOSING COSTS.** We will also work with you to help you find and purchase a new home or condo outside of Hollywood.

***Must be over 18. Limit one offer per crime family. Must show proof of current arrest record. Be advised that Realtors do not carry cash or valuables on their person during showings.



"Every society gets the kind of criminal it deserves. What is also true is that every community gets the kind of law enforcement it insists on."

– John F. Kennedy

Go to our website www.ATeamFlorida.com for all you need to know about BUYING, SELLING or RENTING.

Call or email A TEAM FLORIDA TODAY! 954-964-2559 or info@ATeamFlorida.com.

Our Word is YOUR Bond.



AUDITOR

continued from page 1

they chose to go hire an internal City Auditor and providing opinions and experiences. Several cities are now utilizing an internal auditor to prevent costly budget errors. Whether it is financially feasible or not is a question that seems to answer itself in light of our history here in Hollywood. Obviously, we would be in a better financial position today had we had the services of an internal auditor over the past 10 years.

Fort Lauderdale Mayor Jack Seiler and City Auditor John Herbst were very informative and engaging. In a nutshell, the City Auditor is responsible for reviewing all budgetary expenses, contracts as well as any items that any of the City Commissioners or Mayor are concerned about. The City Auditor is there to monitor and advise to make sure the city expenses are legal and justifiable. I really liked

the idea of having someone internally who wasn't in (as they said) a "gotcha" position but rather someone whose job it is to support the Commission, the City Manager and City Attorney. That when someone had an idea or concern, even if it was out of sync with everyone else, there was an independent advocate to investigate and let him or her know if they were on the right track; or if not, explain why in a private environment. I like the idea of making people feel safe when they sincerely want to challenge the status quo. And of course the goal is to save so much money that the position does not end up costing the City more than we would save.

Of course our city Commissioners did not agree on whether or not the idea was good enough to put on the ballot for the voters to decide; which is always a good sign. Nobody wants a cookie-cutter board who always agrees with each other on everything. Two Commissioners showed that they took the time actually do some research on the position with other cities (Pembroke Pines and Delray Beach) prior to the meeting. Both knew how other cities had handled implementing the position. One Commissioner admitted she needed to do some research before proceeding further. One asked the intelligent questions about the importance of the ballot language taking into consideration future needs if the City Auditor position became a reality. At least two Commissioners were against the idea and both cited a real concern about current budgetary shortages and said that maybe this was an expense for later on down the line. It is estimated that the initial hire would cost the City about 250K per year.

The issue was tabled until the next Commission meeting. Hopefully, ALL the Commissioners do their homework before the next meeting and vote to allow the people of this city to decide for ourselves in November whether or not we want a City Auditor to watch over our budget. The City Auditor position would be on par with the City Attorney and City Manager and although the Commission would be in charge of the actual hiring, hopefully these two gentlemen will have a say in who is hired. Their input would be invaluable not only because they would be working closely with whomever is hired but also because the Commission's hiring history has not been great for the past few years.

Ironically, a couple weeks after that Commission meeting the Sun Sentinel wrote an article about Ft. Lauderdale's City Auditor, John Herbst reporting the same problem to their Mayor and City Commissioners about unauthorized spending for temporary workers. The amount was under 400K so this to me is a great argument FOR hiring a City Auditor. If we had discovered the problem before it reached the \$973K mark, it would have paid for two years of a City Auditor. In Fort Lauderdale, the Director of Sustainable Affairs, a 158K per year position, was let go as a result of the report.

**Protecting Assets
and Preserving
Your Way of Life**



My name is Todd Woonton,
Director of Sales & Marketing at
Mack, Mack & Waltz Insurance Group.

Our agency has put together insurance
programs for over 800 Condos and
HOAs across the state, including ten
inside the community of Hillcrest.

Call us today for a free review of your
Association insurance program.



Mack, Mack & Waltz

Insurance Group, Inc.

Todd Woonton, CMIP

1211 S. Military Trail, Suite 100, Deerfield Beach, FL 33442

954.640.6225, Ext. 103

email: twoonton@mackinsurance.com

A-1 Custom Mica, Inc.

Wood • Therma Foil • Mica

Established since 1987

Save up to 50% by Resurfacing

- Countertops
- Vanities
- Furniture
- Complete Kitchens
- New or Resurface

Expert in
new & refacing cabinets

Specializing in
Hillcrest Area

954-980-5678

State Licensed # CBC022069 and Insured



The Hillcrest 2016 Pricing Sheet

Those of you who have been reading IH for a long time know we had a similar pricing sheet during the boom. Of course there are exceptions to every rule. Some buyers will pay a little more if they fall in love with a unit or are adamant about living in a certain building or if the unit is sold turn-key. However, based on recent sales stats, this worksheet comes pretty close. But you have to be honest about your unit!

HILLCREST CONDO PRICING WORKSHEET

High Rise Condos

Base Prices: *(For condos in excellent condition but not updated)*

Original units in bad shape can go lower, breath-taking remodels can sell much higher.

1 bedroom	\$ 50,000 (994 sq. feet)	There doesn't seem to be much of a difference between all age and over 55.
2 bedroom	\$ 75,000 (1296 sq. feet)	
Corner 2/2	\$ 90,000 (1499 sq. feet)	Subtract \$5-10K for low/mid-rise units
Corner 2/2	\$100,000 (1634 sq. feet)	
2+ bedroom	\$150,000 (range between 1800 sf and 2800 sf)	

Base Price _____

Add \$5000 for...

- Each remodeled bathroom _____
- Remodeled kitchen _____
- Open Kitchen _____
- Brand new appliances _____
- Brand new tile/laminate _____
- Penthouse Unit _____
- Enclosed or Double Balcony _____
- View (from each side of condo) _____
- Washer/Dryer in unit _____
- Two cars permitted _____

Add \$10,000 for...

- Rentals permitted _____
- If upgrades are top of the line
NOT builder grade _____

Total _____



For a complete list of seller strategies and an outline of what to expect when you list your home/condo for sale, go to www.ATeamFlorida.com. Email us at info@ATeamFlorida.com or call us at 954-964-2559



Cheryl Dructor

*You are invited to an introduction to
Essential Oils on
Saturday, April 30, 2016 at 3pm
Please RSVP before April 27th.
Call Cheryl Dructor (Hillcrest 27) at 305-926-5680*

Essential Oils: Nature's Gift

Essential oils are composed of very small molecules that can penetrate your cells; some compounds in essential oils can even cross the blood-brain barrier. I would like to introduce you to two of my favorites.

LAVENDER

Well-known for its soothing, calming properties lavender is wonderful for accelerating healing time for burns, cuts, stings and other wounds. It is jam-packed with anti-oxidant power, which is why researchers from Tunisia evaluated its ability to treat diabetes and oxidative stress. A Russian scientist Rene Gattefosse first discovered the healing properties which Lavender possessed when he severely burned his arm in an accident. He immersed his hand in a vat of lavender essential oil and found his tissue healed rapidly and when healed there was no scarring!

Uses:

- This is awesome for Headaches.
- Rub on neck in evening to relax body and improve sleep
- Detox and relaxing bath - add lavender essential oils and epsom salts to restore body after a challenging day
- Put on your kids cuts, scrapes, rashes, burns and wounds
- Diffuse in the air to relax and improve mood
- Take as supplement or use topically on neck to lower cholesterol and blood pressure
- Put on as fragrance to replace chemical perfumes
- Relaxes body and reduces anxiety
- Heals wounds and burns
- Reduces high blood pressure and cholesterol
- Relieves insomnia
- Heals skin disorders
- Supports hormone balance

- Can help balance blood sugar for diabetes

PEPPERMINT

Pleasantly suitable for an abundance of oral and topical uses, peppermint may be the most versatile essential oil in the world. Literally, there are few issues that it can't help. Research has found peppermint can improve antibiotic resistance and help heal your body from the over-use of prescription antibiotics and other chemicals that affect your body. Peppermint essential oil gives a cooling sensation and has a calming effect on the body which can relieve sore muscles when used topically. It also has antimicrobial properties so it can help freshen bad breath and soothe digestive issues.

Uses:

- Mix with coconut oil and rub topically on sore muscles
- Diffuse in air to improve focus and energy
- Use on bottom of feet and chest to improve breathing and fight flu or infections
- Mix with coconut oil and baking soda for homemade toothpaste
- Put 1 drop in water to freshen breath and improve energy
- Take 1 drop in water to improve digestion and reduce nausea
- Mix with coconut oil and dark chocolate to make homemade peppermint patties
- Improves focus, energy and concentration
- Supports digestion
- v Relieves muscle aches and pain
- Fights bad breath and odor
- Improves breathing by fighting respiratory and sinus infections
- Anti-viral to fight the flu
- Reduces nausea, acid reflux and bloating



How to Be a Good House Guest in 5 Easy Steps

1. Resist the impulse to invite yourself. If you are visiting New York and want a free place to stay for a few days, call your friend and say, "We are planning a trip to _____ for ___ days and we would love to see you. Any suggestions on a reasonably priced hotel nearby?" If they give the names several of hotels, then decide if you still want to go. If they say, "You absolutely need to stay with us!" then go to step two.

2. Make your own arrangements to get from the airport to your friend's house and rent a car to get around unless specifically directed by your host that they either have time to show you around or will let you use their car. You will have chatted with your host about the visit and should know by now how much time they will have to spend with you.

3. Arrive with a small gift and be prepared to buy any food or drink items that they do not have on hand. Be sure to offer to buy dinner at least one night, pick up after yourself and do not expect them to change their schedules to amuse you; be well-behaved and low drama.

4. Respect their life style. Do not ask to smoke in their home, do not bring in liquor or types of food that go against their diet or religion unless they bring up the subject and give you the go ahead.

5. Strip your bed on the last day and follow up with a thank-you note.

Five Wishes Document – Helping You Age with Dignity

It is never easy to think about and plan for the late stages and end of your life. And, your loved-ones need to have a clear understanding of your wishes so they can help carry them out. Fortunately, now there is a document that is easy to use and written in plain English. It states your emotional, spiritual and personal needs as well as your medical wishes. It is a short document in which you check boxes, circle choices or write a few sentences.

It is the most popular living will in the U.S. with nearly 20 million in use. That said, it is NOT a substitute for documents that are hospital specific including HIPPA releases, Living Wills, Advanced Directives, etc.

In the process of completing the Five Wishes you can talk with family, friends, doctors about:

- What you would like to happen if you become seriously ill or have a catastrophic accident
- Your wishes so they won't have to make the difficult decisions without you to guide them
- Ensure your needs and wishes are met

The Five Wishes are:

- 1) The Person I Want to Make Health Care Decisions for Me When I Can't
- 2) The Kind of Medical Treatment I Want or Don't Want
- 3) How Comfortable I Want to Be
- 4) How I Want People to Treat Me
- 5) What I Want My Loved Ones to Know

Steps to Complete the Five Wishes:

- 1) Obtain the form; you can download it or call and order at:

<https://www.agingwithdignity.org/five-wishes.php>

2) Complete the form with the help of family, friends and physicians.

3) Sign the form in the presence of TWO witnesses – of whom one is NOT a spouse or a blood relative – the form does NOT have to be notarized in the state of Florida (if you are outside of Florida, check with your state)

Once you complete the form:

1) Talk to your medical surrogate or health care agent, physician, family members and others who care about you. Give them copies of your completed form.

2) Keep the original copy in a special place in your home. Tell your family and/or friends the location. Do NOT put it in a safe deposit box.

See AGE WITH DIGNITY on page 19



the Seniors' answer

Corrine Markey, MBA
 Founder & President
 Certified Senior Advisor

305-646-1833
954-270-1363
 Corrine@theSeniorsAnswer.com



IF IT'S MADE OF GLASS, WE DO IT FAST AND MAKE IT LAST!

REPLACE OR REPAIR

- Windows • Glass • Screens • Repair • Storm Shutters • French Doors
- Mirrors • Shower Enclosures • Sliding Glass & Screen Doors
- Impact Windows • Storm Windows & Shutters • Energy Saving Windows

- No Need to Replace a Window – We Can REPAIR it!
- Broken Glass or Mirrors – REPAIRED
- Window Balances - *Always a problem in Hillcrest* – REPAIRED
- Sliding Glass Doors – REPAIRED *Open & Close with One Finger*
- Screens – REPAIRED – including Custom Sizes



Biscayne Glass & Windows

12330 N.W. 7 Avenue
North Miami, FL 33168

www.biscayneglassandwindow.com

Call Today for Free Estimate!

RESIDENTIAL & COMMERCIAL

Broward: 954-744-9717
Dade: 305-364-5687

IN OUR BACKYARD*continued from page 6*

the Anhinga and it just sort of hopped out at me. It breeds on fresh water marshes and so we "may not see" some baby Least Bitterns if all goes well. The Least Bittern is about 10-12 inches tall. It is brown and black with white stripes on its chest and wings.

On the "grasslands", flocks of White Ibis have been keeping the bug population down. The brown ones amongst them are juveniles. They will turn white as they mature. The Black Vultures and Turkey Vultures continue to fly over our buildings (hope no one is too sick). As unpleasant as one may think of vultures, they are beautiful in flight. As they soar, one sees wings that have feathers on the ends almost like fingers. The black vultures have whitish/bluish feather tips and the Turkey Vultures have gray feather tips all around the wing. The Turkey Vultures have a red face that also distinguishes them. A real thrill was seeing a Sharp-shinned Hawk or it may have been a young Cooper's Hawk. Both birds have a spotted brown breast with blackish feathers. Another predator was an American Kestrel seen in that big tree across from Building 22. Kestrels are smaller hawk-like birds. Let's hope our predators stay with us. As Spring brings all the baby rats, mice, rabbits and squirrels, our predators will need "treats for their young". Have you noticed fewer pigeons? Hey it's not cruel, it's Nature. Think of it like "humankind and the

chicken". Some creatures are meant for food.

Our songbirds are forever serenading us each dusk and dawn. My binoculars are not powerful enough to see all the distinguishing marks of our bird chorus. We have a variety of sparrows and swallows. The more colorful friends are Monk Parakeets (lime green), Scarlet Tanagers, Cardinals and Blue Jays. On lower branches or the ground are our American Crows, Common Grackles and Mockingbirds. When my sister, who is an avid Birder, was visiting, she saw a Red Bellied Woodpecker, a Crested Caracara (ya really want to Google this one) and the Brown Thrasher.

A few weeks ago, I was speaking to some Naturalists that work in Everglades National Park. The excessive rain and warm temperatures up north are disturbing migratory bird patterns to a degree not seen before and with consequences unknown. Birds rarely seen are making their way here. Some of our common migratory birds are appearing, or not, off schedule. The amount of rain in our usual dry season has shifted the growing patterns of plants and the mating/hatching pattern of some insects. In Nature, timing is everything. If the young are born too late, they may not be mature enough to survive migration. It's important that the insects swarm about the same time the fledglings need to be fed. Plants need to be readily available for nesting, grown enough to hide the young and flowering or seeding at the right time. It is predicted to be a difficult time for birds and other animals. Who knows if we will ever see these "snowbirds" again. For now, get out into Our Backyard and enjoy the splendor that awaits us there.

LOWREY PIANO \$750 OBO

Lowrey Piano \$750.00 or best offer. Located in Hillcrest 22. Buyer to transport. Call 954-964-2559 or email Cindy@ATeamFlorida.com.

LOL

I never thought I would text – now I'm not sure why. Texting keeps the conversation short which is how I like it. I have no patience for long drawn-out phone calls, especially with people who talk slow. My son Dean taught me to text. That night I texted him, "I love you." He texted back, "Are you practicing your texting?" I answered, "NO! I REALLY LOVE YOU!" Geez. He would come over to watch football and spend hours texting his girlfriend, Kristyn (now his fiancée). I wondered if he even knew what her voice sounded like.

One day we were at a training meeting at Keller Williams and I was diligently taking notes when I looked over at Dean, and there he was – type-type-typing on his phone. I was furious. "DEAN!" I whispered loudly, you should be taking notes!" His answer was, "Mom, I am". There was general laughter and I looked around to see everyone taking notes on their phones and iPads except me with my little pen and notepaper. Still, texting should not completely replace a good old fashioned phone call, handwritten note or carefully selected greeting card.

Things got out of hand a couple of months ago. Sending and receiving cards for holidays and special occasions have always been a big deal in our family. We pride ourselves in choosing cards for each other that were so spot on, you would swear they were custom made for the recipient. The big card-giving holidays for us are Christmas, birthdays and Mother's Day. On Christmas and birthdays, I still enclose \$50 for my kids, Dean and Jennifer, and my granddaughter Zowey. This past Christmas, Dean mentioned that greeting cards are "so yesterday" but it didn't really hit home until my birthday came along in February. That is when he texted me birthday wishes – no card. His 25th birthday was March 9, so I texted him Happy Birthday but instead of \$50 – since I saved so much money not buying him a card – I texted him a picture of a hundred-dollar bill. My guess is that I get a very nice Mother's Day card this year.

Advertise Your Business Here!

Inside Hillcrest residents is read by thousands of residents every month!

To advertise

Call 954-964-2559

Inside Hillcrest
Connecting Neighbors to Neighbors

No Car? Uber and Seniors

On-demand ride sharing services like Uber are giving seniors their wheels back. A large part of American life has revolved around automobiles since the early 1900's. Automobiles have provided independence for decades. Seniors grew up during the with the Interstate highway boom. They moved to the suburbs and drove wherever they needed. They became dependent on their cars and their car became a symbol of their independence. Now seniors are living well beyond the age that it is safe for them to drive due to poor vision, poor response time, etc.

Until recently options for seniors who no longer drive have been severely limited. Public transportation is woefully inadequate. So seniors have had to become dependent on family, friends and neighbors. They feel isolated and don't have the quality of life they once had. A 2004 study by the Surface Transportation Policy Project found that those 65+ who no longer drive made 15% fewer trips to the doctor, 59% fewer trips to shop and eat out and 65% fewer visits to family and friends than those who still drove. So what do seniors do?

In 2016 seniors are no longer at the mercy of public transportation or a senior van. Now there are ridesharing services that are giving them their wheels back, providing them transportation that is easy to access and reliable. Services like Uber are meeting the needs of many seniors and more every day. Seniors are taking the situation into their own hands having their children or grandchildren load apps like Uber, learning how to use it, and then teaching their friends.

There are many benefits of ridesharing for seniors; the most common are:

- **Door-to-door rides** – no multiple stops or pre-scheduling as with senior vans
- **Reliable** - sometimes senior vans arrive late or not at all
- **Cashless system** – no need to carry extra cash
- **Available in nearly all areas**

Uber estimates that 40% of their passengers are seniors and that number will only grow.

Uber has seen the future and is responding. The average multiple-use Uber passenger generally takes about



one to two rides per week, but a senior with no other means of transportation may need one or two rides per day.

Last fall Uber started pilot projects for seniors who no longer drive. They are partnering with some communities in test locations to provide seniors with travel options. They are also piloting a project to provide more assistance to people with disabilities.

And now retired seniors are driving for ridesharing companies – “seniors driving seniors!”

New solutions are being developed every day to help seniors live more independent and enjoyable lives and ride-sharing is just another one of these solutions. Help the senior in your life to regain their independence.

WATER DAMAGE: What Do I Do Now?

We understand your time is valuable and the last thing you want is to spend it reading endless text on why we are so wonderful.

LET'S GET STRAIGHT TO THE FACTS:

FIRST THINGS FIRST: You find a problem. You notice puddles, standing water, or even smell or visually see mold in your home or business (This is a Best Time to call **MR. Restoration** by the way).

MAKE THE CALL: Notify your local, Emergency Restoration Provider. Technicians will be dispatched to your location immediately, 24/7, 365 days a year. (Be sure to ask if they are Certified).

- **We're Here To Help:** Site inspection, full documentation of affected areas with thermal imaging and photographs should be taken. Accurate moisture reading throughout the property should be taken as well. (This is necessary to provide insight into selecting proper equipment for drying AND most importantly, information to your insurance company so they can pay the bill).
- **Let The Experts Take Over:** With your authorization, crew's can begin the arduous and daunting tasks to get you back to normal.(This is also a great time to notify your Insurance Carrier of your current situation)
- **Get 'er Done:** If necessary, its time to extract puddles and remove any standing water on the premises. This reduces safety hazards and allows for expedited drying by incoming equipment.
- **The Real Workhorse:** It's time to initiate structural drying. A variety of specialized, high-tech machines will be custom-selected to effectively remove the remaining moisture that has been absorbed into the effected building materials(No one can guarantee when this process will be done, however, typical drying can last 3 to 7 days. Several factors contribute including how

- much water are we dealing with, how soon **MR. Restoration** was notified ... See Step 1)
- **Looks can be deceiving:** Over the next couple days, visual moisture may not be present, this doesn't mean things are dry. Daily moisture reading by certified tech's are completed to determine and insure building materials are returned to (EMC) Equilibrium Moisture Content .. or back to normal.
- **Time To Go:** Once the workhorse's have completed their part, all equipment will be removed, final clean-up and remaining on-site paperwork will be completed to include Certificate of Completion authorized by you.
- **The Proof is In The Pudding:** Back at the office, your team of Professionals will finalize remaining documentation, complete estimates, and build your report to be sent to your insurance carrier for payment.
- **Now We Wait:** At this point, we are in the system. Your carrier is aware of the situation, has all the necessary documentation, and has strict guidelines set by the state on how to move forward. We are in your corner and will assist at every turn to bring your water damage claim to completion.



24/7 Emergency Service. Call Now
954-674-3400 www.MRrestorationFL.com



**We Served Our Country,
Now Let Us Serve You!**

2015 Small Business Person of the Year,
Greater Hollywood Chamber of Commerce

APRIL REPORT:

THOUGHT STARTER

MARCH COMMISSION NOTES

The March 2 meeting may have been the shortest one in the modern era. We were out in two hours. Items were routine. My comments are at the end of this report.

March 2 CRA meeting. Approved their annual budget. Worth noting that refinancing of debt resulted in a savings of \$3 million. Director Camejo updated us on downtown occupancy, business retention, and tenant mix.



The CRA Downtown Master Plan has been introduced and will be rolled out in sections, beginning with the April 6 CRA meeting. Mr. Camejo concluded that cities with the

most vibrant downtowns are those that feature entertainment and dining.

Students & Government. 65 South Broward High School students, led by Senior Class Advisor Ashley Lehman, attended the March 16 meeting. It was awesome that at least six students filled out cards and spoke on an issue, which they did intelligently and respectfully. I speak for the entire Commission when I say we loved it. McArthur students are coming in May.

Approved final plans for new 300-space parking garage at Nebraska St. on the beach.

Discussion regarding Internal Auditor. To hire or not to hire? (alas per Yorick!) At the April 20 meeting we will decide whether to put this on the ballot in November. More to come.

Here's a biggie. Two or three years ago, we made a commitment to purchase a software system for the Building Department. Sadly, it was not going to work and our smart new IT professional (whom, by the way, I really like) bit the bullet and asked to cancel the contract. Initially he estimated it would cost \$400,000 in penalty payments, but he negotiated and the vendor agreed to cancel—and refund—roughly \$85,000 in unused fees. It may not sound like it, but that's a big win, all the way around.

Commission Comments. These were my comments and suggestions:

- I commented very favorably on the report prepared by Phil Rosenberg, the ultimate HR professional, now retired. At the City Manager's direction, he interviewed those employees identified in the County Inspector General's report. As a

result, some staffers have left their jobs.

- We are discovering more and more illegal conversions. Old timers would be amused because they have been complaining about these for years. My colleagues agreed with my recommendation for a staff analysis and recommendations on how to address this issue.

- Once again, I asked for a status report on the proposed updating of our city's dumpster ordinance, which currently only applies to the beach and downtown. One look at the parking lot behind Il Posto and you'll easily see why Commissioner Calleri and I are on this. Our original request was made last June.

Just a thought. Why do we keep sending money to places that advocate death to America?

REMINDER: COMMISSION MEETINGS ARE APRIL 6 AND 20

I will be going to DC with the Metropolitan Planning Organization later this month, to lobby our legislative delegation and the Department of Transportation for additional funding for Broward County.

Clark

NEED MORE CUSTOMERS?

Sharp Saver

of Hollywood™

- Affordable Rates from less than 1¢ per home!
- Full Color / Gloss Magazine
- Targeted Marketing
- Direct Certified Mailing
- Locally owned professional organization
- Service and results oriented
- Member of local Chambers of Commerce
- Friendly, reliable and personalized service



South Florida's #1 Local Advertising Magazine
in business since 1998

Contact Sam 954-605-3380

Sam@SharpSaverHollywood.com

The Kitchen Korner

By Cindy Abraham

Healthy Delicious Alternatives to our Favorite Junk Food That Taste Just as Good!

Psyche! There aren't any. I love mashed cauliflower as an alternative to mashed potatoes but they don't taste like mashed potatoes and do not belong on top of my Shepherd's Pie. I can enjoy turkey meatloaf and turkey burgers but no, they do not taste like ground beef. You can keep your quinoa; but I think almond milk beats regular milk any day of the week. In our spare time, of course, we think about creating an alternative to Brian's Chocolate Covered bacon; hey - we do what we can.

If I printed a recipe for mozzarella served on whole grain toast with tomato, egg, parsley, seasoning and canola oil, people would think it was healthy. The following recipe has the same ingredients. So why wouldn't it be just as healthy? You tell me...

FRIED MOZZARELLA STICKS

- 1 ½ cups shredded mozzarella
 - ½ cup grated Parmigiano-Reggiano cheese
 - 1 large egg beaten
 - 2TBS minced parsley (or use a TBS tubed parsley)
 - ½ tsp each of crushed red pepper, salt and black pepper
 - OR 1 ½ tsp Slap Yo' Mama (found at Boodro's house or at Penn Dutch)
 - 10 slices of your favorite healthy whole-grain bread with the crusts cut-off.
 - Large skillet filled with 1" canola oil.
 - Marinara sauce or your choice
1. Mix both cheeses together with the egg, parsley and seasonings. Refrigerate while you go to the next step.
 2. Flatten each slice of bread with a rolling pin (or a tall glass bottle will work) as thin and evenly as you can get without tearing. With the long sides facing you, spoon 1 heaping table-spoon of the chilled cheese mixture on the lower half of each slice. Brush the edges with water and rollup the bread around the filling. Then press the seams and open ends together to seal and refrigerate again until oil is hot.
 3. Heat the oil to 350 degrees. Fry the rolls in batches, turning occasionally until crisp – about 2 minutes. Transfer to paper towels to drain. Sprinkle with your favorite seasoning (we like garlic salt) and serve with sauce.

SURINAM CHERRY SEASON IS HERE

I think it because I was in the restaurant biz for so long, that I ALWAYS wear gloves when handling food – especially ground meat that can be affected taste-wise by the oil in your hands. I went to dinner at a friend's house that not only did not wear gloves but constantly licked her fingers while cooking. I just kept telling myself that the germs would get cooked out, ate little and never went back.

It is April and our favorite home-grown cherries should be in full bloom any day now. Although the only the very red or purple cherries are the sweetest to eat, a few orange-colored



ones when making the jam gives a more zesty flavor. Year after year I find an easier way to process them. Pitting them is really tough – they spray everywhere because they are so soft and they stain everything. You have to wear gloves. A cherry pitter doesn't work on soft cherries so here is a way to make them firmer and easier to pit. This little tip will make it easy to use a cherry pitter (but you still have to wear gloves – they will stain your hands):



INSIDE HILLCREST'S ANNUAL SURINAM CHERRY JAM RECIPE

(Easy but time-consuming and SO worth it!)

Immediately place the cherries in a deep pot filled with ice-cold water (overnight is best) so any debris floats to the top. Skim off the debris and drain cherries very well. Pour them into a shallow baking pan and partially freeze (about an hour). Remember that these cherries are so delicate they will wrinkle and go bad within days even in the fridge so don't pick them until you have the time to process them. However, we do pick out the biggest and juiciest and freeze them in snack bags. We eat them like healthy little popsicles and they last for months in the freezer.

1. Using the cherry pitter on the now firm cherries, pit them – placing the cherries in a pot and discarding the seeds.
2. Heat pot to medium and add sugar (about ¼ cup sugar to every 3 cups cherries). Boil and stir until almost all juice is boiled out. Cool and put in jars.

Choosing your first Medicare health plan is a big decision



Call a Humana sales agent today.
Janet Wong, Licensed Sales Agent

954-292-2433

TTY: 711

9 a.m. to 5 p.m., Monday - Friday

Humana.

Y0040_GHHJ4HAEN Accepted

Your Health is in Your Hands

By Brahma Kumaris ARUNA,
and Etta Stevens

Why clearing your mind is the best thing you can do for your body.

Many countries have this complaint that they are unable to find beds for the patients since the hospitals are already overfull. So what do they do... Build more hospitals! Would it not be more wise to educate people on better eating habits and healthier lifestyle choices and reduce the need for so many hospitals?

The reason why diseases are on the rise is that we have forgotten to listen to our own bodies. Our body speaks to us all the time, and yet we ignore its many calls because we are caught up in chatting or browsing or other mindless distractions. The body can tell us if it is rejecting a certain food: oil, dairy or sugar for example. We feel it, we censored, and we kind of know it! And yet we still insist on indulging in all those unhealthy foods. The body screams for water and we continue to fill it with caffeine. It wants to sleep and we watch TV and sink into our couch. Yes the body does have extreme tolerance power, but don't push your luck!

Don't get me wrong, I believe in modern medicine and there is a time and a place for it. I know people very close to me who are alive because of it. I also know many good people who are medical practitioners. Yet my point is, do we need to run to the doctor for every creek and groan, every ache and pain? Why don't we stop and listen to our body – which is really a cry for attention and try to understand what it is saying to us. It will surely guide us to the right answer. Our soul knows exactly what we need, SO LISTEN!

It does not pay to continue to be ignorant. Make responsible choices. Go for healthy alternatives. Invest in contemporary therapy to keep your body healthy as much as possible. Walk the extra mile for exercise, eat the healthy alternative instead of jumping on the next burger. Your taste buds will recognize the difference and your body will feel it too.

One of the quickest things you can do to improve your health takes little thought: meditation. Experts agree that



the practice can have profound effects, both immediate and long-term, on your life. "Early on, you will notice that your calm, you handle stress better, less reactive, your relationships with people improves, and you sleep better," says John Yates, director of a meditation site in Tucson, Arizona.

Why is meditation so great? Just like when you exercise, psychological changes take place in your body, when you meditate, studies show that just eight weeks of meditation can increase density in the area of your brain responsible for executive function, which helps regulate emotions, holds information, and allows you to perform at your highest level.

It only takes a little time and attention, research and source healthy ingredients, take time out for exercise and training; sit in meditation and listen to our soul and body. Silence, happiness, love and blessings are important aspects. Happiness leads to good health. It is only you who can give this medicine to yourself. Some bring illness to them-

selves through anger, greed, unfulfilled desires, and expectations. Look at your heart you will know where your illness comes from, unhappiness affects all of our bodily functions and also relationships.

There are three ingredients for a long and healthy life: live with attention but without worry; use time in a worthwhile way; keep your thoughts pure, positive and filled with strength. As we sit in silence and stillness we can refine our intuition and develop power to make the right choices and to implement them. If we could just take a little more care with our mind and body and not simply hand over full control to others, we would create a better quality of living, a better society, and ultimately a better world.

It's time to listen to your soul and body. Be kind to yourself and become your own healer. It is possible, good health is a choice we can make every day, we can choose to be happy which is also a daily choice.

MEDITATE, MEDITATE, MEDITATE!

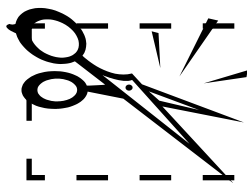
**World Peace Meditation Hour at ArtsPark
Sunday, May 15, 2016 • 6-7:30 pm**

**MEDITATE@8 CALL IN FOR LIVE MEDITATION
Call: 712-775-7031 • Meeting ID 660-469-256 # Thurs. 8-8:10 pm**

AGING WITH DIGNITY *continued from page 13*

- 3) Make sure your physician puts the fact that you have a Five Wishes document into your medical record.
- 4) Keep a copy of the Five Wishes in your automobile; also bring a copy if you go to a hospital, nursing home or assisted living facility. Ask that it be put into your medical record.
- 5) Create a list of the people and places that have copies. Finally, keep in mind that laws and procedures change. If you have a specific question or issue, talk to a licensed medical or legal professional for advice and guidance.

Corrine Markey, President of The Seniors' Answer, is an Identity Theft and Fraud Expert. She helps seniors stay independent by assisting them with a wide range of tasks from paying bills, budgeting, to managing all the piles of paper, organizing financial, tax and legal records, reviewing hospital and doctor bills and filing insurance claims and much more. She moved to Dania to take care of her single aunt. She then started assisting other seniors and their families. She is a Certified Senior Advisor, is licensed, bonded and insured. She has a B.A. in Economics from Northeastern University and an MBA from the Harvard Business School. Most importantly, she has known your neighbor, Margot Brock, for four years who can tell you about her. Margot lives in Building 22. When you need help – or if your friend or neighbor needs help, call Corrine Markey at 954-270-1363 anytime for a free consultation or go to: www.theseniorsanswer.com. She will make your life better and help you live independently.



**Clip & Save
for Future Use!**

Jonathan D. Sperber
Executive Director

The Peninsula
Experience the Difference

www.ThePeninsulaAssistedLiving.com

954.893.7755
5100 W. Hallandale Beach Blvd.
Pembroke Park, FL 33023
Fax 954.893.5989
ED.Peninsula@slm.net
Assisted Living Facility License No. 9196

 *Signature Community*

**Green Cleaning Services
of Florida, Llc.**

Gladys Hurtado G.
18331 Pines Blvd. #203
Pembroke Pines, FL 33029

Phone: 786-565-7527
Cell: 954-588-7577
Fax: 305-397-1391

sales@greencleaningservicesofflora.com
www.greencleaningservicesofflora.com



GOT BUGS?
CALL KEVIN BIEDERMAN

PESTPRO
SERVICES

OFFICE... (954) 962-2330
WE AIM TO ELIMINATE
(954) 325-8229

ELITE GUARD *25 years*
1987-2008

PROVIDING PROFESSIONAL SECURITY SERVICES
TO HILLCREST ASSOCIATIONS SINCE 1998

OFFICES IN SUNNY ISLES BEACH AND AVENTURA

305-956-9520 www.eliteguard.com



The Law Office of
RICHARD L. SKEEN
(LL.M. Taxation)

Telephone: 954-300-1529 1816 Harrison St., Suite 4
Facsimile: 954-374-9841 Hollywood, Florida 33020
richard@skeenlawoffice.com • www.skeenlawoffice.com

SELL YOUR CAR HERE!
Call **INSIDE HILLCREST** at 954-964-2559
or email us at: insidehillcrest@comcast.net

Podiatrist - Foot Specialist

House Calls Available
Medicare Assignment Accepted

Bert J. Henkel, DPM
4301 Hollywood Blvd.
Hollywood, FL
954.981.8000



A FIVE STAR INDEPENDENT, ASSISTED LIVING AND MEMORY CARE COMMUNITY

ENJOY A LEADING ROLE IN OUR HOLLYWOOD



It's easy to cultivate friendships at Five Star Premier Residences of Hollywood because of all the wonderful opportunities to socialize. Residents fill their days dining on extraordinary cuisine, engaging in purposeful activities and pursuing hobbies like gardening or bird watching on our sprawling 22-acre campus. To establish your roots here, call for a private tour today.

Look at the ways we roll out the red carpet!

- Restaurant-style dining room and bistro
- Fitness classes such as tai chi, yoga and aqua aerobics in heated outdoor pool
- Fascinating day trips and entertainment at night
- Home study courses, book club, lectures and guest speakers
- More than half our employees have been here from 5 to 25 years



FIVE STAR
Premier
RESIDENCES
OF HOLLYWOOD

2480 North Park Road, Hollywood, FL 33021
on the corner of Sheridan St. and North Park Rd.

www.FiveStarPremier-Hollywood.com • (954) 963-0200