



April Inside Hillcrest

Change is not easy; especially if we like the way things are. But change is inevitable. If there is one lesson that the story of Hillcrest in the last issue taught us, it is that. No matter which development plan you support for our community, there are few of us who wouldn't like things to just stay the way they are. Many of us enjoy meals at the club and although few of us play golf, we still like the idea of a golf course. The construction mess and noise will be intrusive and annoying, no doubt. We can only hope that when it is done, that we can enjoy the park space, lake views and a new clubhouse. To ensure that we end up with what we want, we need to attend the meetings with the City and pay attention to what is proposed and decided. **If you are one of those who prefer single family homes in our community rather than a high rise rental building, you probably need to get to the Club and vote for Plan A.**

Although that was my choice, I am one of the residents who cringed at some of the tactics used to get votes. Yes, the "coalition" tactics were equally offensive but one expects that from a group of people who work in the dark, spread lies and want to remain anonymous. For a large corporation who otherwise conducted themselves with dignity and professionalism during the presentations to show so little respect for our intelligence and integrity by offering gift cards for votes, mailing lists of voter names to the buildings, and creating confusion about how the voting worked was a big disappointment. When it comes to behaving badly, both sides should be ashamed. The only group who consistently conducted themselves well during this process was our own **Hillcrest Legal Committee** – Mark Roth (26), Jeff Ladner (11), Ray Chait (16), Rafael Antunes (24) and Herman Melotti (27). They attended building meetings when invited to answer questions in a thoughtful, calm manner without glossing over the negatives and admitting when they did not have an answer.



Building A Better Community

All did their best to get answers for the many questions that were sent to the HLC email address. Going forward, I will be paying more attention to what these men do and have to say than to anyone else. I admire calm, articulate conversation and not hateful behavior and lies or cheap tricks.

Speaking of golf, in this issue we are promoting two golf tournaments for causes that are dear to our hearts. The **Jubilee Center** of South Broward is located here in Hollywood. The Center provides emergency resources and relief from hunger and despair to residents who find themselves jobless or homeless. They provide meals and social service counseling to help people get back on their feet. If you enjoy golf and like to help people, this is a great opportunity to do both.

Diamonds in the Rough is a Youth Golf Program for kids of all social/economic backgrounds and is based right next door at the Orangebrook Golf and Country Club. Why golf for kids? According to the official rule book, the underlying principle of the rules is fairness: "Play the ball as it lies, play the course as you find it and if you cannot do either, do what is fair." Is that a great life lesson or what?! In coordination with golf skills, the program seeks to instill the game's inherent positive values including honesty, integrity, sportsmanship, perseverance, respect, confidence, responsibility, courtesy and good judgment. Along with those core values, the program also teaches Anti Bullying and Character Education. Two Hillcresters are on the board; of

"Progress is impossible without change, and those who cannot change their minds cannot change anything."
— **George Bernard Shaw**

directors: Edward Mitchell and Brian Gaiefsky (treasurer) so again, if you like to play, this is a great opportunity to enjoy the game and support a great cause; our youth are our future.

We are in the middle of a weird Surinam cherry season but weird in a good way. Usually the cherries don't start blooming in earnest until April but in early March I found some beautiful big cherries on the bushes in front of CVS and then a lot more by the medical center. But when I went to my usual haunts, there were only buds. I guess the heavy rains we had for a while brought on the early blooming but now those two venues are bare. Surinam cherry bushes are everywhere in Hollywood so hopefully the staggered season keeps producing the size and quality that I found so far. Remember to only "pick" the darkest red and purple cherries for the best flavor. I reprinted the recipes I use on page 12.

Our snowbirds are heading back to the north and doing so reluctantly. It is still snowing up there and many are extending their stay if they can. Our weather lately has been gorgeous. I ran into Rose, an aide for my former neighbors in building 22. She is the lady that when I asked "Hi, how are you?" one day several years ago, she answered "Blessed". I was taken aback – in a good way. Now whenever we run into each other, I am reminded that Rose taught me the right answer to a question that we mindlessly ask as a pleasantry. And more importantly, I am reminded that all of us who live here in beautiful sunny south Florida - and especially here in Hillcrest, the Hidden Jewel in Hollywood – are truly blessed.



Law Offices of Karen Cohen, PLLC

A FULL SERVICE LAW FIRM

More than 50 Years of Combined Experience

- Wills, Trusts, Estate Planning and Administration
- Asset Protection, Business Agreements and Planning
- Representation of Condos and HOAs
- Licensed Agents for American Land Title Association
- Real Estate Purchases, Sales and Transfers
- Personal Injury (Auto Accidents, Trip and Fall)
- Mortgage Foreclosures and Foreclosure Defense
- Trademark and Copyright Filings
- Family Law (Prenuptial Agreements, Divorce, Separation and Support)
- Bankruptcy

Free Confidential Consultations

1041 Ives Dairy Road ▪ Suite 236 ▪ Miami, Florida 33179
Phone: 305.654.4444 ▪ Fax: 305.654.4479

ADVERTISER PROFILE

What Cavell's clients have to say about her:

"Cavell is professional, compassionate, conscientious, dedicated, reliable and trustworthy.."

"Cavell has exceptional skills and qualifications, however I believe it is Cavell's heart that allows her to care for others as if they are her closest and dearest family members."

Cavell doted on my mother, anticipating her every need... and loved her like she was a part of her own family."

Licensed Certified Nursing Assistant Specializing in Home Health Care



Cavell Nicholson
954-479-9753

15 years' experience, 3 years in Hillcrest

MIKE'S GREAT BEAR AUTO CENTERS

ALIGNMENTS
BATTERIES
SHOCKS
TIRES
BRAKES
FRONT ENDS
TUNE UPS
AIR CONDITION

**WE BUY
& SELL
USED CARS**

THE LEADER IN AUTO SERVICE SINCE 1933

**2804 Hollywood Blvd • Hollywood
1 Block East of I-95**

954-922-4105

Courtesy Shuttle
**COMPLETE
DIAGNOSTICS**

LIC #AR1367 • REG # MV35398



Discounts for:

- Military Personnel
- Senior Citizens
- Students • Fleets

**FREE
ESTIMATES**

**EUROPEAN CAR
SPECIALISTS**

**FRONT OR REAR
BRAKES
DISC/DRUM
COMBO**
Starting at

\$79⁹⁵*

*Most American Cars
Must present this Sharp Saver coupon
at time of write up. SS

**IS YOUR CHECK
ENGINE OR SERVICE
LIGHT ON?
Stop in for a**

**FREE
COMPUTER CHECK**

For Autos Newer Than 1996
Must present this Sharp Saver coupon
at time of write up. SS

**PREMIUM
OIL CHANGE
& LUBE**

\$15⁹⁵

• Up to 4 Qts of 10W30 Oil • Premium Oil Filter
• Synthetic Oil Extra • 2009 Vehicles & Older
Most American Cars.
Foreign Cars & Trucks Slightly Higher
Must present this Sharp Saver coupon
at time of write up. SS

**FULL
SYNTHETIC
OIL CHANGE**

\$49⁹⁵

• Up to 4 Qts • Premium Oil Filter
Most American Cars.
Foreign Cars & Trucks Slightly Higher
Must present this Sharp Saver coupon
at time of write up. SS



Providing Personalized Primary Care for Seniors



Immediate Appointments

On-Site Lab | EKG and X-Rays

Wound and Skin Care

*Spanish, Russian, French, Hindi, Patois
Speaking Doctors Available*



Most Medicare HMO's Accepted

Pulmonary Function Tests

Extensive Specialty Network

Ear Lavage

Joint Injections



Mohsin Jaffer M.D., FAAFP

Schedule a Complimentary "Meet and Greet" at a Center near you

(954) 532-4121

COCONUT CREEK | CORAL SPRINGS | DEERFIELD BEACH | HOLLYWOOD
 OAKLAND PARK | PEMBROKE PINES | PLANTATION (EAST)
 PLANTATION (WEST) | POMPANO BEACH | SUNRISE | TAMARAC | WESTON

**Jubilee Center of South Broward
11th Annual Golf Classic
Saturday, May 2, 2015**

Hillcrest Golf and Country Club
4600 Hillcrest Drive Hollywood, FL 33021



Please enter the following players:

1. _____ 2. _____ 3. _____ 4. _____

Players Names:

1. _____ 2. _____ 3. _____ 4. _____

I would like to participate at the following level:

- | | | |
|--|---|--|
| <input type="checkbox"/> Single Player (\$125) | <input type="checkbox"/> Hole/Tee Sponsor (\$150) | <input type="checkbox"/> Silver Level Sponsor (\$1000) |
| <input type="checkbox"/> Twosome (\$250) | <input type="checkbox"/> Premier Hole Sponsor (\$400) | <input type="checkbox"/> Gold Level Sponsor (\$2500) |
| <input type="checkbox"/> Foursome (\$500) | <input type="checkbox"/> VIP Business Sponsor (\$600) | <input type="checkbox"/> Presenting Title Sponsor (\$5000) |

Sand trapped for the day but please accept my donation of \$ _____

Total amount enclosed \$ _____

Check enclosed Please charge my credit card (circle one) Visa MasterCard Discover

Card Number _____ Exp. Date _____ CVV _____

Signature _____

Name _____ Company _____

Address _____ City _____ State _____ Zip _____

Phone _____ Fax _____ Email _____

Mail completed form and payment to:
Jubilee Center
2020 Scott Street, Hollywood, 33020.

Alternatively, scan and send to:
marlene21@aol.com.

For questions or phone registration/sponsorships:
please call 954 962-5482 or 954 920-0106;
for e-mail marlench21@aol.com.



Diamonds in the Rough
17th Annual Golf Tournament

Saturday

April 18, 2015

8:00 a.m. Shotgun Start

Raffles

Prizes

Food & Fun

Orangebrook Golf and Country Club
400 Entrada Drive, Hollywood,
FL, 33021, USA

www.diamondsgolf.org

954-967-4221

Hillcrest Special

**Sign up before April 14th and
 pay only \$ 90.00 per
 player.**

(Individual Participant- \$110)



IN MY OPINION

BY SHANE KRAMER

Congress wants to do what?

Let's pretend that you owned a company with lots of employees. Now, pretend that the U.S. Government called you one day and told you that you had to fund your employees retirement accounts years in advance (this is 100% true). You'd be standing there scratching your head and wondering how this all happened, and more importantly...why it happened. How could the government make this kind of demand on your business and how can you possibly stay in business with this massive debt hanging over your head?

This is exactly what's happening with our Postal Service. Benjamin Franklin was the first Postmaster General of the newly formed United States of America and was appointed by the Continental Congress in 1776. Post offices existed prior to that going back to the 1500's but this new country needed to establish its own means of communications and figured that Franklin was the best guy to handle the job.

Philadelphia was the seat of power back then and that is where Franklin opted to start this new service. Ben made up some rules back then that were pretty advanced for the times—he opened lots of small "stations" so that people would not have to go far for their mail (this was long before we had delivery service), he guaranteed that no matter where you were located, you would get your mail for the same fee as the guy who lived around the corner. First class mail was established, but if you had time to wait you could arrange for service that was cheaper but a little bit slower. All in all, it was a brilliant idea.

The Postal Service grew to a staggering size and today has nearly 400,000 employees and over 210,000 vehicles, hundreds of service centers and thousands of branch offices. It is the 3rd largest employer right behind the US Government and Walmart. At one time it operated a savings system where you could buy savings stamps in values starting at 10 cents and where your deposit was guaranteed by the US Government. Much of our immigrant population back in the 1940's used this saving system because they did not trust banks and in light of the 1929 depression, banks were not considered trustworthy.

The USPS is one of the largest employers of our service men and women and has established much of the specialized employment of the handicapped men and women that survived their war injuries. They are an equal opportunity employer



in all respects. Men and women work side-by-side for equal pay—as does the amputee that codes the mail. They receive no income from the US Government and are totally self-sufficient. So why are they having financial problems? GREED!

There are some politicians in Washington that are drooling over the trillions of dollars that can be siphoned off—IF THEY CAN PRIVATIZE the postal service. Is there no end to the government sponsored programs that the politicians want to pilfer for their own benefit?

In 2006, Congress declared that the USPS MUST fund health and retirement programs for all their employees in advance until 2017. The amount per year is over 5 billion dollars—siphoned off and into the treasury! That money is put into the treasury to be used to help bolster our other support programs. Our Congress has involved itself with tampering with the postal service until it becomes weak enough to disband and privatize. In short, they have made it extremely difficult for the service to survive. There is some bi-partisan support for the privatizing of the Postal Service, but voting records of the Congress show that it has far more Republican support and so far all the bills relating to the USPS have been written by Republicans with only a handful of Democrats weighing in!

I could understand the need to involve the Federal Government in some business if they were losing money or if they showed signs of not being able to handle the growth of the service...but this is not the case. They were self-sustaining until this pension funding issue was forced upon them. Now, it's a day-to-day decision and it's not being made by the Postal Service. If this is not stopped now there will be hundreds of thousands of people without jobs. The service provided will slip and most rural areas won't even be covered at all. The internet has taken a small bite out of the first class mail and the USPS knows that they will need to expand their services into other areas. But no matter what they do, they still must seek approval from Congress.

Let's step back and look at the bigger picture: taxes and budgets—privatizing the Postal Service, education, defense, medicare, medicaid and Social Security. The poor are barely able to hang on now, the middle class is wiped out and the wealthy don't pay—courtesy of tax loop holes. Hummm...wonder who will be hurting the most if Congress and the Republicans don't keep their sticky fingers out of the honey pot?

NINA'S ART & FRAMING
QUALITY CUSTOM FRAMING

\$20
OFF

Your next Custom Framing
order of \$100

Must present at time of order.

954-964-1787

6140 Hollywood Blvd., Hollywood, FL 33024
www.NinasArtAndFraming.com



CHECK BEFORE YOU DECIDE

With a comprehensive background check, you can make smarter choices.

- Credit Reports
- Criminal Records Searches
 - County | State | National | International
- National Sex-Offender Registry Searches
- Eviction Records Searches
- Verification of Employment
- Verification of Residency

No Long-Term Contacts | No Monthly Minimums | No Monthly Fees | No Yearly or Retainer Fees

800-731-2139

WE ARE BUYING!

Antique and Vintage Items

- Gold & Silver: Fine Jewelry, Serving Pieces & Flatware, US & International Coins
- Costume Jewelry: Old Rhinestone Jewelry, Bracelets, Clip Earrings, Pins, Necklaces, and Rings
- Fine Jewelry with Semi-Precious Stones, Gems
- Bronze Statues, Figurines, Miniatures
- Crystal & Porcelain, Figurines, Pottery, Ceramics, Decorative Collectibles
- Oil Paintings and Watercolors, Lithographs, Vintage Reproductions, Mixed Arts
- Ivory and Bone Figurines, Carvings, Statues and Miniatures

WE MAKE HOUSE CALLS AND BUY ESTATES
\$ CASH PAID \$



We will visit you at the day & time convenient for you!
 Call us at (863) 610-0201
 34 S. Federal Highway • Dania Beach, Florida



Beware: Fake IRS Agent Scam

You know things are bad when even Treasury officials get hit with a tax scam.

Fake IRS agents have targeted more than 366,000 people with harassing phone calls demanding payments and threatening jail as part of a huge nationwide tax scam.

More than 3,000 people have fallen for the ruse, Timothy Camus, a Treasury deputy inspector general for tax administration, said Thursday. They have been duped out of a total of \$15.5 million. People in every state have been targeted. "The number of complaints we have received about this scam make it the largest, most pervasive impersonation scam in the history of our agency," Camus told the Senate Finance Committee at a hearing. The scam is so widespread that investigators believe there is more than one group of perpetrators, including some overseas.

Camus said even he received a call from one of the scammers at his home on a Saturday. He said he had a stern message for the caller: "Your day will come." So far, Camus said, two people in Florida have been arrested. They were accused of being part of a scam that involved people in call centers in India contacting U.S. taxpayers and pretending to

be IRS agents.

As part of the scam, fake IRS agents call taxpayers, claim they owe taxes, and demand payment using a prepaid debit card or a wire transfer. Those who refuse are threatened with arrest, deportation or loss of a business or driver's license, Camus said. The callers might even know the last four digits of the taxpayer's Social Security number, Camus said.

About Our Law Firm

We are a small consumer firm that represents consumers in Bankruptcy, IRS and Student Loan Debt Resolution, Family, and Estate Planning.

Law Offices of Yoni Markhoff, PA
1108 Kane Concourse
Bay Harbor Island, Florida 33154
Law Offices of Yoni Markhoff, PA
786-463-4463
yonimarkhoffpa.com
www.markhoffpa.com

Protecting Assets and Preserving Your Way of Life

Hi! My name is Brandon Levy. I have successfully increased coverage and lowered insurance costs for ten of the Hillcrest Associations over the past eight years. Please call me today for a free review of your Association or personal insurance.



Brandon Levy
1211 South Military Trail, #100
Deerfield Beach, FL 33442
954-640-6225 Ext. 115
blevy@mackinsurance.com



A-1 Custom Mica, Inc.

Wood • Therma Foil • Mica

Established since 1987

Save up to 50% by Resurfacing

- Countertops
- Vanities
- Furniture
- Complete Kitchens
- New or Resurface

Expert in
 new & refacing cabinets

Specializing in
 Hillcrest Area

954-980-5678

State Licensed # CBC022069 and Insured



Hillcrest State of the Market - April 2015

Cindy Abraham, Keller Williams Realty Professionals

After a sluggish "season", Hillcrest is starting to sell again. We are below the 100 mark for active listings. There were 12 closings in March (we had two) and 20 more went under contract (we had four) and true to form, Hillcrest Realtors are responsible for 50% of the sales. The percentages between all age vs. over 55 and low/midrise vs high rise are about evenly spread out. The price points are about the same across the board also which means that our sales demographic is perfectly balanced right now.

Why hire a Realtor who lives in Hillcrest? The answer is because they know the different buildings, the rules and the processes. Remember we have 24 separately run buildings and getting an offer on a properly priced property is the easy part. Managing the process is where many deals fall apart. Realtors have "farm areas". Most start with where they live. When you hire a Boca realtor for example, you probably



cannot depend on them to show the property or if it is vacant, to stop by and check on it occasionally. I still get calls from North Miami Beach where I lived for 37 years and I have a couple of great local agents there that I turn over the listings to because I want my friends and former neighbors to get the best service possible. I have been in Hollywood for close to 20 years now and NMB has changed a lot – I am no longer the local expert there.

A Team Florida actually started a Referral Partnership Group. We not only know Realtors across the state of

Florida, but when someone calls us to sell their property in another state or Canada, we many times know (or can find) the top agent in that area. In the past month, we have given or received referrals from agents in Massachusetts, New York, North Carolina, Tampa, South Miami and South Carolina. Hiring the right agent can be the difference between a successful purchase or sale and one that doesn't make it to the closing table. Realtors handle one of the most expensive purchases or sales in your lifetime. The steps to a successful real estate transaction start with being smart about whom you hire. The other "musts" are pricing it right, marketing it effectively, showing it to its fullest potential, negotiating the best deal possible and managing the contract deadlines. Hiring the local expert not only makes sense but definitely strengthens the odds of a successful real estate purchase or sale in your favor.

What You Need To Know To Sell Your Property

KW
KELLERWILLIAMS

HIRE A PROFESSIONAL REALTOR!

A professional will do an in-depth consultation with you to educate you on the current market and strategize with you to present the positive features of your home in the best light. A professional Realtor has a command of the new marketing venues and knows how to negotiate price and navigate the legalities of the contract and closing.

DO YOUR HOMEWORK – Today's buyers study the market and are very savvy about market values. If you have seven showings and no offers, you are either priced too high, your marketing is inadequate or you are not showing your home to its best advantage. Back to "hire a professional realtor".

KNOW THE TRUE VALUES – List prices are fantasy; sold prices are reality. Market value is what buyers have paid for similar homes in the last 90 days. Due to low inventories, bidding wars are becoming fairly commonplace. It is not unusual to pay full list price or even higher for great properties that are priced to market value.

NO ONE IS "GIVING THEIR HOME AWAY" – Not even foreclosures; banks definitely know market value. The days of steals, deals, and low-ball offers are over. Anyone can list your home or condo; it takes a professional realtor to SELL IT!

954.964.2559

www.ATeamFlorida.com

cindy@ateamflorida.com • brian@ateamflorida.com

vicky@ateamflorida.com



Cindy Abraham



Brian Gaietsky



Vicky Loorkhoor

About "Ask the Energy Expert"

Craig Muccio runs FPL's Conservation Research & Development Program and crunches the numbers to figure out how you can save by managing your energy use.

That's a great question, and the answer may surprise you. The average FPL customer living in a single family home with two people uses 2,200 kilowatt-hours (kWh) throughout the year to heat all of their water when using a traditional electric

water heater. At FPL's average residential electric rate of just under 10 cents per kWh, that's approximately \$18 each month, which is under \$220 a year. Of

course, it varies according to the number of people living in your home.

It's good to know how much you spend on water heating if you need to replace your water heater now, or in the future. Keep these options in mind when shopping for a new one:

- The space-saving, instantaneous water heaters, also known as tankless water heaters, can cost approximately \$200 per year and save you up to 10 percent compared to a traditional elec-



tric heater. Be aware upgrading your electrical wiring may be required.

- The new generation of heat pump water heaters can cost less than \$100 a year and save you up to 60 percent compared to a traditional electric heater.

- Solar water heaters can typically save 50-85 percent depending on storage tank size and daily hot water usage.

Here are five ways you can save on your water heating costs:

1. Adjust the temperature on your water heater; lower the hot water thermostat to 120 degrees
2. Wash only full loads in your washer, using cold water whenever possible
3. Adjust the water level on your washing machine to match the load size
4. Install water-conserving shower heads and faucet aerators
5. Repair leaky faucets immediately

Beware Formaldehyde in Laminated Flooring

There may be building components, furnishings, and or other items in any home or building that were made with or contain elements that can contribute to potential health or environmental concerns. The adhesives (resins) used in the manufacture of many products found in homes, including insulation and wood composites used in framing, flooring, and cabinetry, contain formaldehyde. Formaldehyde, a known health concern, tends to off-gas from products, especially when new, and can contribute to elevated formaldehyde levels in indoor air. Fortunately, over time the formaldehyde off-gassing diminishes and eventually the levels in indoor air will tend to equalize with ambient levels in the environment, thus reducing or neutralizing any potential air quality and health concerns.

When tested following manufacture, most products will meet acceptable emission levels for formaldehyde and other potentially harmful elements. However, depending on the material source, manufacturing methods and other factors, formaldehyde emissions from any particular product may be elevated.

In early March 2015, a news report represented that tests conducted on samples of laminated wood flooring made in China emitted formaldehyde vapor at levels that exceeded certain emissions standards. While high emissions from a sample tested in a laboratory may mean higher emissions if installed in a home, laboratory tests cannot be used to predict actual formaldehyde levels in the air of any particular home.

Several major builders have indicated that they do not use the Chinese manufactured flooring in question in their newly built homes. Most is reportedly sold to low-volume builders or contractors and homeowners for small scale new home projects or renovations.

The public disclosure of the issue with laminated flooring is relatively recent and the validity of the allegations has not been fully determined. While the actual nature and scope of any potential concerns is sorted out, if laminated flooring is present in your home, continue to monitor the issue. If remedial action is ultimate deemed advisable, follow the recommendations of governmental agencies or other recognized authorities. If there is any personal concern about formaldehyde or any other indoor quality issue in a home at this point, testing can generally be arranged through or by a local environmental testing laboratory. For more information and recommendations for addressing formaldehyde in homes, visit the EPA or Health Canada websites.



HouseMaster®

Home Inspections. Done Right.™



CRAIG P. SHIPLE

Licensed Pest Control Operator

Free Repair Guarantee



72 E. McNab Rd., PMB 53
Pompano Beach, FL 33060

www.housemaster.com
housemaster1@bellsouth.net

Ph. (954) 493-5050
Fax (954) 493-5011

How to Protect Your Personal Information When Looking for Work in Today's Economy

*Provided by Nancy Fowler,
LegalShield Independent Associate*

Kroll Fraud Solutions, LegalShield's Identity Theft service provider, has seen some consumers resort to a "desperate times call for desperate measures" approach when looking for work. They have seen individuals loosening their data security practices by divulging personal information to recruiters, businesses and job search sites hoping to increase their chances of securing a job.

The bad news is that identity thieves are well aware of this and use it to their advantage. The good news is that understanding the risks before you begin your job search can not only help you avoid identity theft, but also make your job search more productive.

Jeremy Miller, Director of Operations at Kroll Fraud Solutions, outlines below some of the key factors job seekers should keep in mind to protect their personal information during the job search process.

Remember: your resume is a hot commodity. Resumes are an essential tool for someone looking for a job. They say a lot about you and your professional background – information which is very important to potential employers. However, there are some items that should never be disclosed on your resume. Especially, when posting on career websites like Monster and USAJobs. Never share your Social Security Number (SSN), driver's license number, and date of birth; all personal identifying information. The same goes for job applications. You can write "prefer to provide this information during the interview" in the fields where these pieces of personal information are requested.

Proceed cautiously with career websites. Make sure you review the privacy policy and user terms and agreements before you post your resume on a career website. Do online research to ensure that the site you are working with is credible, and whether they have suffered data breaches in the past. You can also check with The World Privacy Forum's Consumer's Guide to Online Job Sites. That said, it's important to remember that no matter how credible the site or how well it safeguards the data it keeps, no one can guarantee what happens to your resume after it has been downloaded by a recruiter or potential employer. For that reason, you may also want to inquire if the site allows you to mask your name and contact information, thus giving you the ability to choose who can and cannot contact you.

Know how to spot bogus job ads. Job-related identity theft scams are becoming increasingly sophisticated. Despite the best screening efforts used by career sites, scammers always find a way in. You might be looking at a fake job ad if it: 1) offers higher than normal compensation; 2) vague job description; 3) promises payment of wages in cash; 4) contains no physical address and contact person; 5) requires you to open a new bank account to accept company checks to "test" a wire transfer service.

Most employment sites offer information on known scams, and you should notify them immediately if you suspect that a posted job isn't legitimate.

Keep a record of your job search activity. Maintaining

good records will not only help you track the progress of your search, but it will also provide a "paper trail" in the event you become a victim of identity theft. Record where and when you distribute your resume, maintain lists of contact information for businesses and recruiters/representatives you come in contact with, and keep track of any information (e.g., applications, etc.) you provide to prospective employers.

Keep personal identifying information off your resume. Likewise, don't disclose it during phone interviews, at job fairs, and e-mail with recruiters and potential employers. Scammers know that as long as someone thinks an offer is genuine, a person is more likely to provide sensitive information. Make sure that you know who you're talking to and never divulge any personal information if you have doubts about their credibility. It is important to remember that virtually all legitimate businesses or recruiters will not ask for your SSN or other information until after you have begun a formal interview process.

Think before you post! Social networking sites are a great way of communicating your talent and expertise with a larger community of individuals. But sometimes staying connected comes at a cost. What many do not realize is that the more information you reveal online, the greater your chances of having that information accessed by the wrong person. Carefully consider what information you include on your profile page. Think what information someone would need to take over your identity and impersonate you. When in doubt, remember this: if you wouldn't give this information to a stranger on the street – you probably don't want to put it online for the world to see.

No matter what, invest in a high quality identity theft protection service. Identity Theft Shield is the premier identity theft service in the US and provides licensed investigators that will work on your behalf in the event your suffer any of the following types of Identity Theft and Fraud: Medical, Driver's License, Criminal, Financial, Social Security (i.e. Tax, Employment, Benefits). One membership covers your entire family including children up to the age of 18. KROLL was founded in 1972 and is a leading risk management company worldwide. For more information visit my website at www.nancyfowler.biz.


LegalShield[™]
Worry Less. Live More.

Nationwide/Hollywood, FL
nancyfowler2002@gmail.com
www.nancyfowler.biz

Nancy Fowler
Independent Associate
c: 954-534-4694

Surinam Cherries: It's That Time of Year

This article is worth a reprint. Usually the cherries bloom in April but because of the rains, we found beautiful big cherries blooming in March in a couple of locations. So we have the best of both worlds. We got some early and my usual haunts look like they will be loaded with fruit during April. Kind of like an extended season. More and more folks are starting to realize how good they are and I seem them out there picking "my" cherries! So for you beginners, here is your refresher course.



The shrub's fruit ripen over several weeks

The Surinam cherry is not a cherry nor is it exclusively from Surinam. It's also not from Florida but it is naturalized throughout the state and here in South Florida, usually blooms only in the month of April and I make it a point to get out there and gather as many as possible.

I will freely admit these little red pumpkins are an

acquired taste because most folks are expecting some kind of cherry taste and they don't have that. No matter how ripe, there is a resinous quality. To be blunt, you either like them or you definitely do not. More so, they must be picked when absolutely ripe or they are a very unpleasant edible experience. What is absolutely ripe? There is orange red, the color of cars, and here is blue red, the color of old-time fire trucks and blood. Surinam cherries are edible when they are a deep blood-red. Let me repeat that: A deep blood-red And I know you will push the envelope and try one that is orange red which won't harm you, but it may turn you off to the cherries if it is your first try. I kind of like the contrast of a few dark or-

ange ones in the jam but to keep it sweet, I add more purples. When fully ripe they are very sweet and juicy. And the term "pick them" is incorrect. You gently slide your hand under the cherry and let it fall into your hand. If you have to tug at all, it is not ripe. So the color blind can enjoy them also...

I make a lot of jam and wash and dry the biggest and juiciest to freeze in snack bags. It's like having little popsicles and they last for months. Seeding them is a daunting chore – it can take hours and what a mess. I found a contraption at William Sonoma for twelve bucks that deseed cherries. Because these are so soft, I put them in the freezer for about 30 minutes first and it seems to work better to pop out the seeds.

SURINAM JAM

2 Cups Surinam Cherries (deseeded)
 ½ Cup Sugar (preferable Turbinado or you can even use ¼ cup Truvia if sugar is an issue)
 2 Tbsp. Lemon Juice (or for an extra kick, 1 Tbsp balsamic vinegar)

Place the cherries, sugar and lemon juice in a pan – the more spread out, the faster the juice will evaporate. There is a lot of juice but resist the temptation to pour some off in order to hasten the process – you will lose flavor. Bring to a high simmer and stir. Lower the heat and allow to simmer on medium heat stirring intermittently. Do this until you get a jam like consistency (it can take a couple of hours). Pour into sterilized jars and refrigerate. Enjoy with bread and feta



SURINAM CHERRY PIE

Ingredients:
 3 cups sweetened condensed milk
 ½ cup sour cream
 1 cup smashed, seedless cherries with their juice

Pie Crust: 1 (9 inch) prepared graham cracker crust or 12 little Keebler crust

Combine ingredients and mix well. Pour in graham cracker crust. The flecks of red are beautiful! Bake for 8 minutes until tiny bubbles form on surface of pie(s). Do not brown. Chill thoroughly before serving. Top with whipped cream (optional) and fresh whole cherry.

CHERRY "POPSICLES":

Take the biggest and juiciest, rinse and dry. Place several in small snack bags and freeze – delicious! Oddly they can last in the freezer for months although they start to shrivel and lose flavor if kept in the refrigerator for more than a day!

We provide a free service helping people through the process of getting health coverage.

Jeff Messett
 FL Lic.: P141963

We represent companies that offer the following products and services:

- Individuals Health Insurance
- Medicare Advantage Plans
- Medicare Supplements
- Life Insurance
- Dental Plans

877-613-4916



southeast
 LANDSCAPE MANAGEMENT

Kyle Bolger
 Vice President of Sales

PO BOX 208
 FORT LAUDERDALE, FL 33302-0208

Email: kyle@southeastlandscapellc.com Cell: 954.937.7564
 Office: 954.768.9806 Fax: 954.768.9083

The Kitchen Korner

By Cindy Abraham

Paella is one of my favorite all time dishes. It sounds very complicated but I have found a way to make it easy. Assembling the ingredients is the hard part. But if you go to Bravo supermarket and stock up, even that part is easy.

Bravo Supermarket (on Johnson Street) has a seafood case near the back of the store. I buy the frozen paella seafood mix – there are a couple of kinds so just choose which mix you prefer. I like shrimp/scallops and squid). I also buy a bag of peeled, deveined, tail-off medium shrimp, a vacuum-pack of clams, a vacuum-pack of mussels. The rest of the ingredients you can buy at any supermarket. The point

is to have them on hand so when you are in the mood for paella, you are ready and it will take less than 45 minutes.

When I get home I open the bags of shrimp, clams and mussels, and repack them in three freezer bags with equal amounts of each so when it comes time to make the paella, I am ready. Leave the bag of seafood mix intact.



FAST AND EASY PAELLA

- 1 Package of Paella Mix (Vigo or Iberia)
- 2 Chicken breasts or thighs, cut into chunks
- 1 Andouille sausage, sliced into coin size slices about 1/4 inch thick
- 1 Half chorizo sausage, skin discarded.
- 1 bag Seafood Mix
- One of the bags of shrimp/mussels/clams – about a cup of each
- 1/2 Cup peas



Use a deep skillet to fry the andouille, chicken chunks and chorizo together until browned. Remove from pan. Cook Paella mix according to directions, (with the little can of seafood included in the box). After 20 minutes, stir in the bag of seafood mix, the shrimp/mussels/clams, chicken chunks and sausages. It sounds like a lot but it will cook down. Cover and

simmer for another 15 minutes, stirring occasionally. Remove from heat, stir in peas and serve.

FAST AND EASY SEAFOOD SALAD

Because I always have extra bags of seafood mix in the freezer, sometimes we want something fast and lite. So I empty a bag of seafood mix into boiling water for about 3 minutes, drain and chill. While the seafood is chilling, I make the dressing:

- 1 TBS lime juice
- 1 TBS dijon mustard
- 2 TBS red wine vinegar (mix red wine and balsamic)
- 1 tsp honey
- 4 TBS olive oil
- 1/2 cup finely chopped scallions or minced red onion
- Small jalapeno pepper, seeded and minced



Whisk all ingredients together - toss with the chilled seafood mix and serve over salad greens.

HOME HEALTH AIDE/COMPANION
 16 YEARS EXPERIENCE
 Seeking Employment Opportunities
 While Giving BEST SERVICE

Have Transportation For Dr's Visit
 Run Errands and Entertainment
 Flexible Hours
 Reasonable Prices
 Serious References Upon Request
 Call BEVERLEY 954-607-0081

CINEMA PARADISO HOLLYWOOD

WELCOMES HILLCREST HOMEOWNERS

SHOW YOUR ID,

GET \$2 OFF A GENERAL ADM TKT + FREE BAG OF POPCORN! THRU APRIL 30

We serve Beer, Wine, Soft Drinks, Popcorn & Candy!

Cinema Paradiso - Hollywood
 2008 Hollywood Blvd
 Downtown Hollywood!

www.FLIFF.com • 954-342-9137

29th ANNUAL **FLIFF.COM**
 The Fort Lauderdale International Film Festival

FLORIDA HOLLYWOOD COMMUNITY REDEVELOPMENT AGENCY
 Mary N. Porter Legacy Fund of the Community Foundation of Broward

CITY OF HOLLYWOOD FLORIDA
 BECKER & POLIAKOFF Legal and Business Strategists 40 YEARS

CULTURE BUILDS FLORIDA
 COMMUNITY FOUNDATION OF BROWARD
 BROWARD COUNTY Cultural Division

Funding for this event is provided in part by the Broward County Board of County Commissioners as recommended by the Broward Cultural Council and Greater Fort Lauderdale Convention & Visitors Bureau.

"Degrees" of Happiness

By BK Aruna from BK Publications, London UK

Submitted by Etta Stevens

Those who work hard to acquire their Bachelor's and Master's Degrees and even their PhD's should also consider securing a Degree in Happiness. Paper certificates are not enough to carry us through the voyage of life, we also need an education in mastering happiness. Imagine if happiness were truly an art – how many of us would claim to pass in that subject?

'What is happiness?' is a question that has intrigued individuals for eons. They have climbed the highest peaks, dived to the deepest oceans, sat in caves for months and isolated themselves on islands, and yet still not found the secret to this billion dollar question.

No one, including our schoolteachers, ever teaches us to be happy. In fact, since we have raised the question, no one should ever need to teach us to be happy! Happiness is an innate quality, meaning it emerges from inside. You know it when you are happy; you are comfortable in your skin and there is a flow happening in your life.

We are not talking about happiness of the fleeting kind, such as that which results from buying a new car or going on vacation. These really only make us happy for a few moments. I am referring to a deep-rooted happiness in the soul that stays firm and solid no matter what happens. For such a lasting stage of joy, we need to create a powerful state of mind; a stage for the soul from where to perform all deeds. Just as the stage of a theatre has to be strong and firm for actors to be able to act upon it, so too, our stage of the mind has to be stable with happiness if we want a life full of happiness.

The only time we are not happy is when... we are not happy! See, just as there is no such thing as darkness there is only absence of light. So too, we are never ever non-happy, we are just 'not happy' – there is a difference. Our happiness will always be measured against our previous episodes of happiness, and not against when we were last sad.

Lack of happiness therefore is a dis-utilization of thoughts and feelings. A lack of focus on happy-ness! When we are not in this feeling, it is then that we become melancholy and miserable.

Animals and humans alike tend to be lazy at heart. They rarely want to work for something, they prefer the easy, comfortable route. And so, if happiness can come easily through material means, then why not!

Take shopping for example. Taking pleasure from buying things may give one a high of happiness. So, on the surface it seems that every time one goes shopping a person is adding to their happiness quota. But the contrary is true. They are just increasing the quantity of the 'drug' each time, and since the effects will wear off sooner each time, they will want more and more in order to just maintain the Status Quo. But the more we rely on this kind of a drug, its effect will wear off and the more we are going to need to shop in order to maintain that same high feeling.

If you believe that something gives you happiness, then it can also take your happiness away. Try to be mindful of this fact. Nothing outside of you can give you any more happiness than what you are feeling right now. Don't hand people or possessions that button of power to inflate you one moment

and pop you the next.

Humans tend to seek success, fame or acquisitions as they see these as a means to their ultimate happiness, while the spiritual path dictates that you just be happiness. Take some time daily to emerge the happiness from within you and then there will be success and all the other things you seek. However, a note of caution: by the time you get to those things, you probably won't desire them any longer, as you will be happy already. Then they no longer control you – you are absolutely free of them.

One definition of real happiness is when what you think, what you say and what you do are in alignment. We always feel uncomfortable and 'unhappy' when we do not live up to our principles and values, or up to our word. Being true to ourselves is the greatest recipe for happiness.

Looking within ourselves we can find the happiness that we truly want. With the practice of MEDITATION we learn to withdraw to a silent space and focus on the positive qualities that we possess, Love, Peace and Happiness. Hollywood offers many venues for free meditation classes.

It's time... to look at what makes us truly happy and to turn off the switch to those things that take our happiness away.

Global Meditation
For World Peace Hour
Sunday, April 12, 2015
6:00-7:30pm

Call Roz for information 954-962-7447

Hollywood Meditation Spring Schedule

World Meditation Hour, 3rd Sunday, 6- 7:30 pm. Hollywood's Downtown Young Circle ArtsPark.

TY Park, Every Mon. 6pm in summer. 5pm in fall & winter. Pavilion 4. Just to the right of the entrance.

Hollywood Library, 2600 Hollywood Blvd., Every Tues 10:30 am & 6:30 pm.

Hallandale Beach Library, 300 S. Federal Hwy. 1st & 3rd Every Sat, 10:30 am

Dania Beach Library, every Sat. 10:30am. Off Dania Beach Blvd & Federal Hwy.

Carver Ranches Library, off Pembroke and 48th, Every Sat 10:30 am

Peace Place, off Miramar Parkway & Island Dr. First Sat. at 6pm

Call Roz (954) 962-7447

All Classes Sponsored by Brahma Kumaris are free of charge as a service to our community.

Brahma Kumaris Hollywood Meditation Group

We want to hear from you!

Please email to: Inside.Hillcrest@comcast.net or you can snail mail to: Inside Hillcrest at 3850 Washington Suite 1016, Hollywood, FL 33021.

The letter **MUST BE SIGNED** and a phone number included so we may verify that you actually sent the letter. In the published edition, only your first initial will be used **UNLESS** you specifically request that your name be included.



We reserve the right to condense, but we will not edit the piece in order to distort your intent. Anytime we condense, it will be indicated by ...

You can email us at: inside.hillcrest@comcast.net or call (954) 964-2559.

Inside Hillcrest is a newspaper published for the purpose of supplying information and providing Hillcrest residents an opportunity to interact.

Any view expressed in the Inside Hillcrest does not necessarily reflect the opinion or view of the publishers. Advertisers are screened; however, Inside Hillcrest assumes no responsibility for any work performed or quoted or any resulting loss or damage.

©Copyright 2015



Clip & Save for Future Use!

GOT BUGS? CALL KEVIN BIEDERMAN



OFFICE... (954) 962-2330
**WE AIM TO ELIMINATE
(954) 325-8229**

Podiatrist - Foot Specialist



House Calls Available
Medicare Assignment Accepted

Bert J. Henkel, DPM
4301 Hollywood Blvd.
Hollywood, FL
954.981.8000

Green Cleaning Services of Florida, LLC.



Gladys Hurtado G.

18331 Pines Blvd. #203
Pembroke Pines, FL 33029

Phone: 786-565-7527
Cell: 954-588-7577
Fax: 305-397-1391

sales@greencleaningservicesofflorida.com
www.greencleaningservicesofflorida.com

RAY'S CUSTOM PAINTING

Since 1969

Free Estimates



Residential • Commercial
Interior • Exterior
Pressure Cleaning Specialists

RAY FAMULARO

Licensed & Insured CC88 5072 PX

(954) 434-7916

ELITE GUARD



PROVIDING PROFESSIONAL SECURITY SERVICES

TO HILLCREST ASSOCIATIONS SINCE 1998

OFFICES IN SUNNY ISLES BEACH AND AVENTURA

305-956-9520

www.eliteguard.com

The Peninsula

Experience the Difference

Jonathan D. Sperber
Executive Director

www.ThePeninsulaAssistedLiving.com

954.893.7755

5100 W. Hallandale Beach Blvd.
Pembroke Park, FL 33023
Fax 954.893.5989
ED.Peninsula@slm.net
Assisted Living Facility License No. 9196



Signature Community



ARE YOU A VETERAN?

We would like to meet other residents who served our country to share recollections and experiences.

Please meet us for lunch at

Hillcrest Country Club • 4600 Hillcrest Drive

(Just South of Washington St. & N. 46 Ave. in Hollywood)

Wednesday, April 29th at 12 Noon

Last Wednesday of Every Month

\$10.00

Covers the cost of the Buffet, a Non-Alcoholic Beverage, Tax & Tip.
Includes Prime Rib or Filet Mignon, Pastrami or Corned Beef,
Pork Roast, Soup, Salad and Dessert.

PLEASE RSVP:

Michael Roche at 305-992-0577

or Email: FLIPRUSH@yahoo.com