

FEBRUARY 2017 INSIDE HILLCREST

Season is in full swing so be sure not to drive anywhere near Aventura and go to Penn-Dutch only on weekdays early in the morning! We do have a lot of buyers from Aventura this time of year who want to move to Hillcrest. The inventory is low right now so sales are brisk. Not quite as fast as Hollywood homes: our last two sold in 10 days and 2 days! But our last Hillcrest condo sale took only 1 day so maybe this is a sign of things to come. More people are getting excited about Parkview at Hillcrest. Give us a call if you want more info about the project. We also send out emails when we get new information so if you are not on our Subscriber list, email us at Inside.Hillcrest @Comcast.net or call us at 8-HILLCREST (844-552-7378).

We were surprised when we did a demographic study of Hillcrest to see that we are down to 147 Canadian snowbirds! We have about 376 American snowbirds still but I remember when our Canadian friends were 10% of our total owners. The change in the value of their dollar has made a difference and many are selling. We only had one Canadian buyer this season so far. But we do have several who want to rent seasonally for next year. Hillcrest still has about 20 foreclosures and 83+ units owned by investors who rent them out.

HLC MEETING, MONDAY, FEBRUARY 27TH

Your building leadership has been invited to meet our Neighborhood Resource Officer (NRO) for the Hillcrest Community, Officer Tomas Hernandez from the Hollywood Police Department. Part of our new Chief Tomas Sanchez' initiative is for the neighborhoods in Hollywood to KNOW their local police officers. If they can't walk a beat anymore, at least we can have neighborhood meetings so we know who to go to when we have concerns. Also, when our NRO gets to know the leadership of the building, it can give the police insight when they are called for situations that may arise. Be sure you know who from your building is attending if you want to submit questions.

NEW ADVERTISER

For those of you who enjoy reading Inside Hillcrest, we couldn't do it without our advertisers. We only allow advertisers we or you have had experience with and found them to be trustworthy, efficient and a history of doing the right thing. If anyone has a bad experience with one, we help make it right. The true measure of a good business is not flawless service but doing the right thing quickly when something goes wrong and making it right. We do not expect perfection but we do expect integrity. See the last paragraph so you know who NOT TO USE.

Steve Karachalias, owner of Cooling Experts A/C is a new advertiser. He is the cousin of our favorite Marathon gas station owner, Alex Sofianos, on the corner of S Park and Pembroke road. If you haven't noticed, Alex has the best gas prices around. He and his son, Milt, are our goto automobile technicians – "mechanic" for you traditionalists. Reasonable, honest and dependable. We expect the same of Steve. One of his clients is our own Championship Academy here in Hillcrest.

Steve's office is right around the corner and his trucks are fully equipped so his travel expenses are low and his response time is fast. His customer service is top rated on Home Advisor and he won the 2015 "Best Of" Award. The number one inspection issue when we try to sell Hillcrest condos is dirty A/C coils. If you do nothing else, get your coils cleaned. You will see a difference in your electric bill and possible breathe better. See Steve's ad (and a pix of his GORGEOUS family) on page 3.



As we said, integrity is a must for IH advertisers so we are very disappointed to find out Biscayne Glass – who had done good work for us in the past, decided that honesty was no longer a part of their business model. Luckily we found out in time before any of the buildings that are replacing all their windows hired them.

DO NOT use them. Unfortunately, the man we start out dealing with got replaced by a guy who lied every time he opened his mouth. When a unit owner from Bldg. 25 reported him and we investigated, we pulled his ad. It doesn't happen often but if it does, we let you know.

Another disappointment from last year was Michael Traktenberg from Antiques and Vintage. His customer service skills were questionable according to our residents but then he stiffed Inside Hillcrest for advertising fees. Our profits go to support Help for Hillcresters Fund so we take that personally. We have gotten two phone calls from residents who remembered his ad and asked for his contact info. We directed them elsewhere.

If you want to meet a guy with the personality of pus who many buildings used to do business with, talk to Dave at Albers Appliances. Not that he ever advertised with us but he almost got on our Preferred Vendor list until a couple of building leaders yelled, "NOOOOOOOO".

Just because someone stops advertising in Inside Hillcrest doesn't mean we stop recommending them. Sometimes it is a seasonal thing and sometimes they are just so good at what they do, word of mouth does better for them than print ads. Cases in point: MR. Restoration. Steve Rowe and his partner are both US Veterans and run a tight ship! We use them for any and all water, fire smoke damaged properties. Many of us still use John Innocent from PC Evolution for computer repairs. We have a Condominium Preferred Vendor list for our HLC members. Next month we will print our Clip and Save for unit owners who need individual services.

People do business with people they know, like and trust. We will help you get to know our advertisers and do our best to make sure they are trustworthy. The "like" part is up to you!

NEXT HLC MEETING: Monday, February 27, 2017, 5:30PM to 6:45PM, Rec Room 2, located at 1151 S. Hillcrest Court. Refreshments will be served.

Meeting with Pulte Group and Hillcrest Leadership, January 17, 2017

Pulte Group: Andrew Maxey – Land Project Manager and Tony Palumbo – Director of Land Acquisition.

Hillcrest Leadership: Ann Riggione (1), Danny Saracino (2), Jim Bowers and Richard Chewning (3), Michael Roche and Raymond Collen(4), Thomasena Hankerson and Harold Piercey (5), Maeve Savage (6), Stephanie Lyn D'Amore and George Tamburino (7), Delbert Bell (8), Michael Killeen (9), Diane Fergusen (11), Ray Chaitt (16), Gerry Machado (17), Ginette Sourdif and Flo Schnall (18), Sandy Goldstein (19), Sam Tyler and Vincent Verdile (21), David Wright (22), John Moore and Tony Berzenski (23), Joseph White (24), Steven Hurtig (25), Mark Roth (26), John Graham and Herman Melotti (27).

The meeting started with the announcement that a row of the new townhomes and the sales center would be completed by May of this year. The construction on the North Course (old Executive course) is called Phase I. Phase II, which is the large south course area is currently going through the permit process to build 240 homes behind the amenity area (2 clubhouses). This will be the first sub-phase of Phase 2. The utility work is projected to start sometime in April. The Clubhouse permitting has begun also and the permitting process should be complete by the end of February 2017. Completion of the shared clubhouse will be in June. The park area development is tied to Phase II with the lakes and winding trails. Pulte will focus first on the park area behind the clubhouses and adjacent to the first sub-phase. Completion is targeted for late 2017 and early 2018.

A question came up about the various colored tags on some of the trees. The color means nothing but any tree with a tag is slated to remain or be relocated. Building 1 had a concern that mango, avocado and bougainvillea behind their buildings did NOT have tags. Andrew Maxey has met with Ann Riggione and agreed to preserve them.

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English: ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call 855-791-4087 (TTY: 711), 8 a.m. – 8 p.m., Monday – Friday. Y0040 GHHHXDEEN17 Accepted The biggest issue is that land the buildings thought belonged to them over the years because some of their building equipment was placed there, turns out not to belong to the building, but to Pulte. Hillcrest buildings have also maintained that part of the property over the years. Survey flags are popping up behind the buildings and caused some confusion.

Buildings 4, 5 and 6 were concerned because the survey flags indicated that land they thought belonged to them in fact belongs to the new developers per the GPS points band. In fact, many buildings may find out that property they have maintained over the years did not belong to them. Some attendees believe that if they have maintained the property for over 20 years, it may be subject to Easement by Prescription. Building 5 is also concerned about their well which appears to be located on Pulte's property. Maxey will work with Thomasena Hankerson, Bldg. 5 president to see how they can resolve the issue. Building 24 has a pipe that drains to the lake which also cross Pulte property.

A guestion came up about lighting on the walking trails at night. On one hand, safety would dictate there be lighting but buildings are also concerned about unwanted lights shining in their windows. There will be high pole lighting along the roadways but the walking trails will be unlit after the park closes and the access gates are locked. Pulte has pre-sold over 40 townhomes/homes. They are projecting to build 150 properties per year and the first model homes should be ready in the next couple of months. On the Phase II property (large south course), townhomes will be on the borders with single-family homes in the main part of the development. In the 2nd phase, the entrances to N Park Rd and the 3 Hillcrest entrances including signs and medians, will be updated.

Building 21 was concerned about the noise and vibrations from the sheet pilings being driven into the ground for the sewer lift station in the area behind their building. This work is now complete and the sheet piling work is over. In addition, Hillcrest Drive was closed for a week over the holidays while the school was closed. Resident's complained about not having enough advanced warning, and Maxey has promised to give at least 2 weeks advanced notice prior to the next road closure which will be to build the roundabout on Hillcrest drive which serves as the main project entrance. This work will happen sometime between April and June.

Security for the new complex was also a concern. We were told that there will be virtual guards at the gates and the community will be completely fenced in.

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SERVICE!

PG.3

EIGHT TOP REASONS WHY SENIORS SHOULD NEVER CHOOSE MEDICARE ADVANTAGE PLANS OVER MEDICARE SUPPLEMENT PLANS

1. MEDICARE ADVANTAGE PLANS DO NOT PERMIT YOU TO VISIT ANY DOCTOR WHO ACCEPTS MEDICARE.

This is a major disadvantage. Sponsors of such plans force you to use only doctors who are approved for their own networks. If your regular doctor does not belong to a network you must quit using him if you wish the sponsor to pay for your services with that doctor. If you are using a network doctor and he is dropped from the network or resigns, you must stop using him. A Medicare Supplement plan permits you to see any doctor who accepts Medicare.

2. MEDICARE ADVANTAGE PLANS REQUIRE YOU TO GET A REFERRAL FROM A FAMILY DOCTOR BEFORE IT WILL PERMMIT YOU TO SEE A PECIALIST.

This is another major detriment to Medicare advantage plans. If the family doctor considers himself adequate in treating you, he can refuse you permission to see a specialist. This even though the appropriate specialist may be much more qualified and experienced to in treating your diseases. With a Medicare supplement plan, you need no referral to see a specialist. You can refer yourself if you prefer a physician more experienced for your particular disease.

3. MEDICARE ADVANTAGE PLANS REQUIRE YOU TO VISIT ONLY DOCTORS IN A CERTAIN GEOGRAPHICAL AREA AND IN ITS NETWORK.

This means that if your Medicare Advantage Plan is limited to South Florida, for example, you cannot see MD Anderson Cancer Hospital in Houston for cancer or Cleveland Clinic in Cleveland, Ohio for heart disease or the Mayo Clinic in Rochester, MN. The Plan will not pay for treatment at any of these highly respected, world famous medical centers. A Medicaid Supplement Plan will be accepted at each of these world famous medical centers as well as any other physician or hospital that accepts Medicare.

4. MEDICARE ADVANTAGE PLANS CAN GO BANKRUPT.

This might occur when your illness prevents you from meeting the underwriting requirements of a Medicare supplement plan. Even though you meet such requirements, the premium could be much higher and unfeasible. A Medicare Supplement Plan, instead,, must accept you at certain times regardless of how serious your medical conditions might be. Plus you pay no increase in premium as a consequence of your having serious illnesses. Everyone in a certain age group in a certain geographical region pays the same premium regardless of medical condition.

Many Medicare Supplement Plans of them are highly rated by Standard and Poors. United American Insurance Co. is rated A+. It has been in business since 1947 and it has offered Medicare supplement plans since Medicare first began in1966. United is a subsidiary of the Torchmark Corp. Torchmark is one of the most financially stable corporations listed on the New York Stock Exchange.

5. MEDICARE ADVANTAGE PLANS SOMETIMES PENALIZE PRIMARY CARE PHYSICIANS WHO REFER ITS PARTICIPANTS TO SPECIALISTS.

This policy is intended to save money to make more profit for the stockholders of the Advantage Plan. It encourages general doctors to treat a patient even though the specialist may be more qualified to treat him. Best interest of patient may give way to

what makes more profit for sponsor. With a Medicare Supplement no referral is required. So there is nothing to prevent patient from finding most experienced, most qualified doctor.

6. MEDICARE ADVANTAGE PLANS ARE UNLIKELY TO PERMIT YOU TO GET A SECOND MEDICAL OPINION.

Sometimes, you may be uncertain that the opinion of the first specialist is the correct one. What if you want to get a second or third opinion for two or more additional specialists? Remember, you need a referral from your primary care physician for a referral. Sometimes the Plan penalizes him for making a referral. So it is less likely that he will want to cut further and further into his profit by referring you to multiple specialists to get the best possible opinion and the best possible result.

With a Medicare Supplement you can refer yourself to as many specialists as you choose. Moreover you can go to any specialist in the United States who accepts Medicare. This includes some of the finest, most respected institutions and physicians in the world.

7. MEDICARE ADVANCED PLANS ARE LESS LIKELY TO PERMIT YOU TO BE APPROVED FOR 100 DAYS IN A REHABILITATION FACILITY.

Conventional Medicare often permits you 100 days in a rehabilitation facility so long as you continue to improve. But the Medicare Advanced plans are much more strict. Because, unlike Medicare, these are profit making entities, their definition of what constitutes continuing improvement is very limited. With Medicare Supplement you are more likely to be approved and be paid for the full 100 days. If you have plan F Medicare Supplement there will be no deductible and no co pays for what is much likely to be the full 100 days.

8. MANY DOCTORS ON MEDICARE ADVANTAGE PLANS ARE THERE BECAUSE THEY ARE WILLING TO CHARGE LOWER FEES, NOT NECESSARILY BECAUSE THEY ARE THE MOST QUALIFIED AND CAPABLE.

While it is true that many doctors on Medicare Advantage plans are competent, the profit motive of such Plans cause their sponsors to give priority to approving doctors who charge lower fees. The most qualified and experienced doctors are the one most in demand. Such doctors are less likely to reduce their fees to get Medicare Advantage approval.

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INSIDE HILLCREST

JANUARY 2017





Hillcrest Building 21 Parking Lot

Saturday, March 4th, 2017 – 9AM to 3PM.

There will be lots of items: furniture, housewares, antiques & collectibles, children's items, clothing, tools, etc. MULTIPLE VENDORS, MANY GREAT ITEMS!!!

Don't miss this one!

Rain Day March 5th, 2017, Same Time

Hillcrest residents, please welcome Lydia, our new manager at Great Clips.

We are so happy Lydia joined our team because she is a solid stylist and has many years of management experience in the hair care industry. Lydia comes to us from Chicago where she managed a Great Clips salon so she will certainly hit the ground running.

Her wealth of knowledge will help make our Hollywood Great Clips second to none...so please stop by and say hi Lydia and welcome her to our community.

While you are there ask about her upcoming manager specials! Great Clips appreciates the support we have received from Hillcrest residents so please take advantage of the coupons we have created just for you!

Continued from Pg. 2

The parks will have dusk to dawn access. During the building, there will always be construction fencing between the condo buildings and work areas.

There will be 8 or 9 access points to enter the park. The fencing will be 5-6 feet high and black in color. The presidents will be contacted to see what type of access is best for our residents. Pulte plans to meet with the HLC leaders on a regular basis throughout the process.

Clearing of the South Course (Phase II) should be completed by the end of March, weather permitting, and the utility work will start in June.

NEXT HLC MEETING, MONDAY, FEBRUARY 27TH, 2017 5:30 PM SHARP! A big thank you goes out to building #23 for their support of the Marine Corps League of Dania Beach American Legion Post 304's, Toy's for Tot's Drive. This was the second year that this building has contributed toys for many children who would not have had a Christmas if it weren't for them. This year the building filled over two boxes for these children and every year their support continues to surpass the year prior. I would like to thank all those who have helped make this drive a success. Next year if any building would like to join in to help this cause let me know and I will be sure you receive a box or boxes to fill in your lobby.

Sincerely, John Moore, Bldg. #23





Too Good to be True and Desperate Times Call for Desperate Measures

When these two "truisms" collide, we do foolish things. We want to believe so we spend money on products our brain tells us cannot possibly work. Sometimes our attitude is "what have we got to lose?" And there will always be marketers out there who prey on our hopes. To make matters more confusing, not everything works on everyone the same way. My sister swears by Tylenol for pain; I may as well eat a grape. Aspirin is my go-to, Advil was my mom's and Brian loves Alleve. Even the "BEST OF" that Charlene and I put together on page 8 is an opinion at best.

Remember the shampoo that promised to curl your hair? The miracle spray that covered bald spots and looked natural? No, Splenda does NOT taste like sugar. Airborne is a farce. HeadOn a roll-on that "cured" headaches – not so much. Q-Ray bracelets crystals, cellulite creams, miracle teas – nope. I fell for Dreamfield Pasta claim that it had very few carbs and ended up getting a surprise Class Action Suit check in the mail and found out why I gained weight. Speaking of – miracle diet pills and diets probably top the list. Seems like a healthy diet, portion control and exercise are the real deal. And Extenze? If you know what that supposedly does, I think I dated you in the 70's.

The biggest "fooled you" industry right now is memory booster products. Even my daughter sends me ginseng coupons in the mail but I forget why. There was an article in the Sun Sentinel about Prevarin – doesn't boost your memory, just your wallet.

What have you got to lose?" Money. Before you jump on a new fad band wagon, ask yourself, "If this product is so revolutionary, how come I learned about it in an ad?"



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...I know a good idea when I hear it. Unfortunately, sometimes years go by before I hear a good idea that could have helped me along the way. The fact is that all of "my" brilliant ideas over the years have come from someone else but I believe that knowing a good idea when I hear it is a skill in itself.

The downside is that I have done a lot of things the hard way for a very long time until someone finally came along and showed me the easy way. For example: I have been cooking for 40 years; my sister has cooked once a year for 40 years. When she watched me struggle to peel garlic, she showed me how to smack the clove with the flat side of a knife and the peel comes off easily. C'mon man!

Or I think of great ideas too late. Now that I no longer look that great in sleeveless garments, I came up with a great idea – an undergarment that just adds sleeves to blouses and dresses. Brilliant! When I googled the idea, a company called Sleevy Wonders popped up – they even thought of a better name, dang it.

I have also wasted lots of money on every skin/ hair/nail/face product I ever bought and then didn't like. I always wondered why make-up companies don't just sell a sample palette of different shades of everything so we are not throwing away lipsticks and foundations that looked great in the store. That would save us all so much money...ohhhhh ... now I get it ... One great idea I had was to put together a "task force" to try all the products on the market that are sold in drug stores and help weed out the products that flat out do not work or at least recommend the ones that seemed to work the best. Well, hallelujah, someone did. Two women who work for People magazine tested almost 700 different products and made recommendations. My girlfriend Charlene and I went to CVS and bought the ones that applied to us and I am WOWED! I even learned that for those of us with very thin hair who love conditioner because it detangles but it also weighs down our hair (and makes it greasy); to put in the conditioner first and comb in through and THEN shampoo. But you knew that already, didn't you?

I took their advice and finally found mascara that does what it says; a foundation that covers but stays light, lipstick that stays on, hair texturizer that gives fullness and smells great, and more. Charlene finally found a product that not only claims to control frizz but really does, and was delighted that the make-up towelettes she swears by was on the recommended list. My absolute favorite make-up remover, moisturizer and all around skin card product, Albolene was not on the list but I will stick with it. It softens rough skin like nothing else.

I had read that making a face mask with avocado, old fashioned oats and honey was great f..or the skin so I bought the ingredients and made it. Picture great gobs of green oats hanging off my face. Brian almost ran away from home. Thankfully, CVS makes an Avocado and Oats clay mask that is effective and only makes me look like a Martian for 10 minutes or so. One packet has enough for three uses.

We know that "one size never fits all – everyone is different, but I have to say, both of us were very happy with every product we brought home. We had fun; and of course we love the staff at the CVS right up the street on Hollywood Blvd. CVE had the best sales and Katrina, Jade and Joe are always super helpful. If you use their pharmacy, Aaron's smile will make you feel better even before you get your meds!

The following is the entire list and the ones in bold are those that Charlene or I bought, used and would recommend.

FOR HAIR:

Best for Texture: Not Your Mother's Beach Babe Soft Waves Sea Salt Spray Best for Hold: Pantene Pro-V Style Series Airspray – Level 3 hold Best for Coils: Dark and Lovely Au Naturale Ani-Shrinkage Twice as Nice Curl Refresher Spray Best for Shine: Suave Professionals Coconut Oil Infusion Damage Repair Oil Treatment Best between Washes: Dove Refresh & Care Detox & Purify Dry Shampoo Best for Curls: OGX Quenching & Coconut Curls Frizz Defying Curl Styling Milk

FOR SKIN:

Best Cleansing Oil: Simple Skincare Hydrating Cleansing Oil Best Night Cream: Aveeno Absolutely Ageless Restoration Night Cream Best Exfoliating Cleanser: Biore Baking Soda Pore Cleanser Best Balm: Vaseline Lip Therapy Tin Best Face Wipes: Neutrogena Makeup Remover Fragrance Free Towelettes Best Sunscreen: LaRoche Posay Anthelios Clear Skin Dry Touch Sunscreen Best Moisturizer: RoC Skincare Multi Correxion 5 in 1 Chest, Neck & Face Cream SPF 30 Best Eye Cream: Olay Eyes Ultimate Eye Cream

FOR FACE, EYES, LIPS AND NAILS: Best Bronzer: Physician's Formula Murumuru Butter Bronzer Best Highlighter: Maybelline New York Face Studio Master Strobing Stick Best Foundation: L'Oreal Paris Infallible Pro Glow Best Blush: Almay Smart Shade

Best Blush: Almay Smart Shade Powder Blush

Best Lash Tint: Rimmel London Wonder Lash Volume Colorist Mascara Best Eye Shadow: CoverGirl truNaked Shadow Palette

Best Eyeliner: Nuance Salma Hayek Long Lasting Eyeliner Pencil

Best Brow Pencil: Flower Draw the Line Eyebrow Pencil

Best Volumizing Mascara: L'Oreal Paris Voluminous Feline Mascara

Best Lipstick: NYX Butter Lipstick or Burt's Bees Lipstick

Best Tinted Lip Balm: Revlon Kiss Balm Best Gel-Like Nail Polish: Essie Gel Couture nail polish Best Nail Polish: Sally Hansen Color Therapy

FOR BODY:

Best Sunscreen: Hawaiian Tropic Silk Hydration Weightless Lotion Sunscreen Best Exfoliator: You are Amazing Smooth It Out Exfoliating Body Scrub & Wash Best Shower Body Lotion: Coral Hydra Therapy Wet Skin Moisturizer Best Cleansing Bar: Dove Dry Oil Beauty Bar Best Body Lotion: Nivea Cocoa Butter Body Cream Best Antiperspirant: Degree Woman Motion Sens Ultra Clear Black-White Best Body Oil: Palmer's Coconut Oil Formula Body Oil Best Skinless Tanner: Sally Hansen

Airbrush Sun Instant Tanning Mousse

FOR HAIR:

Best Shampoo & Conditioner for Noticeably Thinning Hair: Nioxin 2 & Nioxin 4 Best Shampoo & Conditioner for Fine Hair: Tresemme Beauty-Full Volume Pre-Wash Best Shampoo & Conditioner for Dry hair: L'Oreal Paris Advanced Haircare Extraordinary Oil Nourishing Best Treatment for Frizzy Hair: John Frieda Frizz Ease 10 Day Tamer Pro-Shower Treatment Best Mask for Damaged Hair: Garnier

Repairing Mask Honey Treasures



Greetings,

It's a new year, and we are back to work at the County Commission. This means that we've resumed our regular meeting schedule, and we're working with our partners from our legislative delegation to set Broward's top priorities for this year's legislative session in Tallahassee.

Of course, though we try and focus these newsletters on the positive aspects of Broward County, events over the course of these last few weeks have ranged from the unfortunate to the tragic.

"Moment of Reflection" Honors Those Killed and Injured

Several hundred employees at Fort Lauderdale-Hollywood International Airport gathered at Terminal 2's central baggage claim area on January 13 to honor victims of a tragic active shooter incident. The "Moment of Reflection" ceremony at 12:54PM was a step toward healing in the somber aftermath of the tragic January 6 incident that left five airport passengers dead and several others injured.

Sand Bypass Top Priority Project for the Legislature

We in Broward County have been working with the DEP, the State Legislature, and Governor on the Port Everglades Sand Bypass for many years. This project will allow the sand flow naturally from Port Everglades down to Hollywood. I am pleased to report that the State has ranked this project #1 on their priority list for Inlet Sand Bypassing. We still have a long way to go as the Legislatur e still must appropriate the funds in the House and Senate Budgets

South Florida Regional Planning Council's December Tri-Rail Coastal Link Corridor Meeting

I had quite the adventure getting to the South Florida Regional Planning Council's Tri-Rail Coastal Link meeting at the Convention Center back on December 16th. It typically takes me 20 minutes to drive up US 1 from my house up to 17th Street in Fort Lauderdale, where the Convention Center is. I was looking forward to this meeting organized by the South Florida Regional Planning Council for some time, knowing that participants would be coming from both Miami Dade and Palm Beach Counties. So, I would guess I left myself an hour to make the trip.

With me, I had notes concerning the need for Commuter Rail on the Coast, and some historical maps showing that development in South Florida has already been built around the FEC rail line. Little did I know, that an accident had shut down several northbound exits on I-95 and had done so since early that morning. All of the rush hour traffic heading north was forced off of I-95, and started clogging all of the roads around the airport. Intersections were blocked, and cars in all directions came to a standstill. I wound up sitting on US 1 in gridlocked, bumper to bumper traffic for 4 whole hours.

I finally arrived to this summit in time to participate with the last panel of local elected leaders from across Broward. The irony was fitting, and I told the audience, "There isn't a single statistic, illustration or graph that I could have brought here today that would better capture the need for alternative modes of transportation, than the fact that it took me 4 hours to move 10 miles today."

C51 Project Status Update - Designation as Priority Alternative Water Supply Project

It is with great pleasure that I am writing to share good news relating the C51 Project. At the January 12, 2017 meeting of the South Florida Water Management District Governing Board, the board members provided unanimous support in designating the C51 Reservoir Project – Phase 1 as the District's priority alternative water supply project.

This project would build a reservoir in Palm Beach County that could connect to the existing canal system throughout South Florida, and hold millions of gallons of fresh storm water during our rainy season, and store that water for future irrigation and agriculture uses. The timing was critical as we are heading up to engage with senior leaders in Tallahassee to secure the gap financing needed as part of budget development during this next legislative session.

Mock Commission Debate

On Friday, January 13th, 2017 my colleague, Commissioner Chip Lamarca organized a Broward County Government Youth Day. The 50-60 middle school students joined us in the Commission Chambers for a mock debate on whether Broward County needed to keep its libraries in the internet age.

I served as chair, and Commissioners Lamarca and Holness each helped the pro and con sides of the debate, along with students who served as commissioners. We heard testimony from students in the audience on each side of the debate, and I'm pleased to report that the mock commission voted to keep our libraries. The goal of the day is to help students learn about Broward County Government, how local government works and how local government can directly affect their lives.

Generations of Generations



There was a time in my corporate HR/ Training life that I had to get involved in generational studies because it was important in the business world to learn how to manage a changing population. We now have an estimated 325,000,000 people in the U.S. and different generations have different wants and needs due to their experiences during their formative years. At that time we called them the Tradionalists, Baby Boomers, Generation X. Generation Y and Millennials. It was estimated that Boomers accounted for 33% of the working population, Gen X -13%, Gen Y - 17% and Millennials 37%. We taught methods of how to work for a member of one of the generations as well as the best way to supervise them.

This was important because Traditionalists had a work ethic like no other and their offspring, the Boomers carried the work ethic torch also although it was more and more about money. Boomer parents both worked in many cases and missed a lot of family time that they had grown up with when moms seldom worked outside the home. Gen X was the first generation to put quality of life ahead of money and it threw us for a loop. Family time became more important than overtime.

The Millennials came along after my corporate work life but they seem to me

- by Cindy Abraham

to be a real blend of the other so-called generations, and to actually embrace (or at least aspire to) the Traditionalist sense of integrity. They have the Boomer's passion for social issues, Gen X's shallow materialism and Gen Y's realization that life can be a real struggle. We need to help them not to become too cynical.

I used to joke that as long as the Millennials were too young to complain, the 33% Boomers ruled the world. But as soon as the Millennials (37%) were old enough to realize the weight of Social Security and other programs that benefited the elderly rested on their shoulders, they would put us all in a home.

At the time, Tradionalists were considered to be anyone born before 1947, Boomers were born between 1947 and 1954, Generation X between 1955 and 1967, Generation Y between 1968 and 1981 and the Millennials between 1982 and 1995. Seems we now have Generation Z, 1996 to today.

Because we now live so long, I also read that some pundits break down the Traditionalist Generation into sub generations: those 89+ years old are called the Greatest Generation, with 3,000,000 still living. The Silent Generation, 71-88 boasts 26,000,000.

The Greatest Generation has definitely seen more highlights and low lights of history than any other generation, from the Great Depression on. I would surmise the Silent Generation was so called because their younger years were very much affected by a World War (either they served or their parents did) and they spent much of their life working to give their family a better life. With their heads down and nose to the grindstone, they respected authority without too much question and stayed the course with job longevity.

We Boomers turned the world upside down with our rejection of the status quo and are probably responsible for many of the current problems of the ensuing generations which we may very well have chemically altered with our drug use and maybe even with all the new diseases that have sprung up from our promiscuous lifestyle. We are even blamed for the materialism of the 1980's so-called MeGeneration. As one of my daughter's college professors told me, "We were so busy giving our kids what we didn't have that we neglected to give them what we did have". He was talking about respect, responsibility and accountability and the resulting "it's not my fault" mantra.

My daughter is a Gen Y and I remember telling her that because she had oldfashioned values and a sense of respect, responsibility and accountability, she could outstrip most of her Gen Y legions who seemed to have little purpose. It is never a good thing for a generation to grow up with no hardships. Gen Y was the generation between Viet Nam and rise of ISIS; many of whom had parents who coined the phrase "quality time" to justify not always being there for them.

And now, as a Realtor, I need to study the Millennials. Touted as the largest market of "First Time Homebuyers", they are targeted as dollar signs by the advertising world. And to make matters worse, they live in a world in which their elders are having a hard time guiding them. The rise of Social Media and all it entails is a new frontier and one in which they understand better than their parents and teachers. However, I have found that good oldfashioned sincere caring about helping them make the right decisions appeals to them. It is hard to earn their trust, but once I have it, I love working with them. I don't mind all the questions they have because they are smart and they understand the answers.

It is important that no matter what our interaction with them is, we help them feel trust and make wise choices. If we can contribute to building their character, hopefully they will be the "Yodas" to Gen Z's many "Luke Skywalkers" and secure a future that we may not be here to see.



State of The Market - FEBRUARY 2017

If you know anyone who is interested in the new development, Parkview at Hillcrest, please call us at **8-HILLCREST**. Buyers should have representation and A Team will provide that at no cost to the buyer. If buyers use Pulte Mortgage for their financing, Pulte will contribute 3% toward their closing costs.



As of January 15th, Pulte has broken ground and has over 30 single family reservations to convert to contract, 3 townhome eservations and 4 townhomes under earliest contract. The models will be the Executive Townhomes. The Raritan model starts at \$365,990 and the Brookstream model starts at \$367,990. If you did not get a copy of the models included in the December

issue of Inside Hillcrest, email us at info@ATeamFlorida.com for a copy. Both models are 3/2.5, approximately 1855 SF and can go over 2100 SF with structural options.

The Veranda townhomes start at \$314,990 for a Magnolia interior to \$324,990 for an end Magnolia. Both have 3 bedrooms, 2.5 baths and a 1 car rear entry garage.

The Single Family homes called the Park Series range from 1731 SF to 2200 SF. They start from \$404,990 to \$429,900. Some designs are big enough for 4-6 bedrooms.

A deterrent for some people is that there is only one model that is one-story, the Orleans. I am not a stairs lover so I can relate. The Harrison design can accommodate the master bedroom on the first floor but the other bedrooms would be upstairs. One major change we found out about: the ceramic tile floors, balcony on the second floor and stainless steel appliances that were included in some of the packages are now upgrades for purchase. If you previously put down a deposit, you should have been contacted by now to advise you of the modification to the terms.

Again, if you or a friend/neighbor are interested in the new properties, call us at **8-HILLCREST** so that we that you have your own representation during the process and help you understand the lot fees, basic prices, upgrades and amenities.





Cindy "Momma" Abraham

Is the Selling Machine; voted Realtor of the Year (2012/2013) and Hollywood's Businesswoman of the Year for 2016. In a market where 40% of contracts never make it to the closing table – usually because of the inspection or appraisal - Cindy will take you by the hand from listing to closing and be there every step of the way. Cindy pays for an inspection right up front to nip those issues in the bud and attends EVERY appraisal to be sure you get top dollar.

Brian "Million Dollar Man" Gaiefsky

Gaiefsky is the Master of the Deal. He can price, show, stage and negotiate top dollar for your property. Conversely, because his forte in construction and the psychology of selling, he is also great at finding, assessing and negotiating properties for buyers. His catchphrase is "I love it when a deal comes together." Whichever side he is on, everyone wins. Brian will get you to "Love Where You Live".

Dennis Hearing

Is the Money Man. He is the guy who gets you the financing you need. Not sure where to start when thinking about buying? Getting ready to sell and trying to coordinate the funds to buy your new place? Renting and wondering when you will qualify to start paying your own mortgage instead of your landlord's? Hope on board the A Team and Dennis will make sure you have your ticket to ride.

> Dennis Hearing Senior Loan Officer Supreme Lending NMLS 892525

Bryan Carpenter "Mr. Transaction"

Is the Man behind the Scenes. He is the guy who keeps everything and everyone on track. Real Estate transactions are a series of deadlines and according to the thesaurus a deadline is another word for closing date. When you get on the A Team train, Bryan does the driving.

Contact Us Today: 954-964-2559 info@ATeamFlorida.com <u>www.ATeamFlorida.com</u> The Kitchen Korner by Cindy Abraham

COMFORT COOKING VS. COMFORT FOOD Where's the Beef?

When I am stressed, the kitchen is my refuge. Because most of my business is paperwork and following up on deadlines - 90% mental - I like to be physically busy when I need to decompress. Maybe it's the knives... I like chopping and mixing. I say this because although most of my recipes are quick and easy, this one takes a while but it was perfect when I needed an hour of thoughtless chopping and prepping to clear my head. The recipe is 90% preparation and 10% assembly.

I love Steak Tartare and would never attempt to make it with the thinly shaved slices of top round so when I saw a recipe I knew I could make, it was perfect for a day like this.

Then there is the day when you want comfort food and you want it quickly. The second recipe is a twist on traditional Shepherd's Pie with different ingredients and every short cut I could think of to get it done in record time.

For the Shepherd's Pie, lean is better so ground sirloin is best and top round of beef is a must for the Steak Tartare because it is very lean and tender.

Get ready for a lot of chopping and mixing but it is worth it. Buy your favorite thin bread to make the toasts. Once you have all the ingredients chopped and ready to go, it takes about 3 minutes to assemble.

Steak Tartare shopping list to make sure you have everything:

3/4 lb. top round of beef

Fresh parsley

2 large shallots

Sweet Gherkins (or sweet relish - preferably Wickles)

Capers Horseradish 1 small onion Grated parmesan Balsamic vinegar Mayonnaise Sour Cream Thyme Honey Olive oil White vinegar Salt and pepper



Thin sliced bread for toasts

Put the top round in the freezer for an hour to firm it up – it will be easier to slice and cube. All other ingredients have to be finely chopped. Make these recipes before you start – you will need them. Balsamic onions and Balsamic Vinaigrette for tartare and Horseradish Aioli to spread on the toasts:

Balsamic Onion: Slice a quarter small onion and sauté it in a pan with 1 TBS balsamic vinegar, 1 tsp olive oil and salt and pepper until translucent. You don't need much but it is worth the trouble.

Balsamic Vinaigrette: $\frac{1}{4}$ cup balsamic vinegar tossed with 1 TBS diced shallots, $\frac{1}{2}$ tsp dried thyme, 2 tsp honey, $\frac{1}{8}$ cup olive oil and salt – blend well.

Horseradish Aioli – mix $\frac{1}{4}$ cup mayonnaise, $\frac{1}{4}$ cup sour cream,2 TBS horseradish, $\frac{1}{2}$ tsp salt & 1 tsp white vinegar. Mix well in a small blender if you have one.

Topping: Chop 2 TBS parsley very fine and mix with 2 TBS grated parmesan – refrigerate.

MARINATED STEAK TARTARE FOR FOUR (OR TWO AS A

MAIN MEAL – leftovers should be eaten within 24 hours OR fry the leftovers for steak and eggs or a cheesesteak sandwich)

2 cups small dice top round

- 4 tsp finely-chopped parsley
- 3 TBS finely chopped shallot
- 2 TBS finely chopped gherkins (or sweet relish, preferable Wickles)
- 2 tsp finely chopped capers
- 2 TBS horseradish
- 1 1/2 tsp finely chopped balsamic onion
- 2 TBS grated Parmesan
- 1/4 tsp salt
- 2 TBS Balsamic Vinaigrette

In a medium bowl, gently fold in all the above ingredients. Doesn't hurt to refrigerate and let the flavors meld for about an hour. To serve, top each piece of toast with the Horseradish Aioli, a heaping dollop of the Steak Tartare and top with the parsley/ parmesan mixture.

A couple of readers had comments about the recipes in the November issue. After all these years of making the Pull Apart Garlic Bread and stressing over the timing of the bread rising, Elaine advised me to buy my favorite loaf of deli bread (I like \$1.99 artisan rosemary and olive oil from Publix), slice it all the way across in one direction – leaving an inch intact. Turn it and slice it the other way so it looks like squares and just stuff the cheese and garlic butter between the cracks and bake for 10 minutes at 350. EASY and better for you than the parker house white rolls...

Also, Miriam pointed out that the dressing recipe for the butternut squash was excellent on salads and she is right! Here it is again – easy and delicious. Mix all the ingredients together and toss with your favorite greens.

JANUARY 2017

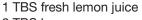


Continued from Pg. 13

The Kitchen Korner

TAHINI/POMEGRANATE DRESSING

1/2 tsp kosher salt 1/2 tsp fresh ground black pepper 4 tsp tahini oil (mix well)



2 TBS honey or agave





1/2 cup pomegranate seeds (or sunflower seeds or pistachios whatever you like)

Adding pearl onions and mushrooms really jazzes up this Shepherd's Pie. Buy frozen pearl onions, frozen peas or green beans and frozen mashed potatoes. Defrost the onions and peas/ beans and prepare the mashed potatoes per the directions while cooking the ground sirloin and this recipe is ready in 40 minutes. BTW - Boodro the Rajun Cajun likes this version better.

NOT YOUR MOMMA'S SHEPHERD'S PIE

- 1 ¹/₂ cup beef broth
- 2 TBS flour
- 1 rounded tsp black pepper
- 1 1/2 TBS canola oil
- 1 lb. ground sirloin (if you use chuck, drain off the fat after cooking it)

by Cindy Abraham

8 oz. sliced mushrooms 1 TBS dried thyme 3 cloves garlic minced 1/4 cup dry sherry (or white wine) 2 TBS Worcestershire 1 cup frozen pearl onions (thawed) 2 cups frozen green peas or green beans (thawed) 1 bag frozen mashed potatoes (prepared)



- 2 TBS softened butter or butter spray
- 2 TBS chopped parsley

Preheat oven to 450. Combine broth, flour and pepper and set aside. Heat oil in skillet to high. Add beef and break up with a spoon as it starts to brown, add mushrooms and cook until both are brown (about 8 minutes). Lower heat to medium and stir in thyme and garlic (1 minutes) and then stir in sherry and Worcestershire sauce (1 minute). Whisk stock mixture and add to pan. Bring to a boil and cook for 4 minutes until thickened. Stir in thawed vegetables.

Pour contents of skillet into an oven proof casserole and spread mashed potatoes evenly on top. Spread softened butter on top or spray with butter cooking spray. Bake for 15 minutes then change to broil setting for 5 minutes or until lightly brown. Remove from oven; sprinkle parsley on top and serve.

CONGRATULATIONS TO THE 2016 HOLLYWOOD BUSINESS WOMAN OF THE YEAR NOMINEES:



Dr. Lanetta Bronte Foundation for Sickle Cell **Disease Research**

Major Nikki Coffin Hollywood Police Department

Melina Degelsmith National Planning Corporation

Cate Farmer Margaritaville Beach Resort

Barbara Goldberg O'Connell & Goldberg

Kimberly Longmire Hair Industry Salon

Margie Longstreth **Five Star Premier Residences** of Hollywood

Lois Pevin-Weiss Preferred Automotive, Inc.

Doris Rivera 1st Step Restoration

Dr. Rozalia Williams College Student Development Center

AND THE WINNER IS.... CATE FARMER, GENERAL MANAGER, **MARGARITAVILLE!**

Commissioner Dick Blattner



YOUR VOICE MATTERS

Ok, I admit to being a late comer to digital media, but I've been encouraged to use Survey Monkey to see what you think about smoking on the beach. Here's the background:

The City Commission agreed to bring forth an ordinance prohibiting smoking on the beach, but not the Broadwalk, and in our parks. When the ordinance was presented, it was defeated, much to my surprise. So, we want to find out what you think. SHOULD SMOKING BE PROHIBITED ON HOLLYWOOD BEACH AND IN PARKS? We'll report results next month.

COMMISSION ACTIONS - Only one CRA and Commission meeting in January.

Authorized spending \$903,000 for various utility and technology upgrades

Authorized applying for a revolving loan from State for \$21 million for water main replacement and upgrades. We are also starting to install sewer lines where there have not been any, which has been an issue itself. Stay tuned.

Heard a presentation by Ed Walls, Chair of the Hollywood Chamber of Commerce. Ed reviewed 2016 accomplishments and goals for 2017. The Chamber has found its legs and is doing some very interesting and productive work, especially with the City, on improving the permitting process, focusing on education, business recruitment and development. For further information, go to the Chamber website.

Acting as the CRA Board

Approved an expenditure for design services for replacement of lifeguard stands on the beach. The presentation showed great design alternatives focusing on safety for guards as well as recognizing

their stands can be attractive enhancements to the appearance of the beach.

My Commission Comments

The creation of regional activity centers has been accomplished. Zoning will be unveiled in March. My concern is that, moving forward, some existing types of businesses will not be grandfathered. One thought is creation of an "amortization" plan, giving those businesses a number of years to recover their investment but then dissolve. Another alternative is eminent domain, which is not my favorite option. I have asked staff to see if the development process can be accelerated. We all agree there is room for improvement here.

THIS AND THAT

St. Patrick's Day Parade is March 12. Save the date for one of the most popular events in the City. Downtown will be transformed. At one time, it looked as if funding would not be available, but thanks to the Hibernians, the CRA and private contributions, we will once again have 15,000 people lining our streets.



Safe Streets Summit, an annual event sponsored by the Broward MPO, was held January 27 and 28. As chair, I was proud to welcome Miami-Dade and Palm Beach MPOs, as well as elected officials, planners and engineers, 300 people in all, to this wonderful conference to exchange experiences and ideas to make our streets safer for walkers, drivers, buses, bikers. The first demonstration project for this concept will take place on Hollywood Blvd from City Hall, east to the railroad tracks. Groundbreaking is scheduled for later this year.

Hollywood YMCA Annual Campaign kickoff was held on January 21. I was honored to be recognized for my involvement, as was former Commissioner Heidi O'Sheehan.

Congratulations to David Kofsky, honored on the 28th at the Glam event for the Hollywood Art and Culture Center.

And in conclusion

Maybe I hit the wall. It's getting too hard for me to play singles tennis anymore. I guess I'll have to be satisfied with doubles. I knew this day would arrive eventually, but, to my surprise, eventually came too soon. Anyone else feel the same way?

Thanks for reading. Always happy to hear from you.

Klink

PG.16

Take Care of Your KARMA

Aruna Ladva and Etta Stevens – Brahma Kumaris Publications



Our life is limited. There are a limited number of hours and minutes. Our birth is known to us, and our end is already fixed. So, it is up to us how we utilize the time in between. If we waste this time in idling, getting bored and being confused we should realize that we will never get it back. I am not trying to create stress through a sense of urgency, but at the same time I am asking myself frequently, am I using my time in a worthwhile way or not?

When food is offered to us freely at parties and charities, it is our duty and respect to ensure that that food does not go to waste. We fill our plates full with food and it's just so easy to throw away half of it. How was that food earned? With hard work and sweat. We need to learn to develop love and respect for the food itself, which comes from mother earth and is being given to me freely. If I throw that food away, then it not only ends up in the bin, but it also gets added to my karmic debt. If, however, I take it away and eat it later or pass it onto others who might appreciate it, then I have done a deed of charity.

We also buy a lot of things, not necessarily out of need, but out of boredom! It's called retail therapy! We go to the mall, feel we have the buying power, make the purchase (which makes us feel happy for a few moments) and then the purchased item is put in the cupboard next to all of the other items that we didn't really need! Instead try other more money saving therapies such as going for a walk in the park. Then you won't feel the guilt of spending your money away. On the contrary you will have the joy of time, money and energy well spent. We need to look at the quality of our conversations also. How much time do we waste on gossip and talk about others, and events gone by? Is it necessary to repeat those things, or is it better to stop the expansion and be saved from the karmic debt?

I received a beautiful Whatsapp message a few days ago. It stated that the money left over in our bank account at the time of our death represents all of the extra work we did, which we didn't need to do. Doesn't that make total sense? If we have not managed to put our money to good use, then what was the point of all that hard work? Who will decide after our death what to do with the money? Our children? The government? The law? So please look at your bank account and see if there is anything worthwhile you would like to do with the extra money. Realize that you are simply delaying doing a good deed. Remember, it is the blessings that will go with the soul when it leaves, not the paper and coins.

At the end of the day, and end of our life, we should feel that we have done all that we wanted to. When the time is up, we want to leave this body not with struggle and regret, but with joy and lightness.

This week, let us look at the amount of waste that goes on in our world and our own lives. Be economical with everything and you will never run out, because you are taking care of your karma!

And a perfect way to do this and be very logical about what life is all about is to examine your own soul and see where we might do to increase the good KARMA in our lives. Meditation is the perfect way to begin to look inside our soul and see what effects our daily actions have to ourselves first and next to the people around us. Karma is action. T

ake the action now to learn and practice the art of meditation.

Free classes are given in many places here in Broward County by the Brahma Kumaris. See what fits into your lifestyle and join. Your life will change for the better. It has for me.

It's time... to not waste and to save up your good karma.

MEDITATION PREPARES YOU TO "BE AWAKE" TO KNOW WHAT AND WHO YOU ARE.

FREE CLASSES ARE OFFERED TO HOLLYWOOD THRU THESE CLASSES

Meditation Schedule

Hollywood Library, 2600 Hollywood Blvd., Every Tues 10:30 am & 6:30 pm.

Hallandale Beach Library, 300 S. Federal Hwy. 1st & 3rd Every Sat, 10:30 am

Carver Ranches Library, off Pembroke Road and 48th, Every Sat 10:30 am

Call Roz (954) 962-7447

All Classes sponsored by Brahma Kumaris are free of charge as a serice to our community.

Brahma Kumaris Hollywood Meditation Group

GLOBAL MEDITATION FOR WORLD PEACE Sunday, February 19, 2017 • 6-7:30 pm

Bring a chair and a flashlight, see you there. Meditation at the school is changed to the Church at the corner of Polk and 46th street. Wednesdays at 4-5pm. Watch for something new to be happening in the future!

MEDITATE@8 CALL IN FOR LIVE MEDITATION Call: 712-775-7031 • Meeting ID 660-469-256# Thurs. 8-8:10 pm

FOR A FREE THOUGHT OF THE DAY INSPIRATIONAL MESSAGE SIGN UP: http://brahmakumaris.org/interactive/mailing_list



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If you have any questions please contact Carlos Diaz at (954) 529-1383 or the office at (305) 652-2799





Continued from Pg. 9

I feel that they truly gained an unforgettable experience while also attaining valuable information about Broward County Government.



Broward County Announces New Libraries Director

I hope you will all join me in welcoming Kelvin Watson, who has been named the new Broward County Libraries Director, effective February 26, 2017. He is currently the Chief Operating Officer, Senior Vice President for Queens Library in New York City. The Queens Library serves 2.3 million

people from 62 locations plus seven Adult Learning Centers and two Family Literacy Centers. It circulates among the highest numbers of books and other library materials in the country. Kelvin is credited with innovative community outreach to establishments who have not been active patrons of the library system, such as community centers, hospitals and jails. His background in addressing the digital divide has helped patrons understand how to use technology and realize how impactful these tools can be in their lives. As the new Libraries Director, his successes in establishing community partnership will be a key factor in building on the current partnerships that exist in Broward County.









Nature vs. Nurture? Here you'll enjoy both.

Life is more enjoyable with a little pep in your step. You can see it on the faces of these residents of Five Star Premier Residences of Hollywood as they work to increase their step count with Patrick, our 12-year Program Manager. Fitness has never been so much fun. And we're just as dedicated to keeping your mind sharp with all sorts of entertaining and enlightening activities. To see how we go the extra mile, call today for a private tour.





Join us for Sterling University Lectures by Professor Phil Leto. **MR. CHIEF JUSTICE** Wednesday, March 15th, 1:30 pm **RSVP to (954) 963-0200**

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