

### **MAY INSIDE HILLCREST**

DON'T MISS AN ISSUE OF INSIDE HILLCREST. JOIN OUR SUBSCRIBER LIST. SEND US YOUR EMAIL ADDRESS TO INSIDE.HILLCREST@COMCAST.NET (We NEVER share our subscriber list with anyone ever!)

They say you can't fix stupid. Turns out you can't quarantine it either. Unfortunately, there are still those who refuse to take this virus seriously. Maybe this is a denial defense mechanism to help some people cope with a surreal situation. But I now have three friends/neighbors who have lost loved ones from COVID-19 and their description of the manner of death was horrifying. One was the son of a neighbor; a 40-something father of two who passed away in New York. Another was the beloved mother-in-law of a friend and he is devastated. She was a happy, healthy, spirited woman of 75 and she died a horrible death over the span of a week as first her lungs shut down and then her other organs. The third was the 96-year old mother of a friend who was in the last stages of Alzheimer's.

Real Estate is an essential service so Brian and I are still doing showings and Brian conducts his buyer consultations via Zoom so our business is still doing well. Thankfully, the majority of Hillcrest buildings are supporting their owners who need to sell their units using the CDC guidelines. For those who are insisting on Virtual Showings only, ask yourself – would you buy a property just from pictures? Probably not. However, only the building boards know what is going on in their building as far as the virus goes, so if lock-down is necessary, we respect that.

#### SPEAKING OF AN ESSENTIAL BUSINESS...

From Gregory L Gendusa, Your Computer Coach: During this time of social distancing and wanting to keep my existing and new customers safe, I am providing remote computer/printer service calls. If interested please call me, **YOUR COMPUTER COACH (954) 235-0431** for more information. Stay Safe!

#### **GETTING CABIN FEVER?**

Our good friend Les Puchala, from Larry's Limos would normally be busy with prom

rides this time of year. But he has a GREAT IDEA for a safe night out. Yes, you and your family or close friends can get out for dinner and drinks in a very novel way...see page 4.

#### **NEED CASH?**

Many of us have old jewelry, coins or other "treasures" lying around. This may be a good time to turn them into cash. Call **Michael O'Higgins at Steib's/Cohen**. We have printed testimonials about his service in the past. He makes house calls for your own safety so you don't have to cart your valuables across town to him. His contact info is inside this issue.

#### **NO MORE PROCRASTINATION!**

The money you save from not going to movies, the casino or out to eat can be used to do some of those things you have been putting of like getting your A/C coils cleaned or installing a UV light to kill incoming germs. Clean coils lower your electric bill so give Mike Balan Air Conditioning Inc. a call. Chris Bencivenga from A-1 Mica is standing by to refresh your condo by replacing/resurfacing cabinets. We have used A-1 Mica for years since back when Chris' dad Mike was our contact person. You are probably also saving money on gas so if your car needs servicing, this is a good time to get it done. Mike Great Bear and South Park Auto are open for business. Of course, our favorite podiatrist Dr. Henkel is still making house calls.

#### **BOARD MEETINGS**

**Eric Glazer** has a great article about board meetings in this issue. As most of you know, Eric is one of the premier condo law attorneys in our City. Glazer hosts a weekly **Condo Craze and HOAs Radio Show on 850-WFTL** every Sunday morning at 11AM. Worth tuning in. He is also holding virtual **Condo Certification classes**. If you are



a board member and have not attended a Certification class in the past couple of years, you are way behind in your knowledge of condo law. The class is free and we know you have the time, so go to **www. condocrazeandhoas.com** to register.

#### ZACH SHELOMITH – BANKRUPTCY ATTORNEY

There are certain professionals in our lifetime that need to be GREAT at what they do and we need to feel comfortable with them. Doctors fall into this category and most attorneys do too. We are lucky that we know most of the local attorneys in Hollywood and we can recommend the best when we get phone calls from readers looking for the good ones. We are even luckier when the good ones advertise in Inside Hillcrest so that their contact info is readily available for our readers.

**Zach Shelomith** is one of the good ones. He deals strictly with bankruptcy situations that face individuals and businesses. His client base includes bankruptcy trustees, individuals and businesses who need advice on what to do if they are thinking about filing for bankruptcy, as well as creditors who are dealing with clients who have already filed for bankruptcy.

Bankruptcy is a life altering situation and those who are touched by it deserve someone who is an EXPERT rather than someone who does it as a sideline along with other types of law. Bankruptcy is a scary proposition; you need to consult an expert if the thought even occurs to you. If you or anyone you know just needs to talk about options, Zach Shelomith is the one to call. See his ad on page 7.

#### TAX ATTORNEY - RICHARD SKEEN

I have known **Richard Skeen** for several years; another great professional that I met in the Greater Hollywood Chamber of Commerce. Yes, he does my personal taxes as well as those for our Real Estate business and for Inside Hillcrest. When a reader calls for a tax attorney referral, of course Richard is our go-to. Now you can hold on to his business card for yourself – PAGE 19.

#### **MORE PANDAMMITS!**

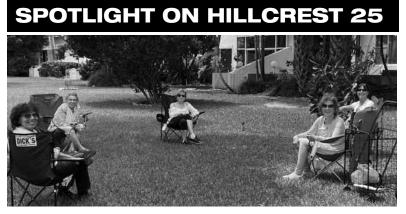
It was fun to hear which one-liner was your favorite in the last issue – see page 17 for more.

### IT'S TIME FOR SOME NEW LEGISLATION By Eric Glazer, Esq. - Published April 27, 2020

No doubt we have been in unchartered waters for the past few weeks now. Boards have been uncertain about how, when and where they can hold board meetings. Unit owners are upset that they have heard that their Board is actually having meetings that they cannot attend. Decisions are being made at meetings that are not properly noticed. No doubt decisions and votes are being made by e-mail, even though the statute clearly prohibits it. Despite the extraordinary powers given to Boards under the emergency powers statute, there are a few things that remain clear;

- 1. Board meetings must still be noticed;
- 2. Unit owners have the right to attend board meetings;
- 3. Board members still cannot vote by e-mail;
- 4. Board members have the right to appear at Board meetings via telephone, real-time videoconferencing, or similar real-time electronic or video communication and it counts toward a quorum, and such member may vote as if physically present. A speaker must be used so that the conversation of such members may be heard by the board or committee members attending in person as well as by any unit owners present at a meeting.
- 5. Unit owners who are not on the Board have no right to attend their Board meeting via the same technology that Board members get to use.

So what needs fixing? Obviously, in light of recent events, all board meetings and unit owner meetings must be made available to the owners through technology. Nobody should be forced to attend a meeting in person if board members are not forced. . Now, before anyone starts yelling that this is impossible..... it isn't. There was pushback about having a mandatory website that would hold all of the association's records. We learned it works great. There was pushback when it came to on-line voting. We learned it works great.

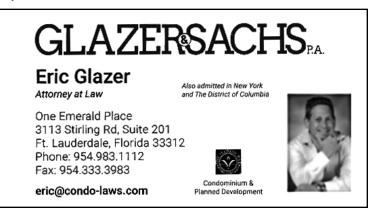


Here in Hillcrest 25, we get together every day. We are calling ourselves the Hillcrest Bldg. 25 **Happy Hearts Club**. We figured out how to enjoy a few hours of our day practicing Social distancing and having lots of fun and laughs. Actually, we all have become much closer since we have so much more time. A suggestion today was to occasionally adding a Happy Hour to our Happy Hearts Club to celebrate that we are healthy and happy. Our glasses are always half full or maybe too full. Lol!

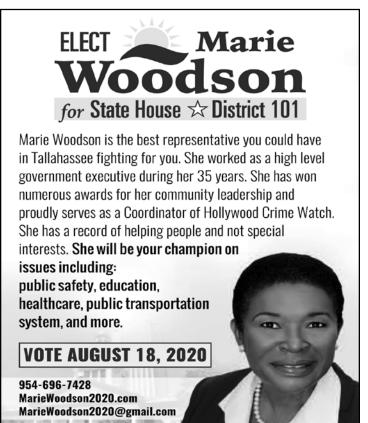
No matter what, the Hillcrest Happy Heart girls will always find a way to bring each other joy and happiness. And during the hours we sit there, we love watching our neighbors walking on the park path and making the most of their day. We wave and greet them as they pass by. Hillcrest is a beautiful place to live and we all decided that we need to enjoy each day. Stay Safe, Stay Healthy and most of all Stay Happy. We will all get through this together. I am sure when things go back to semi-normal, we will continue to make the time to sit in the back and continue our Happy Hearts Club. - Submitted by Harriet Dinari, Building 25

For me however, these past few weeks have been an incredible learning experience. I have had the joy and honor of continuing to teach the Board Certification and Legal Update seminars. There are 130 people on-line at one time! We are on-line for three hours. It works perfectly. And after my part is over, everyone who wants to be heard gets to be heard. Don't tell me Board meetings can't be run the same way. They can. Easily. Far fewer people typically attend a board meeting.

So, it's clear that it's now time for unit owners to get the same rights as board members do and have the opportunity to appear at their Board and unit owner meetings through the use of technology. If you still choose to attend in person, even better. The choice should be yours.



**Eric M. Glazer** is a native of Brooklyn, New York Mr. Glazer obtained his B.A. in Political Science at New York University. While at N.Y.U., Mr. Glazer was employed in the Kings County District Attorney's Office. Mr. Glazer obtained his Juris Doctorate at the University of Miami School of Law. In 1994 he established Glazer and Associates, P.A. and has focused his career on representation of community associations and their members.



Make HD101 the People's Voice by electing Marie Woodson.

EXPERIENCED, EFFECTIVE, AND CARING LEADERSHIP!



# **Helping Seniors Achieve Their Best Health**

# Join the Healthy Partners Primary Care Experience



Rotem Amir M.D. 3700 Washington St. #500B Hollywood, FL 33021 (954) 967-6110 **Rotem Amir, MD** completed her education at the prestigious Tel-Aviv University. She then entered the renowned Cleveland Clinic Program and completed her Internal Medicine Specialty with honors. She served on the medical jeopardy team and won several tournaments. Dr. Amir is double board certified in internal medicine and continues to provide the most updated care to her patients. She shares her love for practicing medicine with her patients at her established medical practice in Hollywood, FL., where she is an expert diagnostician and loves to take care of seniors. Additionally, she is an Associate Clinical Professor Nova Southeastern University.

### **The Healthy Partners Experience**

- Commitment to compassionate care
- Same day appointments when necessary
- · Convenient locations

- Flexible specialty network
- · On-site lab services
- On time appointments

Now accepting new patients. Call to make an appointment.

f www.facebook.com/HealthyPartnersInc

Your Advantage in Healthcare

**Specializing In Senior Care** 

# Accountsult, LLC

ACCOUNTING AND CONSULTING FOR CONDOMINIUM AND HOMEOWNER ASSOCIATIONS

#### Mark R. Buchalter

Tel: (954) 739-0310 / Fax: (954) 739-2635 / Email: mark@accountsult.com 3109 Stirling Rd. • Suite 202 • Ft. Lauderdale, FL 33312

# **CANNOLI'S AND SCAMS**

When I was much younger living in Queens, New York, I remember going on a date with the cutest girl in town, to the San Gennaro festival in Little Italy, New York. It stretched along Mulberry Street from Canal Street to Houston Street.

In addition, to eating the delicious food (sausage and peppers, Ferrara's cannoli's, elephant ears with powdered sugar from all the food vendors, I was "hawked in" and tempted to playing a game of chance and win a lot of money quickly.

To make a long story short, I lost all my money in my wallet, and walked away downtrodden and embarrassed in front of my girlfriend, who I wanted to impress.

I relay this story, because it taught me a valuable lesson, that if it seems too good or easy, it's probably a SCAM. Unfortunately, there will always be scams by unscrupulous individuals playing upon honest hard working people.

In today's extraordinary economic climate, the latest scam is preying upon individuals seeking either the Economic Stimulus check that most all Americans are waiting for, or Small Business administration (SBA) loans.

Below are some tell-tale signs to avoid being scammed, please heed these warnings ! Ps: There is a happy ending, even though I was scammed and thoroughly embarrassed, that Girlfriend that I mentioned above, still married me and 41 years later, we can fortunately continue to laugh at that embarrassing date.

#### HOW TO SPOT AND AVOID SCAMS:

#### What Fraudsters May Do:

- Ask taxpayers to sign over an economic impact payment.
- Ask by phone, email, text message, or social media for verification of personal and/or banking information for the purposes of expediting a person's economic impact payment.
- Mail taxpayers bogus checks with contact information (such as a phone number or web address) regarding how the taxpayer can cash the check.
- How to Avoid Scams:
- Don't provide personal or financial information to strangers. Never provide an unknown individual with personal or financial information until you have verified the identity of the person with whom you are speaking.
- Don't open or click on unusual links or attachments. If you receive unexpected emails, text messages, or social media messages with attachments or website links, delete them. Do not click on, download, or open any of the above, as you may be opening malware on your electronic device that can help criminals steal your information.



Our professionally-trained Chauffeur will pick you up from your door. Greeted by chilled non-alcoholic drinks, driver partition separates you from your Chauffeur, allowing you all the Family Fun and privacy with your immediate family without ever leaving your limousine. You will never be in direct contact with the driver!

Mention INSIDE HILLCREST for 20% OFF!

- All vehicles are completely disinfected before picking you up.
- Take a ride down A1A from the comfort of your own Stretch Limo.
- We can drive you downtown, Take you to your favorite sightseeing places. Any time of the day!
- Play your favorite DVD on our TV/DVD player, listen to music on our latest generation sound system.
- Order food to go from your favorite restaurant that you can pick up while you are on board. Have the restaurant curbside it to the limo window so you never have to step foot outside.
- Enjoy non-alcoholic drinks and/or bring your own favorite drinks on board.
- A chauffeur will be behind a closed partition. Zero direct contact policy. You just have to open your own door.
- This is also good for Birthday parties or Date night!

954-473-6631 (Broward) • 561-361-7899 (Palm Beach) 305-526-6287 (Miami Dade) • 800-611-6631 (Toll Free) www.larryslimo.com Email: information@larryslimo.com

- Checks are deposited automatically. Remember that in most cases, the IRS is using direct deposit to send the economic impact payments. Thus, if anyone is asking you for personal information in any manner, you should be wary and seek additional information to verify the person's identity and employment.
- There are no fees to receive payment. The government is not asking citizens to pay anything up front to receive an economic impact payment. If someone contacts you asking for any form of payment in order to receive an economic impact payment, please contact law enforcement.
- If you or someone you know has been the target or victim of a fraud scheme related to the coronavirus, please report the incident to the national hotline at The National Center for Disaster Fraud at 866-720-5721 or at disaster@leo.gov.

#### Mark R. Buchalter, Accountsult, LLC

Condominium & HOA Accountants 3109 Stirling Road, Fort Lauderdale, Florida 33312 • 954 739-0310

#### **INSIDE HILLCREST**

# INJURED? BOBER & BOBER, P.A. • Car/Truck Accidents

NO Fees/Costs Unless We Win

- Car/Truck Accidents
  Slip and Fall Injuries
  Wrongful Death
  Premises Liability
  Birth, Brain and Spinal Injuries
- Motorcycle Accident
- Boating Accidents
   Medical Malpractice
- Dog/Animal Bites
- Construction Accidents
- Nursing Home & Elder Abuse
- Unpaid Overtime Wage Claims
- Wage/Tip Theft

# FREE GASE EVALUATION (954) 922-2298

1930 Tyler Street • Hollywood, FL 33020 • peter@boberlaw.com The hiring of a lawyer is an important decision that should not be based solely upon advertisements. Before you decide, ask us to send you free written information about our qualifications and experience.

### DANIEL WASSERMAN, DOM Doctor of Oriental Medicine Acupuncture Physician



ACUPUNCTURE NUTRITION

Homeopathy

HERBAL MEDICINE

- MANUAL MEDICINE
- Now accepting "Humana Gold Plus" and many insurances.
- Are you a veteran? The VA fully covers acupuncture.
- Located directly next to Hillcrest.



# Social Security Disability Attorneys



# **SSD** and **SSI** Representation

954-884-5040 Call Today for a FREE Consultation

www.AmericanDisabilityAdvocates.com

American Disability Advocates, LLC

Attorneys Peter and

Samara

Bober

### Long-time Hollywood Resident Runs for Her First Public Office – in Retirement - by Steve Schneider



Marie Woodson's dad wanted her to become a medical doctor. But her family did not have the right government connections in Haiti to get her admitted to medical school. So, without speaking a word of English, Woodson came to South Florida, setting her on a career path in public service. Woodson has lived in a house in West Hollywood for 26 years. She started her government-service career in her early 20's, retiring after 35 years.

The Hollywood resident is now competing with two other candidates in the August Democratic primary to represent District 101 in the Florida House of Representatives. Her district covers swaths of Pembroke Pines, Miramar, Hallandale, West Park and Pembroke Park. Hollywood, though, comprises 40% of the district. The candidate who wins the primary will most likely be the next representative in Tallahassee because the area is heavily Democratic.

Woodson started her campaign by knocking on doors, speaking with friends, family and neighbors, and attending community events to meet voters face to face and gather support. You can learn more at **www.mariewoodson2020.com** or by calling her at **(954) 696-7428**.

Covid-19, the virus killing people around the world, has only forced Woodson to adjust, much like the lack of connections in her homeland did not stop her from moving forward with her life.

This interview tells the story of someone who came here with nothing and worked her way up. Woodson, a married mother of two children with an elderly dad who taught her to give back, explains why she continues to campaign for a political position for the first time in her life.

#### Question: This is your first campaign for political office. What do you want voters to know about your background and experiences? And how does this background and these experiences prepare you for a new line of work?

Woodson: I was born and raised in Haiti. I migrated to the USA at the age of 21, after I was denied an opportunity to attend the only medical school in Port-au-Prince.

Growing up, during the summer my father used to make me teach the children whose parents couldn't afford to send them to school. As well, he would give me \$5.00 and would tell me to spend \$2.00, save \$2.00 and share one with others who didn't have. He would always tell me that when I make it to the top, always remember to take others with me and give back to my community. This was the beginning of my public service career because medical school was not part of God's plan for me. Well, I have lived my life with these aforementioned guiding principles.

Coming to the USA was a privilege. I got a little job in county government right after I began school at Miami-Dade College. While earning a Bachelor and Master's degrees, I was fortunate to move up the ladder in county government. I was responsible for the operations of several major programs, including, but not limited to Social Services, Senior Services, Domestic Violence, Greater Miami Service Corps, Psychological services with a prior position of Division Director overseeing the disbursement of 18 million dollars monthly. I have also worked in the Juvenile and Adult Courts programs as Court Counselors.

While working in the county, I had the opportunity to sit on several Boards and Committees, including serving as the Chairwoman of two organizations: the Miami-Dade Commission for Women and the Family Action Network Movement. I am also a long-standing member of the Legislative Committee. Question: In retirement, in your 50's, you are running for office for the first time. Why?

Woodson: I had to raise my children first. I made a commitment to my family that I would not run for office until my youngest child goes to College. I believe that running for office or being an elected official requires personal sacrifices and extracts a toll not just on you; but, on your family and as a mother, I had an obligation to be there for my family while working in county government full-time.

Now that my youngest is in college, I decided to throw my hat in the ring and continue to serve my community on a larger scale. As a leader in my community, I want to continue to bring about change and create a positive impact.

My rich and diverse background and my professional and advocacy experiences have greatly prepared me to the path that I currently choose to follow. Public service is in my DNA and as a former county executive, a statewide and local volunteer, a long-time Hollywood resident, I know the challenges voters face. I want to craft solutions to these challenges and I am ready to represent well the residents of District 101 and the State of Florida as a whole.

#### Question: Ok, but what do you want to do if you win?

Woodson: I believe in fairness and equality for all and want our State and specifically the residents of District 101 to fare better.

I would like to work for a better public education system where our children, teachers and parents fare well and attain a more prosperous future. The people in District 101 also need a better healthcare system that is more affordable to all.

I also want to see that mental health is given the priority it deserves in order for our children and families to function at their full potential. We need the state to support a system where college graduates or those who took a trade from a technical school can afford to rent an AFFORDABLE apartment and are not strangled with students loans, an economy where we have jobs and that families don't have to work two jobs to make ends meet, a safer community where our children and families are not subjected to so much gun violence or violent crimes, a community where our seniors and veterans can live a more dignified life. I want to bring the resources down to our district and be able to effect change.

# Question: What has surprised you about running for political office?

Woodson: I have had several surprises during this campaign. A few are more alarming than others with the first one being the COVID-19 pandemic. No one was ready for this nightmare and it took our community, our state, our nation, and the world by surprise. People are fighting for their lives and it has become impossible for candidates to continue with canvassing or to move along with fundraising activities. It is really surprising how unprepared we were as a State, as a Country to deal with the pandemic; but our community is strong and people are there for each other.

Another surprise is the fact that the need in our district is even greater than expected. We have a lot of work ahead of us to address some of the issues plaguing our community. The good thing is we are ready and committed to collaboratively do the work for the betterment of our district and our State as a whole.

Question: How many days a week were you working on your campaign before the Coronavirus was declared a pandemic? How many hours a day?









Board Certified Attorney Business Bankruptcy Law and Consumer Bankruptcy Law The American Board of Certification

#### Leiderman Shelomith Alexander + Somodevilla, PLLC

2699 Stirling Road, Suite C401 Fort Lauderdale, FL 33312 P: (954) 920-5355 D: (954) 210-8957 F: (954) 920-5371 E: **zbs@lsaslaw.com** W: **www.lsaslaw.com**  Zach B. Shelomith is an AV® Preeminent Rated Attorney, awarded by LexisNexis® Martindale-Hubbell®, for having obtained the highest possible peer-review rating for his ethical standards and legal ability, and is also Board Certified in Business Bankruptcy Law and Consumer Bankruptcy Law by the American Board of Certification.

Corporate Bankruptcy | Personal Bankruptcy | Bankruptcy Creditor Representation | Student Loan Law

Miami | Fort Lauderdale



Sharon L King, Agent 134 South Dixie Hwy Suite 101 Hallandale Beach, FL 33009 Bus: 305-933-4900 sharon@sharonking.net Mon-Fri 9:00 AM - 5:00 PM After Hours by Appointment Hablamos Español

# Hello, neighbor!

#### Please stop by and say, "Hi!"

I'm looking forward to serving your needs for insurance and financial services. Here to help life go right.<sup>®</sup> CALL ME TODAY.



# David Stein Inc. Insurance Agency

Tax Free Retirement Plans • Life and Income Protection New Rules & No-Compromise Retirement Savings Seminars Life Insurance you don't have to die to use

David Stein Owner/Independent Broker (O) 561-902-3387 (C) 561-929-0101 (F) 561-902-3386 1825 NW Corporate Blvd. Suite 110 Boca Raton, FL 33431 David@DavidSteinInsurance.com DavidSteinInsurance.com

I was so bored last night I called JAKE from State Farm just to talk to somebody! He asked me what I was wearing

State Farm, Bloomington, IL

# May Kitchen Korner - by Cindy Abraham

### 

Now is the time for comfort food. There is nothing like a little tomato soup to soothe the soul. Even if it's cold. Over ice. With a celery stalk. And vodka. Okay I admit it - I moved one of the one-liners to my Kitchen Korner page.

But seriously, being stuck at home, I am trying to go easy on carbs plus I like food that is high in protein and can be eaten in snack portions or used as a base for different meals. You can't go wrong with meatballs. Make dozens; they freeze well. You can use some for a traditional Italian meal, coat some with your favorite BBQ glaze, a can of mushroom soup or make Swedish meatballs (sauce recipe below).

I know that we are supposed to cut down on red meat and I am going to catch some flak from my more healthy-minded friends with this issue of Kitchen Korner. But in my defense, with all this talk about wearing gloves, I think of ground meat. Because of the oil in our hands, we should NEVER handle ground meat without gloves and Lord knows I have plenty of them (and always have). So, with the caveat that we honestly try to cut down on red meat - usually only once a week here goes!

FRENCH ONION MEATLOAF (Double the ingredients for 2 small or one large meatloaf) If I already shared this recipe, it is worth a repeat. The BEST meatloaf I have ever had and it is Boodro approved!

#### **GREAT MEATBALLS!**

1 lb. ground beef 8 oz. mild regular or turkey Italian sausages (casings removed) 6 oz. shredded mozzarella 1/4 cup chopped fresh basil (or mixed basil/parsley/ oregano) 1 cup breadcrumbs (or wheat panko) 1/2 cup chopped onion 1/4 cup finely chopped oilpacked sun-dried tomatoes 3 minced garlic cloves 1/2 TBS dried oregano (unless you used fresh in herb mix)



- 1 tsp each salt and pepper
- 4 oz. tomato sauce
- 1 large beaten egg

Preheat oven to 375. Combine all the ingredients EXCEPT the tomato sauce and egg in a large bowl. After thoroughly combining, you can then add the tomato sauce and beaten egg and gently mix until blended. Form into 2 inch balls. Bake 20 minutes if adding to sauce and 30 minutes if not. For smaller meatballs (1 inch) bake 15 minutes if adding to sauce and 20 if not. Meatballs should simmer in sauce for at least 10 minutes and of course taste a lot better the next day!

Swedish Meatball Sauce 2 TBS butter 2 TBS flour 1/2 cup beef stock/broth 1/2 cup heavy cream 1 TBS soy sauce

#### DIRECTIONS

1. In a skillet, melt butter. When butter is melted, sprinkle flour into skillet. Stir to make a smooth roux.

2. Slowly add beef stock, stirring to keep the sauce smooth. Add cream. Add soy sauce. ...

3. Bring to a boil, reduce heat to simmer and allow to simmer until desired consistency. Serve alongside meatballs.

French Onion Meatloaf (double ingredients for 2 small or one large meatloaf) If I already shared this recipe, it is worth a repeat. The BEST meatloaf I have ever had:

- 1 lb. ground beef
- 1/8 cup grated onion
- 1 cup seasoned stuffing (4 oz)

5 oz. French onion soup (freeze the rest of the can for next time - oh there will be a next time!)

- 1 egg beaten
- <sup>3</sup>/<sub>4</sub> tsp dried thyme
- 1/2 tsp pepper
- 1/2 cup shredded Swiss or Gruyere cheese (4 oz.)
- Aldi's sells a blend of both
- 1/8 cup Parmesan cheese
- 1/4 cup store bought crispy fried onions

Preheat oven to 350. In a large bowl, mix together the first seven ingredients until well combined. Form into a loaf and put it in a small meatloaf pan. Bake 30 minutes. Remove from oven and top with cheeses. Strew fried onions over cheese. Return to oven and bake 10 more minutes until cheese is melted. Remove from pan and allow to rest for 15 minutes before serving.

In the last issue, I taught you how to make easy peel hard boiled eggs. I found another recipe that we like a lot.

#### **BACON &** EGG SALAD SANDWICHES (FOR TWO)

- 2 TBS cooked bacon pieces
- 1 thinly sliced scallion
- 1 TBS mayo or mashed avocado
- 1 TBS plain yogurt
- 1 tsp sriracha, Sambal Oelek or hot sauce
- Salt & pepper to taste
- 2 large hard boiled eggs chopped
- 1 cup arugula (or spinach)
- 4 whole grain bread slices toasted

Place bacon in a large bowl. Stir in scallions & next 3 ingredients. Salt & pepper to taste. Gently stir in chopped egg. Arrange arugula on each of the bread slices. Top two of the bread slices with half the egg mixture and 1 bread slice. We have also made these as open faced appetizers on large pita chips or crackers.



# MAY 2020 IT SECURITY TIPS

#### **Protect Your Personal Information** (Especially on Social Media)

Important Note: **DO NOT** fill out your entire social media profile! The more information you share online, the easier it is for people or strangers to get their hands on it. Take a look at your social media profiles and limit the personal information you share about yourself. The people who need to know your birth date, email address and phone number **already have them.** 

Adjust Your Privacy Settings: If you care about your personal safety and keeping personal records about yourself and your loved ones (especially children under the age of 18) then you should go learn more about Social Media privacy settings. There is no reason why people should know where you are at every moment.

**Don't Forget to Lock Down Your Hardware!** A smart rule of thumb for practicing laptop and portable electronic device safety is to always set up a password for re-entry. If your laptop is in sleep mode or booting back up, be sure to require a password. Sure, you may trust your family, loved ones and housemates, **but what happens if your laptop or device is stolen or in the company of strangers?** 

**Follow this rule for Laptops, Cell Phones, Tablets:** Make sure that your computers and mobile devices are loaded with anti-malware apps and software. They can prevent criminals from stealing your data/personal information (which can lead to all sorts of trouble and complications for you).

#### Continued from Pg. 6

Woodson: Campaigning is a 24/7 job. I was living and breathing the campaign; but with the pandemic I am still engaged 24/7, but more so through social media without the personal contacts. The pandemic has hindered the one-on-one contacts with the residents which is priceless in connecting with people and finding out the real needs or underlying issues.

# Question: How did potential voters react to you when you started campaigning? Did the reactions change as news about the Coronavirus became more serious?

Woodson: When I started campaigning, the reaction of the voters was so positive and warm. I really felt rejuvenated and inspired every time I met and engaged in a conversation with a voter. Once the news became more serious about COVID-19, people were disengaged, distant and politics were the last thing on their minds. Their priorities changed and everyone was and is in a survival state which is expected.

I fully understand this. I hope that we continue to be there for each other and hopefully, get through this nightmare together. We will, and I believe a new day will come because we are resilient people.

# Question: Is there anything I did not give you a chance to discuss?

Woodson: We are living during some very hard times and we need to be there for each other. We need to collectively understand the magnitude of what is taking place in our community, in our world and elect people who represent our interests and not those with self-interests.

#### Enable Private Browsing on All Web Browsers

If you don't want anyone with physical access to your computer to see what you're doing and where you're surfing online then you should enable private browsing-- a setting available in each major web browser. When you enable private browsing, you are essentially deleting cookies, temporary Internet files and browsing history after you close a browsing window.

Don't tell advertisers and companies what sites you visit, what you purchase or who you're friends with! Advertisers just love to gather all of that information and serve you targeted ads – do you really need this?

Another tip: If want total privacy, you can also surf the internet anonymously by hiding your IP address. You can do this using a web proxy, a **Virtual Private Network** (VPN). You can also check out a free open network called TOR. Tor works by routing your traffic through a series of servers, operated by volunteers around the world, before sending it to your destination.



I have been in the community and I know the issues and I am willing to do something about them.

When we look around, we see that something is wrong with our system. We see seniors who cannot afford to eat; nor pay for their medications. We see that our educational system is failing our students as well as our teachers.

We see, and hear about, and experience economic and health disparities in our community. We cannot ignore what we see when we look at our veterans who have sacrificed so much for our freedom and we are not taking care of them and their families.

We are not blind when we look at the so-called affordable housing that our families cannot afford; when we look at the mental health crisis plaguing our community and how it correlates with homelessness.

Further, we can't ignore our children dying of gun violence or violent crimes and their families who suffer so much whenever it happens. We cannot in good conscience leave this earth with such major problems for our children if we turn a blind eye to the climate change phenomenon.

I am not pretending that I will save the world or cure our ills; but I am definitely committed to do my very best to move the needle in the right direction. If the residents of District 101 and my supporters stand with me and give me an opportunity, I promise to work hard and smart to represent them well in the state Legislature.

Together, WE WILL MAKE IT HAPPEN!!!

# **REAL ESTATE NOW**

Right now, business has slowed as some sellers have taken their homes off the market. We lost some buyers because of their temporary uncertain job status. Mortgage companies are checking their job/credit status up to the day of closing. As far as day to day business, we need to adhere to the CDC social distancing guidelines and get through as best we can when it comes to showing properties. After the deal is made, everything can be done remotely. Our job right now is to create educational content that keeps our clients and prospects informed during this health crisis.

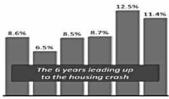
It is important to remember what caused this economic turndown – it was not due to an overinflated stock market or housing market which crashed through like a tornado. A pandemic is more like a really bad snow-storm. Everything is paralyzed for a while but eventually the snow melts and we get back to normal. Historically economic recovery is a V-shape. We have to buckle in for the next 90 days but the recovery is going to be rapid so we need to be prepared for a wild ride up. Not only will we have to handle normal business in the third quarter, we will have to handle the backup of business from the traditionally busiest months; April, May, and June.

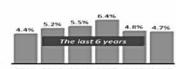
According to the Harvard Business Review: It is worth looking back at history to place the potential impact path of Covid-19 empirically. In fact, V-shapes monopolize the empirical landscape of prior shocks, including epidemics such as SARS, the 1968 H3N2 ("Hong Kong") flu, 1958 H2N2 ("Asian") flu, and 1918 Spanish flu."



This is not a housing bubble – it is business as usual and the housing market is stable. Showings are more difficult if they are owner occupied; the seller must leave the property during the showing. Buyers are still out there because sellers who are sitting on vacant properties tend to be more negotiable when faced with the unknown. This pandemic may affect the housing market temporarily but in no way caused it. Renters who have a job unaffected by the pandemic are saving money right now (it is amazing how much can be saved when all your meals and entertainment have to take place at home). This is a perfect time to get qualified to buy and stop paying your landlord's mortgage. Brian and I have been busy the past couple of weeks and getting busier. Homeownership is still the best savings account you can have. Because the market has been so stable the rate of return is steady and far from what we went through before the last crash.

#### Annual Home Price Appreciation





2000 2001 2002 2003 2004 2005

2014 2015 2016 2017 2018 2019

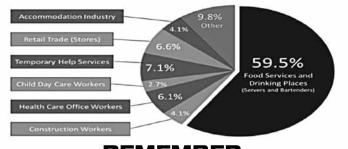
As for the fear of rampant foreclosures, lenders are in the business of making money, not owning unwanted properties so they will figure out a way to keep their customers. Again, this is a temporary situation and most businesses that have closed could very well boom once it is over. The stats do not support a foreclosure crisis.



Be smart...be patient...but most of all - stay safe.

You can draw your own conclusions about this one. How much money are you saving because you cannot eat out, pay bar prices, go to movies or sports events, get your hair and nails done, go to retail stores, pay for childcare, gamble at a casino...you get it. When all these places open again, we should see a nice rebound.

#### Breakdown of U.S. Bureau of Labor Statistics April 3, 2020 Unemployment Report



REMEMBER

Homeownership is an important source of wealth creation, enabling current homeowners and succeeding generations to move up the economic ladder.



Brought to you by: Cindy Abraham & Brian Gaiersky, A Team Florida Keller Williams Realty Professionals Off: 954-964-2559 • Cell: 954-415-5323/954-895-1617 We have the best referral partners in all 50 states and Canada! www.WeSellHollywood.com





**PERSPECTIVE** – Def: to think about a situation or problem in a wise and reasonable way.

Imagine you were born in 1900.

On your 14th birthday, World War I starts, and ends on your 18th birthday. 22 million people perish in that war.

Later in the year, a Spanish Flu epidemic hits the planet and runs until your 20th birthday. 50 million people die from it in those two years. Yes, 50 million.

On your 29th birthday, the Great Depression begins. Unemployment hits 25%, the World GDP drops 27%. That runs until you are 33. The country nearly collapses along with the world economy.

When you turn 39, World War II starts. You aren't even over the hill yet. And don't try to catch your breath.

On your 41st birthday, the United States is fully pulled into WWII.

Between your 39th and 45th birthday, 75 million people perish in the war.

At 50, the Korean War starts. 5 million perish. At 55 the Vietnam War begins and doesn't end for 20 years. 4 million people perish in that conflict.

On your 62nd birthday you have the Cuban Missile Crisis, a tipping point in the Cold War. Life on our planet, as we know it, should have ended. Great leaders prevented that from happening.

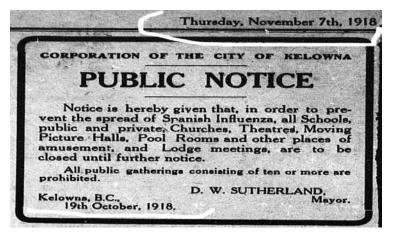
When you turn 75, the Vietnam War finally ends.

Think of everyone on the planet born in 1900. How do you survive all of that?

When you were a kid in 1985 and didn't think your 85 year old grandparent understood how hard school was. And how mean that kid in your class was.

Yet they survived through everything listed above.

Perspective is an amazing art. Refined as time goes on, and enlightening like you wouldn't believe. Let's try and keep things in perspective. Let's be smart, help each other out.



# MAY 2020 STATE OF THE MARKET

- by Cindy Abraham, Keller Williams Realty Professionals A Team Florida

#### **PENDING SALES**

| Building | Unit # | B/B   | SF   | Orig. List | Final List | Sold | DOM |
|----------|--------|-------|------|------------|------------|------|-----|
| 17       | 407    | 2/2   | 770  | 124,900    | 124,900    |      | 26  |
| 23       | 603    | 2/2   | 1132 | 114,900    | 114,900    |      | 77  |
| 21       | 106A   | 1/1/1 | 844  | 98,000     | 85,900     |      | 300 |
| 22       | 517    | 2/2   | 1132 | 100,900    | 74,900     |      | 43  |
| 1        | 305    | 1/1/0 | 700  | 105,000    | 99,000     |      | 70  |

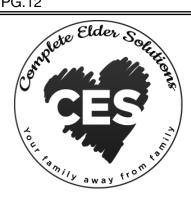
#### **CLOSED SALES**

| Building | Unit # | B/B   | SF   | Orig. List | Final List | Sold    | DOM |
|----------|--------|-------|------|------------|------------|---------|-----|
| 21       | 219C   | 2/2   | 1499 | 190,000    | 169,900    | 163,500 | 485 |
| 20       | 203    | 2/2   | 1100 | 158,900    |            | 146,000 | 246 |
| 10       | 302    | 2/2   | 899  | 144,900    |            | 134,000 | 106 |
| 10       | 103    | 2/2   | 961  | 134,900    |            | 134.900 | 37  |
| 5        | 214    | 2/2   | 899  | 120,000    |            | 115,000 | 149 |
| 17       | 307    | 1/1/1 | 770  | 124,000    | 115,000    | 110,000 | 94  |
| 18       | 510    | 2/2   | 990  | 139,500    | 100,000    | 100,000 | 339 |

Like March, only five Hillcrest condos went under contract in April but we are down to 49 on the market. Seven Hillcrest condos closed in April.

One Parkview townhome that was pending in March, closed in April. 4912 Greenway Drive listed at \$439,000.00, a 2020 SF 3/2/1 townhome, sold for 435K. There are currently 18 Parkview homes/ townhomes listed on the MLS.





Complete Elder Solutions has many success stories in helping clients with a range of eldercare issues over the last ten years. Below are the ten most pressing problems we help our clients solve. If need help navigating any of these issues as an older adult or for your parents, let us do the

work for you! Call us today at 1-833-404-8960 for a free consultation and visit CompleteElderSolutions.com to learn more about our services.

The ten most pressing problems we have help our clients solve include:

#### 1. HOUSING

Many seniors live on fixed incomes. Unfortunately, programs such as Social Security aren't always enough to pay for living expenses, including housing. This forces many older adults to seek low-income senior housing to stretch their dollars and make ends meet.

We help comb through the numerous options for senior housing and assisted living facilities available through government and private markets, and we handle all real estate matters for the elderly.

#### 2. COGNITIVE IMPAIRMENT ISSUES

It is important not to ignore changes in memory or personality, or assume it's just a normal part of aging. We're experienced in assessing and identifying supports to help manage cognitive decline, developing a Plan of Care, and establishing a safe environment that allows you or your loved one to thrive.

#### **3. ARANGEMENT OF HOME-CARE SERVICES AND PROVIDERS**

We're proud to provide hiring, scheduling, and monitoring of high-quality in home care services. Our personalized approach, comprehensive care services, and generous caregivers set us apart, allowing you or your loved one to live with dignity and independence.

#### 4. LEGAL ISSUES

It is important to protect yourself and your family members by having a will; advanced care directives, designating someone as having power of attorney to act on your behalf in legal and/or financial matters if you are unable; bill paying, managing household and business matters, and guardianship. We provide legal advice and services to assist adults 60 and older, regardless of income.

#### 5. COMPLEX FINANCIAL PLANNING

Most things seniors need to deal with involve finances, and when you're on a fixed income, it's more important than ever to be prepared. Let us help you with estate planning, understanding financial entitlements and

appropriate use of available resources; and long term care insurance evaluation.

#### 6. MEDICAID QUALIFICATION

**COMPLETE ELDER SOLUTIONS** 

Medicaid rules provide multiple opportunities for seniors to preserve assets for themselves, their spouses and children, and grandchildren, especially those with special needs. We are available to help you with asset planning and the Medicaid application and qualification process. There are more opportunities for those who plan ahead, but even at the last minute there are almost always still steps available to preserve some assets.

#### 7. END OF LIFE ISSUES

Supporting a loved one and the family through the physical, emotional and spiritual journey of death and dying is critical. Let us support you with the disposition of belongings and the residence.

#### 8. FAMILY DYNAMICS

Regardless if your family gets along well, communicate effortlessly and have a working plan in place to cover senior care needs, stress levels are raised for all concerned when seeking to maintain a healthy life balance between caring for aging parents and caring for the needs of yourself, children, and home. The most effective solution is to partner with Complete Elder Solutions to discover how to balance conflicting opinions, relieve stress, and receive regular, objective updates on issues related to your physical health and well-being or your loved ones.

#### 9. VETERANS BENEFITS

The Department of Veterans Affairs (VA) provide benefits that help mitigate issues related to aging and health care needs.

Veterans' benefits for seniors are complex and determining eligibility can be complicated. The experienced staff of Complete Elder Care Solutions are here to help you through the complex process of becoming eligible for and obtaining Veterans' benefits. We know what is necessary to qualify for these benefits and how they will work in conjunction with your existing financial situation.

#### **10. TRANSPORTATION/ESCORT SERVICES**

Transportation is a necessity, but frequently difficult or limited for the elderly or the disabled. This often prevents access to necessary medical care and leads to social isolation and often depression. Whether transportation is needed to access medical services, hospital/ rehab center discharge, appointments for hair care, shopping, spiritual services, or entertainment, we can manage all aspects of transportation and transition.

Visit CompleteElderSolutions.com or call us at 1-833-404-8960 to get your free consultation on any of these issues. See our ad on Pg. 19.





MAY 2020







# Commissioner Blattner's May 2020 Report by Commissioner Dick Blattner

It's clearly a new world out there. Hopefully you and your family have adjusted to the new rhythm of life, but we all hope this relaxes soon.

# FIRST THINGS FIRST: HONORING FIRST RESPONDERS.

Several residents wanted to honor the fire and rescue personnel who have performed so beautifully during this time. We have Fire Station 74 in our back yard, so **HERE IS THE PLAN:** 

Thursday, May 7 at 7:00 pm. For those who want to participate:

- 1. Park your car at the office building on the northeast corner of Park and Stirling.
- 2. Once assembled, we will drive by the station. Personnel will be waiting for us outside.
- 3. If you can decorate your car or hold a balloon out the window, that would be great. We will drive by and honk horns.
- 4. The driver's side of the vehicle will be visible to the firefighters at our home station.

That's it. Please let me know if you are interested, by phone or either of my Facebook pages. I am hoping for at least 25 cars. Let's show our strength, appreciation and respect.

WHEN WILL THE CITY REOPEN? I'm glad you asked. At 5:00 pm this past Thursday, our City Manager released a 24-page re-entry program, which, basically, creates a series of "what" and "when." I can tell you this was very comprehensive-- and theoretical-- until actual dates are set. There still is a lot of testing of employees first.

I will send you another report as soon as the City Manager has posted dates for each phase. So, unless--or until-- you hear otherwise, watch for these reports.

If you watch this week's Commission meeting on Wednesday (beginning at 1:00 pm on Comcast 78 or ATT 99, or on the City's website), the announcement might be made while you're nice and comfortable at home.

#### MAY MEETINGS

- CRA at 9:00 am. Commission at 1pm. Both with be virtual. Agendas for both meetings were posted April 30 and can be accessed on the City website.
- You can watch both meetings on Comcast 78, ATT 99 or online at www.hollywoodfl.org/WatchMeeting.
- If you wish to submit a comment on agenda items or Citizen Comments, the deadline is 6pm, May 5. You can contact the City Clerk at 954-921-3211, or submit online at www.hollywoodfl.org/ FormCenter/City-Clerk.)

**GOOD NEWS.** Those of you who have had pulled permits (and had to wait forever for an inspection) will cheer that Hollywood has unveiled a Virtual Inspection program.

- If you are waiting for an inspection, call 954-921-3335, tap option 2, then option 1. (Virtualbldginspectionhollywood.org).
- What a welcome program. You take pictures, submit them for review, and that should be it!

**THE IMPACT OF CORONAVIRUS ON HOLLYWOOD'S FISCAL HEALTH.** The City Manager and finance staff have calculated revenue losses from the State and County in the current Fiscal Year (ending September 30) will be \$4 million. City staff has implemented actions to reduce non-essential hiring and spending.

The Federal CARES Act provided relief only for cities over 500,000. Broward County cities are not eligible. The City has joined hundreds of similar communities in lobbying Federal and State governments to broaden the scope. I believe that even with revitalization later this year, 2021 will be just as mean, financially. Then again, with elections in November that should have a strong effect on the economy next year.

**APRIL MEETING NOTES.** This was telephonic and the Agenda was kept pretty vanilla while we worked out the kinks. The May agendas are also pretty light. The Commission allocated \$188,000 for park improvements at Driftwood Community Center through the General Obligation Bond program.

- **Applied** for a State of Florida grant of \$95,000 to support HPD's "Victims of Crime" program.
- **Approved** \$5.2 million for Wastewater Treatment Plant improvements.
- **Heard** an extensive report from the CRA updating plans for significant changes to traffic in Young Circle.

#### THIS & THAT

During our Comments section I asked staff to deliver a report in June to address how to attract business along 441. Having spent over \$300 million to create a new road to encourage redevelopment, I don't see any. In fact, there are 50 automotive related businesses on a two mile stretch south of Sheridan. This was supported by my colleagues.

On April 21 and 28, the Commission and City Staff participated in Feeding South Florida events at the Sheridan Street Tri Rail Station. About 1,000 cars/families were presented with fruit, vegetables, chicken and meat. Scheduled for this Tuesday, May 5.

HOW I SPENT MY COVID VACATION (several books, of course).

- The Guardian, Grisham
- Red Mountain, a trilogy by Boo Walker. Yes, Boo! (Loved all three)
- **Truman**, by David McCullough. Wonderful history about what was going on in "bloody" Kansas and Missouri and how these events formed Truman. I am only 12% through this volume. Just went through his very impressive experiences in WW1. If you are a history buff this is a great read. Remember, "The buck stops here?" Is there another Truman out there?

Also recommend: an HBO program "The Plot Against America". I read this years ago, and the first season of this is faithful and frightening. For those not familiar, this is America in the late '30s and 40's.

That's all. Let's hope those April showers bring forth beautiful May flowers.

Happy Mother's Day.

plack

# ARE YOU LIVING FOR THE LOVE...OR EMOTIONS? Submitted by Etta Stevens

Written by a wonderful fellow traveler on this spiritual journey, who wishes to remain anonymous



Can we understand emotions? What are they? Are we controlling them? Or are they controlling us? How much do we want to live from a place of love, or from our emotions?

Many people think that it is natural to be emotional. But is it? We have become

accustomed to believing that it is natural and normal to live from our emotions. Living with our heart on our sleeve so to speak. But, is it true and is it healthy? Ask yourself: When was the last time you were in the grip of your emotions, could you think logically? Did you have any control over your thoughts, feelings and actions? Chances are the answer is: – "No."

When we are in alignment with the truth of who we are, and we understand what we are not then we start to experience the world from another angle. We stop looking at what is wrong with the world and start to look at what is right. We begin to live from a place of balance with love in our hearts. Sorrow, sadness, depression, unhappiness, these are all symptoms of emotional pain etc. We tend to think of these symptoms as natural and all part and parcel of being alive. The emotions do indeed serve a purpose, just like physical pain in the body, the emotions are there to tell us that something is out of balance. That 'something' is our thinking, and the more we give energy to our emotions the worse we feel. The fine threads of attachment spread far and wide, and the thing that is the most dangerous of all, is that those threads are invisible. But, when something pulls on them, sure do we feel it! Slowly we become trapped in a web of our own creation. We need to be able to process our emotions to maintain a healthy state of being and not get stuck in them.

Our emotions can sometimes create a loss of clarity for us. It is true to say that in one way or another everyone is looking for love. We have been conditioned to believe that we have to feel our emotions. Actually, we should learn to recognize and understand the messages of our emotions more. But here is the thing. Love is not an emotion. Love is a core quality, power and virtue of the soul. To be loving is our true nature. Love is at our essence. Anything against love, means we are living against our truth. Lust and love are not on the same page at all. Love can never morph into an act of violence against another. Love looks for ways to nurture the well-being of others and to help keep our 'being' happy.

The pure expression of love can be seen as understanding, kindness and co-operation. This is when we do not have to think twice about whether to be kind or compassionate. We are naturally expressing love through, kindness and compassion as a natural way of being. That is because we are living from the love of the heart, not from the head. When we live from the head, then we think twice about everything. We measure and we make calculations as to whether someone is worthy enough of our love. God never thinks like this. God just gives Love. In fact, God just radiates and vibrates Love all the time, but we are not always tuned in enough to receive that Love.

What has happened to the love? If we empower what we truly are, love, then surely we would see more love in and around us in the world. Let us create a base line in our life of love, peace and happiness from the inside, and build upon this foundation from the outside. Then we will be able to maintain some stability in life. We will not be dependent for our love, peace and happiness from the conditions or anything on the outside. We would enjoy everything in the world, but we would not be dependent. Remember, pure unconditional love is a stable state of being. But such is the degree of our conditioning that some people believe that the emotions are the only way to live. Yes, if we live constantly through our emotions, then we will certainly know that we are alive. We can see this where there is a growth in extreme sports and activities. Some people live life on the edge, their life can be like a sort of emotional roller-coaster, up and down, being swung left to right whenever there is any form of disturbance. This form of living we call...excitement!

Something that we are attached to, have expectations about or cannot control will ultimately bring us a lot of emotional pain. The result will be instant unhappiness and a complete lack of love for the self or anyone else. Then ego and attachment take over our life and we start to perform actions which we later regret. Which of course will mean that we can get that emotional fix all over again. At this point our emotions could be seen as a form of addiction.

Our emotions definitely have a purpose. And that is to let us know where and when we have deviated from our track of love. Whenever we are 'off track' then some form of emotional disturbance will manifest itself in our lives. We can see this clearly because we will be unhappy, depressed, sad, anxious, confused and... very emotional.

It is Time...for us to make wise choices. It is a choice to live from love or from our emotions. Remember that emotions are just the messengers, so let us learn to listen to the messages they give us. Right now, due to this virus, the QV 19, we are all living a life We could never have imagined several years ago. All of the things that we chose to fill our life with are put on the back burner and hopefully we can retrieve them again at some time. Now we all must stay in, follow directions, and this is the perfect time if you cannot go out to meditate, go inside...To your Soul.

At this time to keep our meditation classes going, I am doing a Facebook live every Tuesday morning at 10:30 AM. It is on my Facebook page, Etta Stevens. We get a nice turnout of meditators and it is a beautiful way to celebrate together even though we are not next to each other. So, stay safe, stay healthy, follow the directions from the CDC, and when you can join me live on Facebook at 10:30 AM. Just go on Facebook and go to my page which is Etta Stevens. I hope to see you there.

\*MEDITATE@8 CALL IN FOR LIVE MEDITATION Call: 712-775-7031 • Meeting ID 660-469-256# Thurs. 8-8:10 pm

\*FOR A FREE THOUGHT OF THE DAY INSPIRATIONAL MESSAGE SIGN UP: http://brahmakumaris.org/interactive/mailing\_list

### $\star \star \star \star \star \star PANDAMMITS \star \star \star \star \star \star$

Kinda feel like Mother Earth just sent us all to our rooms to think about what we have done.

Anyone else's car getting 3 weeks to the gallon at the moment?

In 8 weeks 88% of blondes will disappear from the earth.

It's like being 16 again. Gas is cheap and I'm grounded.

Three weeks of home schooling my 7, 9 and 12 year-olds went surprisingly well!!! They have all graduated high school and are now ready to move out and get jobs when quarantine is over!

Turns out my three main hobbies were: going to restaurants, going to non-essential businesses and touching my face.

Just seen a burglar kickin' his own door in. I said "Whacha doin'? He said, "Workin' from home."

The man on the news said at the end of the day what is going to keep you safe is common sense. Some of y'all in trouble.

Quarantine Day 20: I melted an ice cube just with my mind by staring at it. It took a lot longer than I thought it would.

Hormel made their first batch of Spam in 1937. The company has just announced that due to hoarding they are going to make a second batch.

All those grandparents who are missing their grandkids. When this is over you can have them for a month. I mean it.

Glad I didn't waste my money buying a planner for 2020.

Now that I've lived through a plague, I get why most renaissance paintings are of chubby women laying around with their boobs out.

Remember when we were little and had underwear with the days of the week on them? Yah. Those would be helpful right now.

My 8-year old said, "Can't we go to a restaurant? I'm sick of eating groceries."

2019: Stay away from negative people. 2020: Stay away from positive people.

Ran out of toilet paper and now using lettuce leaves. Today was just the tip of the iceberg; tomorrow romaines to be seen.

The wife and I have been in lockdown for 8 days now. There is no friggin' way I am retiring.

According to the cops, running away from them is not social distancing.

After all the stupid things I have done in my life, if I die because I touched my face I am going to be pissed.

Today's drink special – the Quarantini. It's just a regular martini but you drink it alone in your house.

Corona virus hit during allergy season. For the first week I didn't know if I had 5 days to live or just needed to take a Claritin.

Springtime got us playing a game called Plague or Pollen. Good luck y'all. #ExplainYourSneeze

My mom always told me I wouldn't accomplish anything staying in bed all day. Look at me now, I am saving the world!

Gonna ask my momma if that offer to slap me into next year is still on the table.

You think it's bad now? In 20 years, our country will be run by people who were home-schooled by day drinkers.

Submitted by a reader in New Jersey: The local paper says that Florida supermarkets have special early morning hours for people 60 and older. The other 10 people are thrilled to have the store to themselves for the rest of the day.

The world is now Las Vegas. Everybody's losing money, it is acceptable to drink at all hours, and no one knows what day it is.

Remember wishing the weekend could last forever? Happy now?!

The cops just left. They said if I was going to walk around the house naked, I had to do it inside.

If they had just called it the "Stay at Home Challenge" and posted it on Facebook, the virus would be gone by now.

Until further notice the days of the week will be called Thisday, Thatday, Otherday, Someday, Yesterday, Today and Nextday!

When we come out of this and I ask you where you want to eat, I don't want to hear "Don't know." You had 45 days.

How am I doing? Well, I just wiped down the container of Lysol wipes with a Lysol wipe.So I'm fine. Everything's fine.

Commercials in 2030 will be like: Were you or someone you know overexposed to and sanitizer, Lysol, bleach during the 2020 Coronavirus pandemic? If so you may be entitled to compensation.

If you thought toilet paper was crazy, just wait until 300 million people want a haircut appointment.

Guess who is open to do your hair, nails and eyebrows? The funeral home! If you want an appointment, keep running around.

Just read that the government is rolling out their proposed reopening plan: "We have a 6-phase plan to open the states. The plan will be a phased plan that we will plan to utilize in phases. The phases will be planned and the planning will be phased. We will move quickly and slowly to open but will remain closed. I have created a staff of staffers who will plan the phase and phase and planning while phasing their phases. And that is our reopening plan."

Washington DC and Ontario have banned groups larger than 5. If you are a family of 6, you are all about to find out who's the least favorite.

Never in my whole life would I imagine my hands would consume more alcohol than my mouth.

The longer this goes on, the harder it will be to return to a society where pants and bras are required.

"Alexa, what's the weather?" "Room temperature."

30 Days Hath September, April, June, and November. All the rest have 31, except March which had 8000

Smoking pot and skipping school had me in trouble constantly. Now weed is legal and schools are closed - damn kids today are living my dream!







# Nature vs. Nurture? Here you'll enjoy both.

There's an art to living well and the residents of Five Star Premier Residences of Hollywood have mastered it. They spend pleasant days pursuing their creativity, engaging in social activities and dining on cuisine that redefines the joy of cooking. Our lushly landscaped grounds are just as aesthetically pleasing, which encourages residents to happily fill the blank canvas of life. *If you can picture yourself living in Hollywood, call Lisa or Alice for a private tour and complimentary lunch today.* 



on the corner of Sheridan St. and North Park Rd.

Ref Friendly ( Assisted Living Facility #5622

### Who says you can't have it all?

- Gorgeous gated community
- Impact glass windows
- Wellness classes include tai chi, yoga and aqua aerobics in heated outdoor pool
- One-bedroom apartments starting at \$2,699
- Keep mentally fit through home study courses, lectures, guest speakers and a book club

More than half our employees have been here from 5 to 25 years! 2480 North Park Road, Hollywood, FL 33021 www.FiveStarPremier-Hollywood.com = (954) 947-2262



A FIVE STAR INDEPENDENT, ASSISTED LIVING AND MEMORY CARE COMMUNITY