# Inside Hillcrest

- Connecting Neighbors to Neighbors -



JUNE 2020 HOLLYWOOD, FLORIDA VOLUME 14 • ISSUE 6

#### JUNE INSIDE HILLCREST

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#### **MEA CULPA**

Geez, y'all didn't have to get mad about the unhealthy Kitchen Korner recipes in the last issue. Seriously, I don't know what I was thinking – yes, I guess with all of us stuck at home you want recipes that won't pack on the pounds but do taste good. So hopefully I made up for it in this issue. But now you are NOT going to get my recipe for how to make a mask out of bacon.

#### TAKING THE POLITICS OUT OF POLICING

Of course, I looked up the origin of the word "pol" because I couldn't figure out why both words start with "pol" and seem to have nothing to do with each other. "Pol" in Latin means "city" so now I get it. But I still don't think politics and Police should have anything to do with each other. The Broward County Sheriff race has been troubling. I love to vote but it is awful when I feel like I am doing the "lesser of two evils" thing. And then John Caizza, President of Hillcrest 24 introduced me to Al Pollock.

Every local cop I have spoken with knows and respects Al. Even the Broward Deputies Union is endorsing him over the two "frontrunners". He is a lawman, not a showman. You can "meet" Al on page 5.

I have said many times that I am happy with our Mayor and City Commissioners. And before anyone starts with "they have made mistakes", let's be real. All of us make mistakes and depending on our job, the consequences can be trivial or devastating. I remember when I was in the restaurant business giving a pep talk to the new servers who were nervous about taking their first table. I would tell them "Just remember this is a restaurant, not a hospital. Giving someone the wrong drink is not like giving someone the wrong blood. No matter what you do, nobody is going to die." I have met most of our local leaders and from what I can see, most are sincere in their desire to do what is best for the City of Hollywood.

Local elections are most important to me because they have the most impact on our day to day lives. I am excited to vote this year. I have really enjoyed getting to know Marie Woodson who is running for State Representative in our district. And I just got an email this morning that Jennifer Gottlieb is running for Broward County Supervisor of Elections! She is a great lady!

It is hard to keep up with all the voting categories and if I don't know the candidates, I don't just pick a name. If you have any thoughts on the Broward County Clerk of the Circuit Courts race, please let me know. I am lost on that one.

#### **CANDI-DATING**

Anyone remember when we would invite all the candidates for Circuit and County Judge to a Candi-dating event? It was like speed-dating. We would all sit at tables at the Playdium or Hillcrest Country Club and each candidate would visit each table for 3 minutes to campaign and answer questions. When everything goes back to normal, we need to do that again. It was a great way to get to know who we are voting for.

#### **BAD BUSINESS**

Inside Hillcrest gets at least one call a week from a resident looking for a recommendation for a trusted business. In the past we have even printed the name of any company that did the wrong thing by one of our residents. Remember the plumbing company that charged one of our elderly residents \$300.00 to fix his 40-year old yellow toilet? We have a nice testimonial about Mike Balan A/C in this issue from a resident who almost got taken by another A/C company on page 9.

### FLORIDA'S DIVISION OF UNCLAIMED PROPERTY

This is from their website: Currently, the Chief Financial Officer Holds unclaimed



**Building A Better Community** 

property accounts valued at more than \$1 billion, mostly from dormant accounts in financial institutions, insurance and utility companies, securities, and trust holdings. In addition to money and securities, unclaimed property includes tangible property such as watches, jewelry, coins, currency, stamps, historical items and other miscellaneous articles from abandoned safe deposit boxes. Unclaimed money is deposited into the state school fund, where it is used for public education There is, however, no statute of limitations, and citizens have the right to claim their property any time at no cost by going to **MYFLORIDACFO.COM.** 

I went to the website and found my partner's name – he ended up getting a check for \$38.00 from an old closed bank account he had when he lived in Pompano years ago. No luck with my name, however. But I did find several Hillcrest building names and contacted the Presidents. Especially with the low and mid rises where there is no formal office, some accounts were registered to the building address and some even had a previous board treasurer's unit number. I just heard from two Hillcrest buildings; one recovered \$277.00 and the other recovered \$640.00.

Individuals can go to **MYFLORIDACFO. COM** and plug in their names to see if they have some unclaimed money or valuables out there – **GOOD LUCK!** 

### HILLCREST - ONE SIZE DOES NOT FIT ALL

With no Master Association, each building has been doing it's own thing since the beginning and each building is unique when it comes to rules, regulations, and policies. From how long guests can visit to whether or not a unit owner can install a washer/dryer in their unit, from down payment requirements to rental restrictions, etc.

After showing one of our units, we followed up with the buyer agent and asked how their client liked it. They responded that they had decided on a unit in Building XX because "they allow dogs". Uh, no they don't. I contacted the president and he found THREE listings in his building that erroneously stated that the building allowed pets.

Continued from Pg.1

We need to update our Hillcrest Building info list that we share with local Realtors so they know up front what each building allows and does not allow so that new buyers understand and respect our differences. Once it is finalized and approved by the presidents, we will print a copy In Inside Hillcrest. Many times, boards change, policies change and someone from the board may forget to let us know. Hopefully, you, our readers, can help us keep it current.

#### **REAL ESTATE**

We will continue to print the latest sales for Hillcrest and Parkview at Hillcrest but Keller Williams strongly believes that Realtors should act as educators and trusted advisors, not salespeople. Especially now in our Real Estate world, people are looking for help and comfort. This is why we are concentrating on offering information and education as well as Hillcrest/Parkview sales stats. We want to help our friends, neighbors and clients navigate the current "pivot" in our market. As Keller Williams agents, we have access to the latest data from the country's top economists. As our broker, Richard Bass likes to tell us, we all have a right to our own opinions but we do not have the right to share them as facts...yes, he is a wise man.

Richard subscribes to **Keeping Current** Matters, an organization that provides Real Estate Professionals with the latest and greatest stats so that we can...well...keep current with the trends in our industry. Keeping Current Matters' mission is to "change the way real estate advisors educate and serve their clients." This philosophy is right in keeping with Keller Williams values and beliefs that KW is a training and consulting company that practices Real Estate."

My partner Brian Gaiefsky and I constantly seek out renters in order to help them become buyers. Our favorite buyer story is about a couple in their early 80's who called us for a rental here in Hillcrest. After finding

ELECT Marie
Woodson

for State House & District 101

Marie Woodson is the best representative you could have in Tallahassee fighting for you. She worked as a high level government executive during her 35 years. She has won numerous awards for her community leadership and proudly serves as a Coordinator of Hollywood Crime Watch. She has a record of helping people and not special

interests. She will be your champion on issues including:

public safety, education, healthcare, public transportation

system, and more.

**VOTE AUGUST 18, 2020** 

954-696-7428 MarieWoodson2020.com MarieWoodson2020@gmail.com

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out they had enough cash for sizable down payment, they bought a corner unit and, yes, they were able to get a mortgage. What they had a hard time understanding was that lowering their monthly expenses when on a fixed income was more favorable in the long run than saving a huge chunk of money "in case of an emergency". As we probed into what emergency they were so worried about, it finally came to light that their concern was in case their kids ever needed money for an emergency We finally convinced them that it was time for their 50+-year old kids to stand on their own two feet! Now their monthly payments - including their maintenance fee - is less than their monthly rent, and property ownership makes a great inheritance!

#### **MASKS AND GLOVES**

Becoming a world class surgeon is not in the cards for me. I cannot stand wearing a mask; maybe because of my asthma it is hard for me to breathe when my nose is covered. However, I wear a mask every time I come and go from anyplace. It is a matter of respect. Some folks have conditions that make them very fearful of COVID-19 so it is the right thing to do. I respect the fact that some people won't even get on the elevator if I or anyone else is on it. COVID-19 can kill in less than one week so no matter what your feelings are about the severity of the problem, let's all try and make each other feel comfortable until this is over. Gloves are another story. I'm used to wearing gloves when I am prepping food (restaurant training) – and I really like how cheap they are lately. I used to pay \$12.00 - \$18.00 for a box of 100 - now I can get them for \$5.00.

#### **PANDAMMITS!**

I have to hand it to you all – they keep getting better. Our July issue of Inside Hillcrest is our semi-annual Joke/Story issue and hopefully humor about things not COVID-19 related are just as wry and funny. Keep 'em coming!

# MARIE WOODSON WILL WORK FULL-TIME FOR STATE HOUSE DISTRICT 101 RESIDENTS

The next person to represent District 101 in Tallahassee will probably be one of the three Democrats running in the August primary. I am one of those three candidates.

I am a long-time Hollywood resident, and the only candidate who lives in Hollywood. I ask for your vote so I can join the Florida House, where I will support programs that protect us from gun violence, improve our economy and fund more health programs, including ones that meet our mental health needs. These issues are connected because they highlight the stressful conditions we are experiencing now. The Coronavirus pandemic has only added to that stress.

So, when elected, I will work with Democrats and Republicans in Tallahassee to provide more funding for mental health programs. But what happens in our State Capitol is only part of the job for the next person who represents our district.

I will stay on this important topic when the state Legislature is not in session. I will contact local, retired mental health professionals to ask them to donate time to speak with our neighbors when they need to talk.

This outreach effort is one sign of what I will bring to the job. This idea tells you that I view the District 101 job as a full-time position. It means I will work for you full-time -- in Tallahassee, and most of the year when I am home in our district.

https://www.mariewoodson2020.com/



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# November 3rd VOTE

# Jack Anthony Izzo

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Commissioner of District 6

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## INTRODUCING JACK IZZO, CANDIDATE FOR HOLLYWOOD CITY COMMISSIONER, DISTRICT 6

My name is Jack Anthony Izzo and first I am a father two beautiful children who are my world. A 10-year-old Daughter and a three-year-old son who both attends school in Hollywood. I am well educated and hold several degrees in various fields but mainly electronic engineering and business management.

I have been a resident of Hollywood for 12 years. I am a small business owner of 2 businesses. Ones based out of Miami Beach, and the other is based in the city of Hollywood off Pembroke Road. Growing up in North Miami it was one of my dreams to move to Hollywood. When I was younger from the neighborhood I lived in and seeing Hollywood it was like visiting in Beverly Hills. We live in the greatest city. We have the beaches, the broad walk, Downtown, great restaurants, Arts park, and so much more I'm forgetting. There is so much beauty and history here, and things in our fair city that I love and we need to fight to keep them in place.

My campaign is more of a grass roots campaign and like all campaign's they cost time and money, and I could use both. So, if you can spare \$5.00 to \$500.00, I would be grateful, plus if anyone wants to volunteer time during the elections at the polls where support is crucial. If you would like to donate you can visit my website **VoteIZZO. com** or mail a check to my address, **4109 Jackson Street, Hollywood FL 33021.** Make checks payable to Jack Anthony Izzo campaign. I can promise I will not let you down and will always be here for you.

Best regards Jack Anthony Izzo - 305-505-8099



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Forty years of working for the Broward Sheriff's Office have given me an in-depth institutional knowledge of the organization, its professionals, the process for cooperating with people, as well as understanding the critical law enforcement and fire-rescue roles that are needed here in Broward County.

ALPOLLOCK

Early on, people gave me the opportunity to be of service to my community. It is my turn to give back by serving as the sheriff of Broward County. As your sheriff, BSO will take a more proactive role in investigating abuse and building cases against people who abuse and neglect the elderly.

As the father of four children who attended Broward's public schools, I can assure you, our children's lives do matter. As your sheriff, I will ensure the safety and protection of all attending school in Broward County.

I have received numerous endorsements to be your Broward County sheriff ranging from the firefighters and paramedics of Broward County (IAFF local 4321), the Deputy Sheriff's Union (IUPA 6020), the BSO professional supervisory association (IUPA 6006/AFL-CIO), as well as the Fraternal Order of Police (District 5) and others.

I have the plan, I have the knowledge, I have the experience and what it takes to move BSO forward and ensure stability and safety in Broward county. Uniting together, we will ensure the best public safety services for all in Broward County.





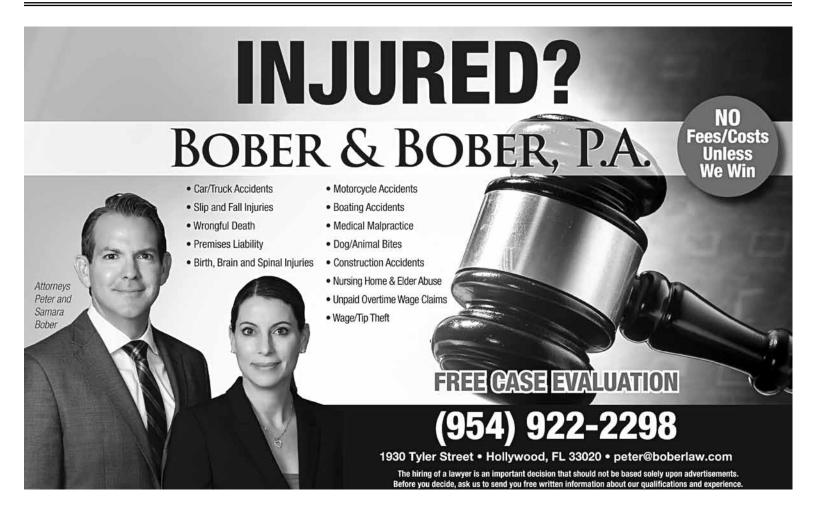
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#### Zach B. Shelomith is an AV®

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### THINGS TO KNOW AND THINGS TO THINK ABOUT

By Commissioner Linda Sherwood



I'm sure everyone will be writing about the COVID19 pandemic and how bored they felt staying at home. Let me say it wasn't boring for our City Manager, Mayor and Executive Staff. They were right on the job with keeping in touch through phone and zoom meetings with the state and county along with medical professionals. I truly want to commend them from and for all of us. We commissioners were updated by phone, email, text, WEBEX on a daily basis. Everything our residents needed to know was sent out daily from the City

website. How to obtain food, what help was available for those who lost their jobs, and how to fill out applications for businesses in need of money were all part of the daily job. All this while we watched the number of cases rising and calculated how to keep our residents safe.

For myself, I can't say I'm the most technically advanced person but once I got used to ZOOM, I found it very convenient and informing. I didn't have to put on my office clothes and didn't have to drive anywhere to glean some pretty informative knowledge. I was able to attend two congressional town halls, Chamber of Commerce breakfast meetings and business seminars, ethics training, a new candidate's campaign kick-off and much more. There was something new to learn almost everyday by using ZOOM. One of the most informative was a Microbiologist from Nova Southeastern who literally showed how the Coronavirus attaches

itself to us. Then there were the other mind boggling tidbits as to how far a cough or sneeze would go, measured in feet. Don't even think about how germs, and bacteria are passed around just by a family passing food around a dinner table. One piece of information that really made me angry was an answer I received to a question I asked about Florida's unemployment system. I thought the system was broken and asked how it could be fixed. Well the answer was very eye opening.

The answer was "the system isn't broken it is doing exactly what it was set up to do." It was set up to be the least weekly amount paid out possible. That is what would be about \$6.00 an hour and made so hard to get an application approved even during normal circumstances that people give up with frustration. Also finding out our former governor Scott voted against the \$600.00/ week unemployment addition to the last stimulus because he said people would be earning more with that amount than they made when they were working.

I couldn't believe what a callous remark that was. What does that say about the poverty in Florida? At this time during this crisis only 4% of Floridian applicants for unemployment have received money. The rest have not!! There is much to think about and much to make decisions about. All I want to leave you with is to please stay informed and remember what you're voting for when the next legislative and congressional elections come around.

I am available 24 hrs. A day for you on my email: **LSherwood@ hollywoodfl.org** 

# LINDA SHERWOOD COMMISSION DIST. 6

#### 

#### IN THE LAST FOUR YEARS ALONE I HAVE:

FACILITATED THE REHAB OF BOB BUTTERWORTH PARK AND ZINKIL PARK AND PLAYGROUND

Worked for and voted for the construction and zoning of 441

HELPED FACILITATE CONSTRUCTION OF WALMART ON 441

WORKED WITH LAWN ACRES TO PROTECT PRIVACY AND SAFETY WITH THE WALMART PROJECT

Continued my policy to resolve complaints within 24hrs

WORKED WITH HOLLYWOOD GARDENS WEST TO OBTAIN NEW SIDEWALKS, LIGHTING, AND LINEAR PARK AND PLAYGROUND

STOOD STRONG TO GET THE PLAYGROUND MOVED FURTHER FROM BLDG. 16

FACILITATED THE ADDITION TO BEVERLY PARK KAYE
GAITHER COMMUNITY CENTER



FACILITATED FUNDING TO THE WASHINGTON PARK COMMUNITY CENTER FOR CEC FOOD PANTRY TO CONTINUE 3X WEEK FOOD DISTRIBUTION AND VOLUNTEER YEARLY FOR THEIR HOLIDAY FOOD DISTRIBUTION TO THE COMMUNITY

FACILITATED THE PROJECT BY PULTE FOR PARKSIDE AT HILLCREST AND MET WITH PULTE AND HILLCREST TO FACILITATE SAFETY AND CONTRACT OBLIGATIONS

FACILITATED PERMITTING FOR BLDG. 21'S WATER TOWER

FACILITATED ROUND-ABOUT AND SIGNWAGE FOR SPEEDING ON HILLCREST DRIVE

FACILITATED NO PARKING IN FRONT OF BLDG. 19

WORKED WITH PARK EAST TO GET ORANGEBROOK GOLF COURSE ON THE GOB FOR FUNDING

FACILITATED ORANGEBROOK EL. SAFETY ZONE WITH POLICE PRESENCE

REQUESTED TREES AND ALLEY RESURFACING IN HOLLYWOOD HILLS SOUTH

#### MY LEADERSHIP EXPERIENCE FAR SURPASSES MY OPPONENT

Elected City of Hollywood Commission Dist. 6 2008-Present

Political advertisement paid for and approved by Linda Sherwood, Non-Partisan, for Hollywood Commission Dist. 6

# June Kitchen Korner - by Cindy Abraham

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It is Mango season again so my friends Allan and Cindy are giving me about 50 per week. And of course, that means Mango Preserves, Mango Jalapeno Preserves and Mango Rum. I used to call it Mango jam but preserves is a better word. If you have lots of mangos, of course you can slice them up and freeze them. That is the easiest. But it is not difficult to chop them up and boil them down until you get a thick spreadable preserve. I had a little turbinado sugar and a squeeze of lime juice.

You will be happy you have all those "quarantine" gloves! You will need them if you do not want orange fingernails. Because the seeds still have so much "meat" on them and I hate to waste anything, I put about 10 seeds in a bowl, add equal parts spring water and dark rum with a little turbinado sugar or agave syrup, and let it sit in the fridge for about 5 days. On the fifth day, squeeze all the liquid out of the seed meat into the bowl and discard the seeds. Strain the contents of the bowl (use the rum soaked mango pulp for frozen drinks). I strain the liquid 3 more times before I bottle it for delicious all-natural Mango Rum. Someone suggested I try and make Mango Tequila so I am going to try it.

Another benefit of mango season is this recipe, a reprint from May 2018 Inside Hillcrest. It is so good we made it twice in one week. If you like sashimi or tuna tartare, you will love this one. Aldi's often has great products but when they are gone, they are gone. When I bought the ginger paste, I also bought tomato paste and garlic paste. They come in handy in a pinch and they last a long time when refrigerated.

#### **TUNA WITH A TWIST**

12 oz. sushi-grade tuna (available at Aldi's in the frozen seafood case) ½ cup chopped mango

2 TBS. soy sauce

2 TBS lime juice

1 tsp fresh ginger (or ginger paste in a tube) available at Aldi's

2 tsp sesame oil

1 ½ tsp red chili-garlic paste such as sambal oelek (or use 1 tsp tabasco or wasabi)

1 small ripe avocado, diced

Sliced green onions for topping (optional)

Before tuna is completely thawed out, cut into ¼ inch dice, and toss with mango. Whisk together all the other ingredients EXCEPT avocado and drizzle over tuna & mango. Let it sit in the refrigerator for an hour or two. When you are ready to serve, add avocado and toss to coat well. Top with sliced green onions. Serving options: Tortilla chips, on toasted flatbread, in bibb lettuce or romaine leaves. Or just eat right out of the bowl.

### STRAWBERRY SPINACH SALAD -WITH OR WITHOUT CHICKEN

This is another really delicious salad. Make it easy on yourself by using store bought dressing if you want. I would guess Raspberry Vinaigrette would be a nice substitute. But if you like fresh, this recipe is pretty easy to make from scratch. If you are not using chicken, you won't need the TBS of BBQ sauce.

2 cups quartered strawberries (divided use) 2 TBS balsamic vinegar



Salt and pepper to taste

3 TBS extra-virgin olive oil

1 TBS strawberry preserves

\*1 TBS BBQ sauce\* - only if you are going to add chicken

1 pound chicken tenders

5-ounce fresh baby spinach - cut into bite sized pieces

½ cup sliced almonds, toasted

½ cup crumbled feta (or gorgonzola)

½ cup torn fresh basil leaves

Combine 1 cup strawberries, vinegar, salt and pepper, olive oil and strawberry preserves in a blender. Puree well. Remove half of the mixture and set aside to use as dressing. Add the BBQ sauce to the remaining mixture and blend. That will be your basting sauce for the chicken. Season chicken with salt and pepper and baste with BBQ sauce. As you flip the tenders, continue to baste with the sauce. Transfer tenders to a plate and let rest while you prepare the salad. In a large bowl, mix spinach, almonds, feta, basil, and the remaining cup of strawberries. Pour dressing over salad and toss just before serving. Plate salads and top with sliced chicken.

#### STUFFED MUSHROOMS

I have never been a big mushroom fan although I will order stuffed mushrooms as an appetizer on those few occasions that we go out to eat. And then I thought...why not make them at home? I use the regular white cap mushrooms and as for what to stuff them with? Google stuffed mushrooms and pick your favorite ingredients! When you de-stem them, definitely chop up the stems as one of the ingredients but other then that, the possibilities are endless. One package has about 8-10 mushrooms so it is a nice appetizer for two or a complete meal for one. Here is a recipe that just cries out for your own favorite



substitutions (like using eggplant instead of sausage for my vegan friends)...use your imagination!

1 package large white mushrooms, de-stemmed (8-9)

(Chop stems into small pieces)

1 cup turkey sausage, chorizo, whatever

2 TBS EVOO, divided

2 large minced garlic clove

1/4 cup shredded fresh spinach

2 TBS crumbled feta cheese

Pinch of black pepper

1 TBS shredded mozzarella mixed with 1 TBS panko crumbs or parmesan.

Preheat oven to 375° F. Line a shallow baking pan with foil. Brown the sausage in 1 TBS olive oil. Stir in the garlic and add the spinach and chopped stems. Stir until wilted. Remove from heat and stir in feta and black pepper. Stuff mushroom caps and compress but make them rounded on top. Place a pinch of the cheese/panko mixture on top and compress so it stays in place.

Bake for 15 minutes until cheese is melted and they are browned on top.



# **GOT BUGS?**

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#### **TESTIMONIAL FOR MIKE BALAN A/C**

In a nutshell, my experience with Mike Balan AC was excellent! I had been having major problems with the air conditioner I bought from "AATC" six years ago. I called them to service it and suffered for a week and a half while they gave me the runaround. I reached out to Inside Hillcrest and was referred to Mike Balan A/C.

I called them just a couple of hours ago and Steven arrived sooner than I expected. He was extremely professional, respectful, and courteous. Steven explained the problem, quoted me a price, left to go pick up the part came back in a matter of minutes, installed the part and my air-conditioning was working again.

The service person from "AATC" had quoted me a much higher price for the same work. He also told me they could not guarantee that changing the motor would keep my AC running and highly recommended that I replace the six year old unit I bought from them! In addition to paying them almost \$400 between two service calls, if I had given them the \$900 for a new motor, I would have been out \$1300 AND they said there is no guarantee. A new unit would cost \$4200.00. He also told me that the motor was \$900 because it was a very big job and would take several hours; they would have to send two men to pull out my air conditioner, remove the old motor, install the new motor and it would take two men to lift the AC to put it back in the closet.

Steven from a Mike Balan did not have to take the air conditioner out because all he did was remove the panel, pull out the old motor and install the new one in a matter of minutes – at a substantially lower price! As they say" buyer beware". I am writing this to warn others especially senior citizens. Please learn from my experience and do not trust companies just because they might be major companies that advertise all over the broadcast outlets. When it comes to AC requirements look no further than Mike Balan A/C.

Thanks. Terry Adamo Hillcrest Bldg. 7

### **PAYMASTER**

Believe it or not, if you have 2 or more employees, it is worth hiring Paymaster to handle your payroll. "Do what you do best and let us do the rest" is Paymaster's motto. Keller Williams A Team Florida uses Paymaster because they know what they are doing when it comes to deductions and changing tax laws.

PayMaster Inc. was established in 1995 with a straightforward mission: to provide the best payroll services available, and to do that by focusing on excellent customer service and affordable prices. In addition to the best payroll solution in the industry, we also offer some of the most advanced Time & Labor Management, HR Services and Support, Tax Credit Processing, Employee Recruiting/Onboarding, and more. Contact us for your free quote. Call Holly Gibson at hgibson@paymaster.net or Hillcrester business owners can call her on her cell: 954-205-4927.



Holly Gibson Business Consultant (561) 735-9969 (561) 410-0353

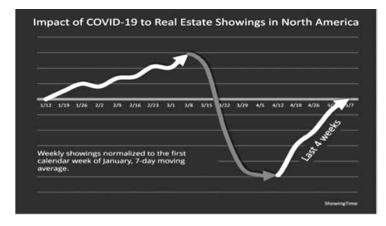
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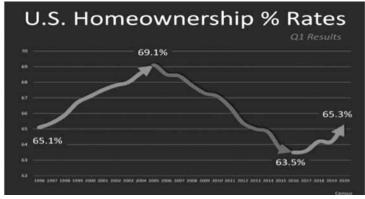
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### **REAL ESTATE**

As you can see, showings are finally getting ack to normal although buyers never really left the market. With interest rates as low as 3.125%, the smart ones are taking advantage. The jury is out on how forbearance and a possible wave of foreclosures hit the market, but when lenders need to recoup losses, a hike in interest rates is a good way to do it. BUYERS THIS IS YOUR TIME!



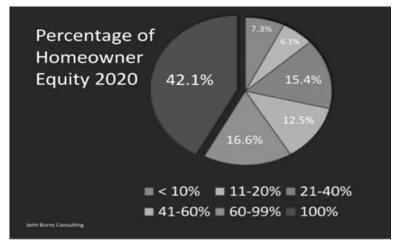


Of course, there is a good reason for the uptick in home ownership. Those who had their credit affected by the housing crash are realizing that renting is an incredible waste of money. See our renter story on page \_\_\_\_

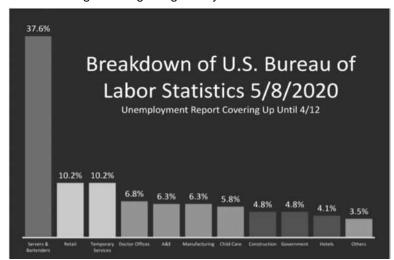


How has unemployment affected buyers? Mortgage companies have tightened up their screening processes. Even on the day of closing, they make sure that the buyer's finances have not changed including verifying their employment. As we said last month, now is the time for renters to take all the money they would have spent on personal grooming, entertainment, and other services

that they learned to live without and not only to sock it away for a down payment on a starter home/condo. And more importantly, going forward, they need to use the experience to create a stricter budget so they can reach their goal sooner than later. There are few investments and definitely no better saving accounts for most people than home ownership.



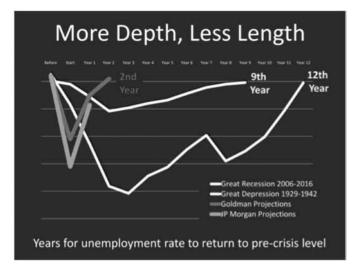
Once the economy has stabilized, many of the most affected industries are going to go gangbusters. Unfortunately, one of the reasons is that those who were financially unable to weather the storm have had to close permanently. But those who survived should be busier than ever. I know one friend who had her hair cut last week wanted to make her next appointment and the salon was booked through the beginning of July!





Continue on Pg. 11

Again, because this economic turndown has little to do with economics but rather is a global health crisis, recovery is projected to be fairly rapid. How this pandemic changes how business operates or even how we live our lives going forward remains to be seen.



#### **KELLER WILLIAMS WI4C2TS**

I do not often write about Keller Williams Realty Professionals because I assume that most people know about our company since it is one of the largest Real Estate Company in the world. But what most people don't know is how fast it became the largest or the reason. KW has a great culture. They treat agents the way they want us to treat our clients – like family. This is one of the first things a new agent learns – the KW belief system so I thought I would share. We call it (phonetically) Y-4-C-2-Tees.

In my early days with KW, I was very impressed that our office "fired" an agent who was one of our highest volume producers because he demonstrated a lack of integrity in his transactions.

I was wondering what happened to him and he actually told me himself what the story was! No remorse or shame; he Win-Win: or no deal
Integrity: do the right thing
Customers: always come first
Commitment: in all things
Communication: seek first to understand
Creativity: ideas before results
Teamwork: together everyone achieves more
Trust: starts with honesty
Success: results through people

truly believed that is how a successful agent operates. He started his own brokerage and invited me to join him...that would be a big fat "no"! It was a shocker but showed me that KW is more than corporate lip service and that our KW leaders mean it when they talk about honesty and putting customers first.

The second time I was awed by KW was after Hurricane Katrina. We all contribute part of every commission to KW Cares which is there to provide funds to agents in need. I met a New Orleans agent at the annual "Family Reunion" – our KW Convention. He had been an agent with KW for 2 months and had yet to do a deal when Katrina hit. He and his wife lost their home and had to move in with her parents miles away. He was surprised to get a phone call from his KW office to check and see how they were doing. He was even more surprised when he got a check for \$5000.00 to help his family get back on their feet. His story actually brought tears to my eyes.

I keep in touch with him; he is doing very well. He not only loves being with KW but is proud that he can contribute to KW Cares and pay it forward.

### **JUNE 2020 STATE OF THE MARKET**

- by Cindy Abraham, Keller Williams Realty Professionals A Team Florida

#### PENDING SALES

Building	Unit#	B/B	SF	Orig. List	Final List	Sold/ DOM
25	202	2/2	1344	209,000		209
21	510B	2/2	1132	185,000	150,000	390
10	301	1/1/1	744	119,900		7
27	315	1/1/1	844	115,000	117,000	202
8	110	1/1/0	672	85,000	85,000	36
20	415	2/2	1150	168,000	165,000	114
2	106	2/2	990	152,000		150
20	211	1/1/1	830	125,900		30
1	306	1/1/0	700	105,000	99,000	70
26	215	1/1/1	844	89,900	74,900	

#### **CLOSED SALES**

Building	Unit #	B/B	SF	Orig. List	Final List	Sold	DOM
5	214	2/2	899	\$120,000		115,000	149
24	205	1/1/1	844	109,900	89,900	86,250	276



Business is picking up. Although there were only 2 closed sales in May (a historic low), TEN went under contract and we only have 44 Active listings in all of Hillcrest.

### **STATE OF THE COUNTY - County Commissioner Beam Furr - District 6**



Greetings Hillcrest Residents,

This has been a painful month for our country and for many of our residents right here in Broward County.. The killing of George Floyd sparked cries for justice throughout America. At a time when many were already struggling due to the COVID-19 pandemic, this tragic killing has exposed open injustices dating back to the beginning of our country. It is time for our nation to have a difficult reckoning on

creating a society that is just and fair for everybody. It is time to listen to others, learn from them, and use this knowledge to take action. As we work through these challenging times and this global pandemic, we cannot only focus on our deficits - we must also remember the great strengths we have as a community. We have seen those traits on display in Broward County. We have seen them as residents have provided support and love to each other during COVID-19. We have seen them in the open-hearted and peaceful way we have had difficult discussions about race and law enforcement. This should come as no surprise - our strength and resilience has been on display in the MSD tragedy, multiple hurricianes, and much more. These are difficult times, but Broward County is equipped for any challenge that comes our way. We must continue to work together and stay strong.

#### **COVID-19 Update**

Broward County is firmly in the process of reopening. Emergency Order 20-12 reopens restaurants, personal services like hair salons, private retail businesses, museums, and more. Emergency Order 20-13 reopens beaches and commercial gyms. More Emergency Orders are likely to have been released by the time you read this. It is important to note that every one of our emergency orders feature restrictions and social distancing guidelines that must be followed by all businesses and residents.

Many residents and businesses are asking when we will be fully open. The truth is that we do not know the answer yet, because the answer lies within each of us. Moving to the next phase will be determined by the extent to which each of us takes precautions to protect our fellow citizens. Taking those precautions is not always easy, but it will result in keeping cases of COVID-19 flat or declining in our community. We have to look out for each other. We are all in this together, and that is how we will make it through this. Stay tuned for further updates at Broward. org/coronavirus.

#### **Hurricane Season**

It may be hard to believe, but hurricane season is officially here! With everything that is going on, it is important to make sure that you are still as prepared as possible for any storm that may strike. This includes making sure your home is stocked with supplies and that you have prepared a hurricane checklist. If you feel you may need extra assistance during a storm, you can register for the Vulnerable Population Registry right now at Broward.org/registry. You can also determine the nearest shelter in your area at https://www.broward.org/ Hurricane/Pages/Shelters.aspx. It is imperative that we are taking steps right now to stay safe, instead of waiting until the last minute!

#### Vote-By-Mail

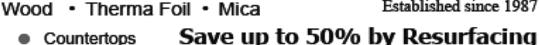
With all of the major events currently impacting our world, it is now clearer than ever that we face the most important election of our lifetime this year. The Broward Supervisor of Elections has announced they are expecting record-breaking turnout of 75% for the November 2020 general election. This includes a record-shattering 66% of all ballots to be turned in by mail! The County and the Supervisor will be using them to build the budget for this November's election and make sure we have more than enough resources to handle the huge turnout. Over the coming months, we will be working to ensure that we are as prepared as possible for all contingencies.

This election is going to be totally unprecedented. In order to guarantee your maximum safety and comfort, I recommend signing up for a vote-by-mail ballot! Now is the perfect time to sign-up, with the August 18th primary coming soon! If you want to sign-up for a mail-in ballot, go to browardsoe.org.

#### **Contact Us**

Our District office is conveniently located in the lobby of the Hollywood Branch of the Broward County Public Library at 2600 Hollywood Blvd, next to Hollywood City Hall. However, during COVID-19, it has been closed temporarily. My staff is working at our office in Fort Lauderdale. This office is open for your convenience Monday through Friday from 10AM to 4PM. If you would like to schedule an appointment, or you have a great idea, suggestion or an issue that needs my attention, feel free to call me at 954-357-7006/786-559-2306 or send me an email at bfurr@broward.org.

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### 7 Self Care Tips for Stress Relief - Contributed by Helen Vella, Vella Coaching



**Self Care** can be as simple as just making a few little changes and adjusting some habits. This can have a big impact on how stressed and happy you feel.

#### I get it.

You're an on-the-go professional with a family to care for, and there's precious little (if any) time in your busy schedule for you to focus on keeping yourself healthy even though you may be home all the time right now. However, this is a great opportunity to shift your way of thinking just a bit – and understand that it's precise BECAUSE you are so darn busy that you don't have time to be sick:

#### Here's a few of the tips for Self-Care you might want to consider:

- (1) Eat Green: Fresh fruit, vegetables, roots, nuts, and legumes are alkalizing to the body particularly dark or green vegetables such as beetroot, avocado, broccoli, spinach, kale, peas, beans and cucumber. Aim to have some at every meal, and make vegetables the focus rather than meat or grains is a perfect idea if you wish to get healthy.
- **(2) Seek balance:** Stress contributes toward acid build-up so find ways to de-stress. Meditation, yoga, deep breathing and long walks are all great ways to de-stress and reduce acid levels. Also reducing stress eliminates the build-up so you do not get overwhelmed.
- **(3) Reduce acidic foods:** While you don't have to ban them from your diet, try and limit your intake of meats, eggs, refined sugars, white flour and dairy.
- **(4) Drink alkaline water:** Hydrate yourself with 8-10 large glasses of alkaline water per day. Most tap water has a pH of approximately 6.5-7 while good quality alkaline water has a pH of 8-9, making it a great aid to help rebalance the acid-alkaline levels in your body.
- (5) Make getting a good night's sleep one of your top priorities: Research shows that how much sleep you get may be as important as what you eat and the amount of exercise in the battle against stubborn belly fat. Aim for 7-9 hours per night to burn more fat, stave off food cravings and lower your chances of developing insulin resistance, a condition associated with the onset of diabetes.
- (6) Pick an exercise that you can do at home (especially during commercials): Stretches and using light weights are a good start. Do as many as you can with good form, and your goal should be to do one more than you did the day before.
- (7) Turn off the news and social media: Take breaks from all the negative social media and news networks. Listen and view positive movies and books.

Now that you have got your focus in check, it is now up to you to implement these tasks if you want to get healthy and reduce stress it is up to you to stay accountable. This is a chance for you to create your action plan and to make your dreams your reality. Share your tips for keeping healthy and stress-free – we can all learn from each other. Make the rest of the year an incredible one!



# ANYONE EVER HEAR OF FRANK'S SIGN?



I never heard of it but when I did, I googled it. According to The American Journal of Medicine (2017) Frank's sign was first described in 1973 by an American physician named Sonders T. Frank. It is a diagonal crease in the earlobe that starts from the tragus to

the edge of the auricle in an angle of 45 in varying depths. Frank's sign was described as a predictor of future coronary heart disease and peripheral vascular diseases.

In one study, 241 patients who were hospitalized with an acute stroke were recruited. Frank's sign was present in 190 patients (78.8%). The aim of the study was to examine the association between Frank's sign and the development of ischemic stroke. Frank's sign was tested in both ears. There were 153 patients with transient ischemic attacks (63.6% of the patients) and 88 with cerebrovascular accidents (36.4% of the patients). A total of 112 patients with transient ischemic attacks had Frank's sign (73.2%), and 78 patients with cerebrovascular accidents had Frank's sign (88.6%), with a statistically significant difference.

In another study, Frank's sign was present in 97 men with stroke (81.5%) and in 93 female patients with stroke (76%). There was a significant correlation between advanced age and the presence of Frank's sign.

Some studies have described Frank's sign as a marker of cardiovascular disease but not linked to the severity of the condition. In contrast, other studies have rebutted any association between Frank's sign and coronary artery disease in diabetics.

I am not a doctor nor do I play one on TV or in the movies; but this whole theory seems to be a stretch. But since I just brought up TV and movies, here is a list of famous folks who have Frank's Sign so let's keep an eye on them: Steven Spielberg, Tom Cruise, Mel Gibson, George W Bush, Dick Van Dyke, Lech Walesa, John Travolta and Piers Morgan.



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11



### **Commissioner Blattner's June 2020 Report**

by Commissioner Dick Blattner

#### WHAT'S IN THE NEWS

Mr. Dan Most is the new Principal at Hollywood Hills High School and is already on the job. I will be meeting with him Tuesday, although we have already spoken. Look for more energy, more community outreach, and new programs.

• We've been waiting for this for a long time.

- July 4 will be just another day at Hollywood Beach. No fireworks this year (can't manage the social distancing). Still, I'll bet there were 20,000 strollers and bikers there.
- The expanded Café Zones on Hollywood Blvd and the Broadwalk is ongoing, but a work in progress. After last week's rainout, we anticipate much better results. On the Blvd, watch for traffic patterns, west bound lanes will be closed, allowing merchants to expand table service.
- Is there a train in our future? It's looking more promising than ever, with the announcement of a potential five Brightline/ Virgin stations to be built in Miami-Dade. It also makes sense to continue into Broward. Hollywood is a sure bet and we are about to award a contract for University Station, a project where the old shuffleboard courts are located. Next steps: Broward County has to come up with some funding.
- South Park Road. A year ago, we chose a developer's proposal for a mixed-use project on South Park Road from Washington, south. Last week, we approved the proposer's concept, which includes 315 market-rate apartments, with the ability (with the Commission's approval) to go up to 450, plus room for a supermarket and other commercial uses. Revenue projections over 25 years are just over \$36 million to the City. (Net present value \$21 million)
- Sunset Golf Course. After a long, long discussion, the Commission approved a conditional \$12 million offer to the owner of the property. There are significant requirements, including environmental, which must be satisfactory to the City and to Broward County. This will come back to us in September, to evaluate the remediation plan. We have no specific plans for the property, and no funds either.
- **2717 Van Buren.** A gorgeous apartment project which we loved, and loved the people involved. Great track record. They are moving their headquarters to Hollywood and looking for more opportunities.
- What about May?
- Approved appointment of residents to 18 Advisory Boards
- Staff presented our Capital Improvement plans for next five years. Lots of good stuff. Much of these will be funded by the General Obligation Bond and County Surtax.
- Had a Financial workshop to look at how we will end the year. Looks like a breakeven, considering Covid. See Budget Workshop, below.
- Upcoming:

June 3 9:00am CRA; 1:00pm Commission Meeting. June 17 1:00pm Commission Meeting June 18 2:00 – 4:00pm. Budget Workshop Watch on Comcast or ATT June 23 3:00 – 5:00pm. Septic/Sewer Workshop. Tentative. Live TV.

**When will City Hall be open to public?** Probably not before June 17. Employees are voluntarily being tested.

**Filing deadline** for Commission candidates in noon June 12. Reading Every Word. I'm on page 750 of over 1,300 of David McCullough's "Truman" and it's worth every page.

**From Justice Potter Stewart:** Ethics is knowing what you have the right to do; and doing the right thing.

llink

Regards to all,





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### **CONTENTMENT - IMBIBE AND RADIATE**

Brahma Kumaris Thought for the day with Etta Stevens

A life-skill that we need to learn, is to balance our contentment and our desires. Let's check if we say, After I make all these improvements in my life, I'll be contented, or do we say I'm contented right now, and ready to improve further. Contentment doesn't mean we have no desire to achieve. It means we are already satisfied, and willing to work harder to improve our future. Have you come across people achieving goals, doing well, leading comfortable lives, but never content? Have you also met someone who has hardly achieved anything, but is very contented in life? Does it set you thinking about the link between contentment and achievement? Contentment is independent of who we are, what we have, or what we achieve. It is a beautiful quality of being happy with everything at the moment while working towards more.

Contentment is to be cultivated, irrespective of external situations and people. Being content does not imply we withdraw, be lethargic, stop achieving or settle with what we have. It simply means everything happening at this moment – who we are, what is happening to us and around us, and the people we are with – everything is fine the way it is, and we are ready to work on things further. It takes just one thought to be contented. Your energy of satisfaction fuels your positivity and power to your situations.

Before beginning the day, remind yourself every day that you are a contented being. Always be contented with every scene of your life, with yourself, with your family, with your work, with what is happening to you, around you, to the people you are with. Everything is fine, happening exactly the way it is meant to be, the way you are is perfect, what you have is enough and people and situations around you are right. Your contentment is a reflection of your happiness and peace within. Nothing outside needs to be perfect for you to experience contentment. Never compromise on your values of peace, love, and happiness while working towards your goals. Your contentment is not dependent on what you have achieved.

Be satisfied with what you have. Remaining contented, now work towards more, develop healthier habits, learn new skills, achieve meaningful goals, and work on self-improvement. Radiate your highest vibration to every scene. Radiate your peace, purity, and power to every scene and elevate the energy of the next scene. Co-operate with everyone instead of competing. The positivity you create from within, the blessings you get from people keeps you contented, happy, and successful always.

#### A single positive thought helps in changing the entire situation.

**Expression:** When I am faced with a negative situation the first thought I usually get is a negative one. The thoughts that I follow are naturally negative too because the mind looks for reasons to sustain that negative frame of mind.

**Experience:** I need to make the effort of intentionally taking a positive thought, thus I find all other connected positive thoughts coming up naturally this is because the situation doesn't look so difficult or challenging with my positive frame of mind. Contentment and positive thoughts can help you get through any situation you are facing at the current crisis of the world.

We are all in this together. We must remember "The golden rule" we were taught years ago. "Do unto others as you would have them do unto you." This is years old but so positive for our lives today.

**MEDITATION** is a powerful thought. Sit in silence every morning and before bedtime. Even if you never meditated before, the silence will put balance in your life, and soon you will be able to handle anything that comes your way.

Our **MEDITATION** CLASSES ARE NOT OPERATIONAL IN PERSON AT THE CURRENT TIME DUE TO THE PANDEMIC.

I AM CONDUCTING A FACEBOOK LIVE EVERY TUESDAY MORNING ON THE ETTA STEVENS FACEBOOK PAGE. I begin promptly at 10:30 EST on the Etta Stevens Facebook page.

Please join me. I meditate with students, play soothing music, and also talk to help souls get through their own situations.

ALSO, ON THURSDAY NIGHT, OUR MEDITATE@8 HAS GONE GLOBAL. We also meditate on BK Gregg Blair Facebook page at exactly 8 pm EST, THURSDAY evening at 8 PM.

For either Facebook pages. Go to Facebook, search my name, Etta Stevens or Gregg Blair. You will see a wonderful MEDITATION CLASS to soothe your souls.



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### \* PANDAMMITS \*



The Coronavirus has done what no woman has been able to do. Cancel all sports, shutdown all bars and keep men at home.

The drop in gas prices during a lockdown is like a bald man winning a hairbrush.

For the second part of this quarantine do we have to stay with the same family or do we get relocated? Just asking for a friend.

I hope they give us two weeks' notice before sending us back out into the real world. I think we all need the time to become ourselves again. And by "ourselves" I mean to lose 10 pounds, cut our hair, and get used to not drinking at 9:00 a.m.

New monthly budget: Gas \$0, Entertainment \$0, Clothes \$0, Groceries \$2,799.

Bars are now open at 1/3 capacity. Those who cannot drink for 3 are kindly asked to step aside and give their seats to the professionals.

How many believe that this is ending in 2 weeks and your life is back to normal? Raise your hand. Now slap yourself with it.

Coronavirus: 6 ft distance, no hugging, no kissing, no social interaction. Like being married but with a cough.

People must not cough near you. They must cough far away. If you hear someone coughing, tell them to far cough.

Gotta say that the Class of 2020 outdid themselves with Senior Skip Day this year.

I'm starting to miss people I don't even like.

Since those Beauty Shops been closed, selfies dropped like the stock market.

As summer arrives, do we dig out shorts or cut the legs off our pajamas?

For those weddings cancelled due to COVID-19, God is giving you a second chance to think about it.

To be honest, I wanted to spray a lot of people with Lysol before this all started.

Breaking News: Wearing a mask inside your home is now highly recommended. Not so much to stop COVID-19, but to stop eating.

Low maintenance chicks are having their moment right now. We do not have nails to fill and paint, roots to dye, eyelashes to re-mink, and are thrilled not to have to get dressed every day. I have been training for this moment my entire life!

When this quarantine is over, let's not tell some people.

I stepped on my scale this morning. It said: "Please practice social distancing... only one person at a time on the scale."

Not to brag, but I haven't been late to anything in over 6 weeks.

It may take a village to raise a child but I swear it is going to take a vineyard to home school one.

I wanted zombies and anarchy. Instead, we got working from home and toilet paper shortages. Worst. Apocalypse. Ever.

You know those car commercials where there is the only one vehicle on the road - doesn't seem so unrealistic these days ...

They can open things up next month, I am staying in until July to see what happens to you all first.

Day 37: The garbage man placed an AA flyer on my recycling bin.

The spread of Covid-19 is based on two things: 1. How dense the population is. 2. How dense the population is.

Appropriate analogy: "The curve is flattening so we can start lifting restrictions now" = "The parachute has slowed our rate of descent, so we can take it off now".

People keep asking: "Is coronavirus all that serious?" Listen to y'all, the churches and casinos closed. When heaven and hell agree on the same thing it Is probably pretty serious.

Never in a million years could I have imagined I would go up to a bank teller wearing a mask and ask for money.

Home school Day 2: I am trying to figure out how I can get this kid transferred out of my class.

Putting a drink in each room of my house today and calling it a pub crawl.

Okay, the schools are closed. So, do we drop the kids off at the teacher's house or what?

For the second part of this quarantine do we have to stay with the same family or will they relocate us? Asking for myself ...

Coronavirus has turned us all into dogs. We wander around the house looking for food. We get told "No" if we get too close to strangers and we get excited about going for walks and car rides.

#### Enjoy your day. You don't have anything else to do.

I was in a long line at 7:45 am today at the grocery store that opened at 8:00 for seniors only. A young man came from the parking lot and tried to cut in at the front of the line, but an old lady beat him back into the parking lot with her cane.

He returned and tried to cut in again but an old man punched him in the gut, then kicked him to the ground and rolled him away.

As he approached the line for the 3rd time he said, "If you don't let me unlock the door, you'll never get in there."



#### **MARTY KIAR - BROWARD COUNTY PROPERTY APPRAISER**



#### **BCPA Goes Virtual**

Business models around the world have adapted to providing services during these changing times. Our office continues to evolve to ensure we meet the needs of the residents of Broward County and provide the same level of customer service you have grown to expect. Property owners can still easily apply for Homestead Exemption online at www.bcpa.net, as well as,

access information about all the tax-saving exemptions available for qualified individuals. Please contact csemgmt@bcpa.net or call 954.357.6830 with any exemption questions you may have if you cannot find the answers you are looking for on our website.

Understandably, many residents have concerns about sharing personal information online or over the phone. To help ease these concerns, our Mobile Exemption & Information Team (MEIT) is now able to meet with residents virtually and answer any questions or

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### We want to hear from you!

Please email to: Inside.Hillcrest@comcast.net or you can snail mail to: Inside Hillcrest at 3850 Washington Avenue, Suite 1016, Hollywood, FL 33021.

The letter MUST BE SIGNED and a phone number included so we may verify that you actually sent the letter. In the published edition, only your first initial will be used UNLESS you specifically request that your name be



We reserve the right to condense, but we will not edit the piece in order to distort your intent. Anytime we condense, it will be indicated by ...

You can email us at: inside.hillcrest@comcast.net or call (954) 964-2559.

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help with exemption filing. While we do not know when our office will be able to safely resume in-person meetings, this new platform allows face-to-face virtual conversations between property owners and our staff. To schedule an appointment for a virtual meeting, please email us at **ExemptionsExpress@bcpa.net or call us at 954.357.5579.** 

#### **Quarterly Tax Payment Installment Plan**

While the Property Appraiser's Office does not set or collect taxes, our office receives many calls from residents inquiring about installment tax bills and their recent exemptions. Broward County's Records, Taxes & Treasury Division is responsible for the billing and collecting of property taxes. For property owners on their quarterly installment plan, the first two installment payments (June and September) are based on the previous (2019) tax year. This means residents who have been approved for 2020 Homestead Exemption or other exemptions will not see these showing on either the June or September installment bills. The final two installment bills will be based on the current tax year. The December and March installment bill amounts will be adjusted to include any 2020 exemptions or changes to the property's taxable value. The deadline for Broward County's Installment Payment Plan was May 1, 2020. Should you have any questions regarding the payment of property taxes, their office can be reached at 954.831.4000 or by email to revenue@ broward.org. If my office can ever be of assistance to you, please do not hesitate to contact me directly at 954.357.6904 or by email at martykiar@bcpa.net.

### **JUNE 2020 IT SECURITY TIPS**

### IT Security Tip: Why You Should Set Up "Google Alerts" in Your Name

While this Security Tip is not directly related to your safety, it has the ability to offer extremely valuable information and keep you safer. If you want to know about or keep tabs on anything someone might be saying about you on the Internet, then this is your best bet.

#### Setting this up is easy and it's free.

All you have to do is tell Google what to look for (and in this case, you would be looking up your own name.). While this is a very neat Google

trick, the main purpose is to notify/alert you on whatever subject or topic you tell it to. If you tell Google to notify you whenever your name is published on the Internet, then it will send you an email alert every time it finds your name published online. You can tell Google what kinds of web pages to search, how often to search and what email address you would like it to send those alerts to. If you are as curious as I was when I first learned about this, then go ahead and set up a Google alert in your name!

Sincerely,

Erik Chafin

Business Development Manager www.connections.com



#### Erik Chafin

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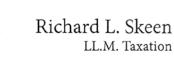
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